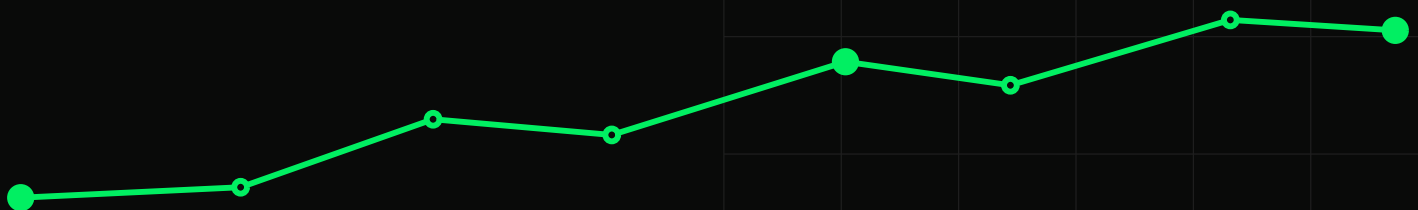


NORMAL PEOPLE / ABNORMAL MARKETS

THE COMPLETE MEMECOIN FIELD GUIDE

Research. Execute. Survive the cycle.

A practical operating manual for the crypto trenches.



■ FOUNDATION ■ TRADING ■ PSYCHOLOGY ■ SAFETY ■ EXECUTION

ORIGINAL GUIDE BY @SPYZER

REWRITTEN + DESIGNED FOR NORMIES

TRENCHNORMIES.COM

- 01. Introduction & Purpose
- 02. Core Technical Concepts
- 03. Types of Coins & What Drives Value

- 04. How to Find Good Trades
- 05. KOLs, Influencers & Trust
- 06. Trading Platforms & Tools
- 07. Reading Charts
- 08. Reading the Market
- 09. Trade Execution

- 10. The Psychology of Trading
- 11. Life, Money & Perspective

- 12. Staying Safe in Crypto

- 13. Your First Steps
- Sources & Further Reading
- Contents

DISCLAIMER & LEGAL NOTICE

This guide is provided only for education and general information. It is not financial, investment, trading, legal, or tax advice, and it does not replace advice from a licensed professional who understands your circumstances and jurisdiction. The material reflects personal opinions, experiences, and interpretations. Use it as a starting point for independent research, not as verified fact or an instruction to trade.

Cryptoassets and memecoins are volatile and speculative. You may lose all capital committed to a position. Past performance, including every result, chart, anecdote, and historical example referenced here, does not predict future performance. No setup, thesis, method, or risk control guarantees profit or prevents loss in every market condition.

You are responsible for your decisions, transactions, security, and compliance. The author accepts no liability for losses, damages, legal consequences, or other outcomes arising directly or indirectly from this guide. Never deploy capital you cannot afford to lose. Verify primary sources and consult qualified financial, legal, or tax professionals when needed.

The author may hold, may have held, or may later hold assets discussed here without reporting every change. The guide contains a referral link to a trading platform. If a reader registers through it, the author may receive a commission. That relationship is disclosed and does not create personalized advice.

Third-party names, tools, protocols, platforms, and services remain the property of their owners. Mention does not imply endorsement, sponsorship, recommendation, or affiliation unless expressly stated. Interfaces, fees, policies, and market conditions change. Confirm current details with the official source before acting.

Crypto rules differ across jurisdictions. Some described activities may be restricted or prohibited where you live. You are responsible for all applicable laws, regulations, reporting duties, and platform terms.

This guide is supplied on an 'as is' basis. No warranty is made about accuracy, completeness, reliability, timeliness, or suitability. Material may be corrected or updated without notice.

NFA. DYOR. Trade responsibly.

CONTENTS

Five parts. Thirteen chapters. One operating system for research, execution, psychology, and wallet safety.

PART 1 | FOUNDATION

01 | Introduction & Purpose

02 | Core Technical Concepts

03 | Types of Coins & What Drives Value

4

PART 2 | TRADING

04 | How to Find Good Trades

05 | KOLs, Influencers & Trust

06 | Trading Platforms & Tools

07 | Reading Charts

08 | Reading the Market

09 | Trade Execution

33

PART 3 | PSYCHOLOGY

10 | The Psychology of Trading

11 | Life, Money & Perspective

67

PART 4 | SAFETY

12 | Staying Safe in Crypto

80

PART 5 | GETTING STARTED

13 | Your First Steps

88

SRC | Sources & Further Reading

98

THE GUIDE

a normies guide
to memecoins

PART 01 / FOUNDATION

- 01. Introduction & Purpose
- 02. Core Technical Concepts
- 03. Types of Coins & What Drives Value

PART 02 / TRADING

- 04. How to Find Good Trades
- 05. KOLs, Influencers & Trust
- 06. Trading Platforms & Tools
- 07. Reading Charts
- 08. Reading the Market
- 09. Trade Execution

PART 03 / PSYCHOLOGY

- 10. The Psychology of Trading
- 11. Life, Money & Perspective

PART 04 / SAFETY

- 12. Staying Safe in Crypto

PART 05 / GETTING STARTED

- 13. Your First Steps

Sources & Further Reading

Contents

Disclaimer & Legal

PART I

FOUNDATION

Learn the mechanics before you touch the market.

CHAPTERS IN THIS PART

01 INTRODUCTION & PURPOSE

02 CORE TECHNICAL CONCEPTS

03 TYPES OF COINS & WHAT DRIVES VALUE

INTRODUCTION & PURPOSE

You are probably here to understand memecoins and improve your decisions. Start with the truth: a guide cannot make money for you. Results come from research, sizing, execution, security, and discipline after the reading ends.

This field manual builds a working model of the trenches. It connects liquidity, wallet behavior, bundling, snipers, honeypots, KOL incentives, copy trading, scams, narrative flow, and risk. The objective is not to predict every move. It is to help you recognize the variables shaping a setup before a green candle makes the decision for you.

Beginners need foundations, and experienced traders still have blind spots. Crypto punishes the belief that a track record ends the need to re-evaluate. Better information creates options, not certainty. You still need an entry, defined downside, sensible size, invalidation, and exit plan.

This guide exists because crypto onboarding is often backwards. New users learn how to ape before learning how wallets, pools, contracts, or market structure work. Many discover basic security only after getting rekt. Normies should not need to pay that tuition blindly.

Transparency also matters. The next page explains the author's referral arrangement with a recommended platform. Incentives are part of every source, including this one.

Follow the sequence. Technical sections establish vocabulary. Market sections show how variables interact. Psychology and safety help you stay solvent long enough to build an edge. You do not need to memorize everything immediately. Slow down, verify what you see, and turn each lesson into a repeatable process every day.

THE GUIDE

a normies guide
to memecoins

PART 01 / FOUNDATION

01. Introduction & Purpose
02. Core Technical Concepts
03. Types of Coins & What Drives Value

PART 02 / TRADING

04. How to Find Good Trades
05. KOLs, Influencers & Trust
06. Trading Platforms & Tools
07. Reading Charts
08. Reading the Market
09. Trade Execution

PART 03 / PSYCHOLOGY

10. The Psychology of Trading
11. Life, Money & Perspective

PART 04 / SAFETY

12. Staying Safe in Crypto

PART 05 / GETTING STARTED

13. Your First Steps

Sources & Further Reading

Contents

Disclaimer & Legal

01. Introduction & Purpose
02. Core Technical Concepts
03. Types of Coins & What Drives Value

04. How to Find Good Trades
05. KOLs, Influencers & Trust
06. Trading Platforms & Tools
07. Reading Charts
08. Reading the Market
09. Trade Execution

10. The Psychology of Trading
11. Life, Money & Perspective

12. Staying Safe in Crypto

13. Your First Steps

Sources & Further Reading

Contents

Disclaimer & Legal

FIELD NOTE 01

ENTER THE TRENCHES WITH A SYSTEM



TURN MARKET NOISE INTO A REPEATABLE PROCESS

FIG 01.1 THE TRENCH OPERATING LOOP

The vocabulary may feel dense. That is normal. You are learning terrain where bots, coordinated wallets, experienced operators, and emotional traders compete for the same liquidity. Each term will be unpacked through plain examples and diagrams. The objective is clarity, not complexity for its own sake.

\$ How the referral works

If you register for the recommended trading platform through the referral link or use the code 'spyzer', the stated arrangement is:

- > You receive a 10% discount on fees.
- > The author receives part of the fees that would otherwise remain with the platform.
- > The platform gains a trader and earns fees from that activity.

Verify current terms directly with the platform. Referral programs and fee schedules can change. The guide is free, but free content can still carry incentives, so this one is disclosed plainly.

This manual also covers decisions outside the chart. Trading affects sleep, relationships, identity, time, and the way you think about money. A technically sharp trader can still destroy an account through poor security, oversized conviction, greed, or an inability to realize profit.

Knowing a rule and following it under pressure are different skills. 'Take profit' is awareness. Execution means defining levels, reducing exposure, and acting before emotion moves the target. The same gap appears with stop conditions, wallet safety, and position sizing. A rule that disappears when the chart accelerates is not yet part of your process.

Treat every story or historical outcome in this guide as a case study, never a performance promise. Find the mechanism, identify the failed decision, and write the rule that would have changed it. A useful review asks:

THE GUIDE

a normies guide
to memecoins

PART 01 / FOUNDATION

01. Introduction & Purpose
02. Core Technical Concepts
03. Types of Coins & What Drives Value

PART 02 / TRADING

04. How to Find Good Trades
05. KOLs, Influencers & Trust
06. Trading Platforms & Tools
07. Reading Charts
08. Reading the Market
09. Trade Execution

PART 03 / PSYCHOLOGY

10. The Psychology of Trading
11. Life, Money & Perspective

PART 04 / SAFETY

12. Staying Safe in Crypto

PART 05 / GETTING STARTED

13. Your First Steps

Sources & Further Reading

Contents

Disclaimer & Legal

- > What was the thesis?
- > What evidence supported it?
- > What would invalidate it?
- > How much downside was accepted?
- > Where should exposure have been reduced?
- > Did the trader follow the plan or renegotiate it mid-trade?

At the end of each section, restate the principle in your own words and test it against historical transactions. A concept becomes useful only when you can recognize it quickly, explain its limits, and apply it consistently while the screen is moving. Keep a decision journal so repeated mistakes become visible.

The market rarely gives you time to invent discipline after a position is moving. Build checklists before the setup arrives. Awareness is the map. Repeated execution is the edge.

Money can buy time and improve quality of life, but it becomes dangerous when the number starts controlling the person pursuing it. The useful lesson is not someone else's peak wallet value. It is the process that keeps your own decisions aligned with your goals.

This guide moves from first principles into execution. Reading creates awareness. Converting a lesson into a checklist, position size, security routine, or exit rule turns it into behavior. Most traders discover that difference after a loss. You can choose to learn it earlier.

THE GUIDE

a normies guide
to memecoins

PART 01 / FOUNDATION

- 01. Introduction & Purpose
- 02. Core Technical Concepts
- 03. Types of Coins & What Drives Value

PART 02 / TRADING

- 04. How to Find Good Trades
- 05. KOLs, Influencers & Trust
- 06. Trading Platforms & Tools
- 07. Reading Charts
- 08. Reading the Market
- 09. Trade Execution

PART 03 / PSYCHOLOGY

- 10. The Psychology of Trading
- 11. Life, Money & Perspective

PART 04 / SAFETY

- 12. Staying Safe in Crypto

PART 05 / GETTING STARTED

- 13. Your First Steps

Sources & Further Reading

Contents

Disclaimer & Legal

CHAPTER 02 / PART 01

CORE TECHNICAL CONCEPTS

Before evaluating a memecoin, learn a small working vocabulary:

- > **Blockchain:** a shared ledger that records transactions under network rules.
- > **Wallet:** software or hardware used to manage keys and interact on-chain.
- > **Token or coin:** a digital asset recorded on a blockchain.
- > **Gas fee:** the network cost of submitting or processing a transaction.
- > **Liquidity:** the assets available for buyers and sellers to exchange.

\$ How a blockchain processes activity

Users and bots submit transactions. A network groups activity into blocks, checks it through its consensus process, and adds accepted blocks to the ledger. Each confirmed block extends the record.

Validators help verify and order transactions according to protocol rules. The process varies by chain. Some networks use proof of work, others use proof of stake or related systems. Validators are protocol participants, not a small committee of humans reviewing trades manually.

A simplified flow is:

- > Transactions enter the network.
- > A proposed block groups them.
- > Consensus checks and orders the block.
- > Valid activity joins the ledger.
- > The next block begins.

Public data improves auditability, but users must still verify what that data means. Speed, finality, fees, and validator design differ across chains. Those differences affect execution, confirmation time, slippage, and risk.

Most blockchains use a native asset for network fees and activity. On Solana, that asset is \$SOL. This guide uses Solana because much of the discussed memecoin flow sits in its ecosystem.

Bitcoin introduced decentralized value transfer without one central operator. Later networks expanded what could execute on-chain. Decentralization distributes control, but it does not make a network '100% safe.' Every chain has software risk, economic assumptions, and attack paths.

A majority attack is one risk category. If an attacker controlled enough consensus power, often described conceptually as more than 50%,

01. Introduction & Purpose
02. Core Technical Concepts
03. Types of Coins & What Drives Value

04. How to Find Good Trades
05. KOLs, Influencers & Trust
06. Trading Platforms & Tools
07. Reading Charts
08. Reading the Market
09. Trade Execution

10. The Psychology of Trading
11. Life, Money & Perspective

12. Staying Safe in Crypto

13. Your First Steps

Sources & Further Reading

Contents

Disclaimer & Legal

it might censor or reorder some activity. Feasibility and consequences vary by network.

The diagram is a beginner model. Transactions enter a proposed block. Validators check it under protocol rules. Valid activity joins the ledger, while invalid activity is rejected. The small validator group is illustrative. Production networks can involve thousands of participants and more complex consensus structures.

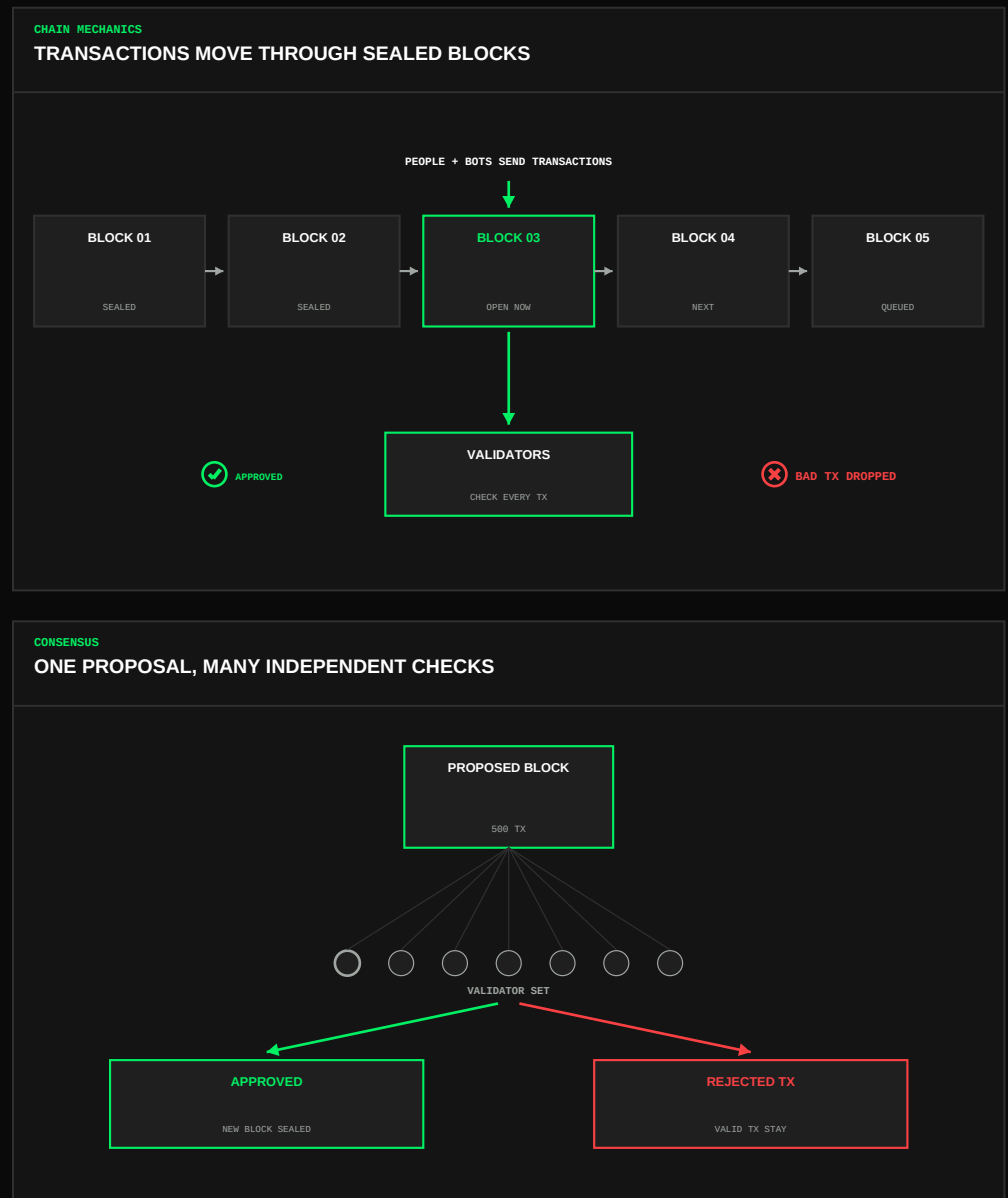


FIG 02.1 BLOCKCHAIN / TRANSACTION FLOW

Bitcoin established on-chain value transfer. Ethereum made programmable agreements practical through smart contracts. A simplified contract might send Person B \$10 from Person A after Bitcoin trades above \$100,000. Real execution also needs reliable data and secure code.

Solana is another programmable blockchain. Traders often choose it for fast confirmation, relatively low costs, a large app ecosystem, and active developer and trading communities. Those strengths do not remove smart-contract, wallet, validator, or market risk.

01. Introduction & Purpose
02. Core Technical Concepts
03. Types of Coins & What Drives Value

04. How to Find Good Trades
05. KOLs, Influencers & Trust
06. Trading Platforms & Tools
07. Reading Charts
08. Reading the Market
09. Trade Execution

10. The Psychology of Trading
11. Life, Money & Perspective

12. Staying Safe in Crypto

13. Your First Steps

Sources & Further Reading

Contents

Disclaimer & Legal

Every chain has tradeoffs. DYOR means Do Your Own Research, including research into the network before committing real capital. The next sections use Solana to explain tokens, pools, wallet addresses, and launch mechanics.

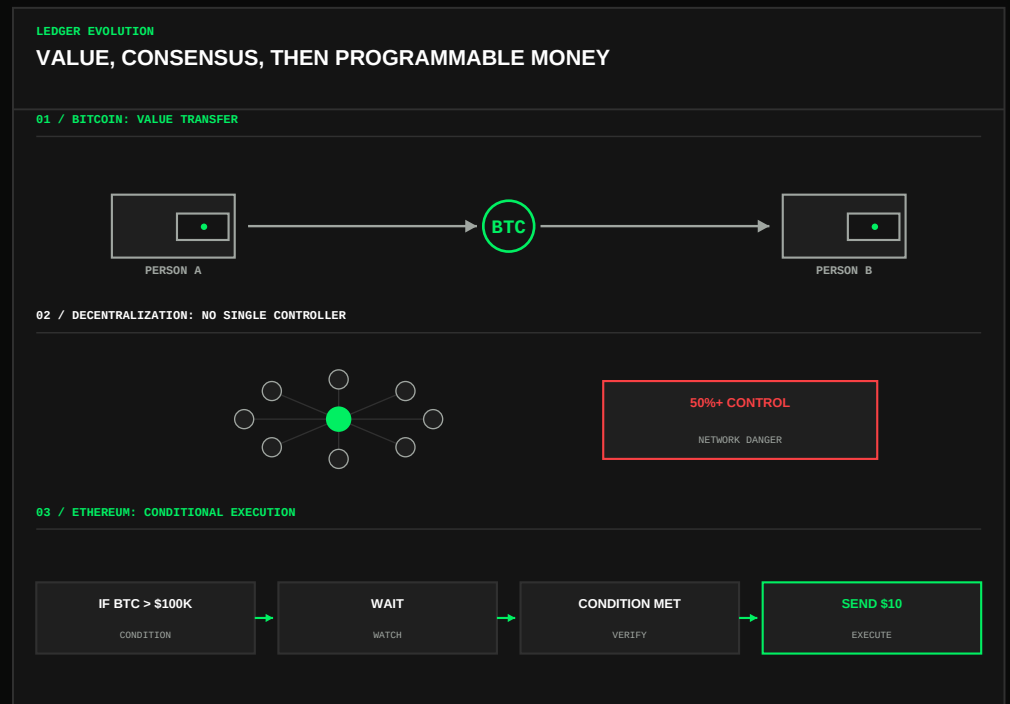


FIG 02.2 PUBLIC-KEY AUTHORIZATION

SPL tokens are assets created under Solana's token program standards. Shared standards let wallets, exchanges, and applications recognize and interact with them. Other chains use different standards.

\$ Liquidity pools

A token needs a market before it can trade. On decentralized venues, that market is often an automated liquidity pool rather than a person waiting across every order.

Assume a creator launches Memecoin with ticker \$MEME. To establish a market, the creator pairs \$MEME with an asset that already has demand, here \$SOL. Both reserves enter a liquidity pool, or LP, where users swap one asset for the other.

Start with a simplified pool containing 1 \$SOL and 100 \$MEME:

> 1 SOL = 100 MEME

> 0.01 SOL = 1 MEME

Real automated market makers use formulas, fees, and pool-specific rules during volatile market conditions. The core lesson is simpler: reserve balances create a price, and every trade changes those reserves.

The creator separately chooses total supply, which might be one hundred, ten million, ten billion, or another valid amount. Supply

- 01. Introduction & Purpose
- 02. Core Technical Concepts
- 03. Types of Coins & What Drives Value

- 04. How to Find Good Trades
- 05. KOLs, Influencers & Trust
- 06. Trading Platforms & Tools
- 07. Reading Charts
- 08. Reading the Market
- 09. Trade Execution

- 10. The Psychology of Trading
- 11. Life, Money & Perspective

- 12. Staying Safe in Crypto

- 13. Your First Steps

Sources & Further Reading

Contents

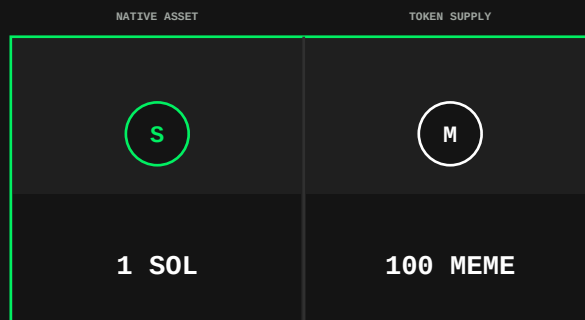
Disclaimer & Legal

size alone does not make a token cheap. Price, circulating supply, liquidity, and ownership distribution work together.

By contributing 1 \$SOL and 100 \$MEME, the creator makes swaps possible and establishes an initial reference price. The \$SOL is capital at risk. The \$MEME is part of newly issued supply. The next buyer changes the pool and the next quote.

LIQUIDITY 101

A TWO-ASSET POOL CREATES A TRADABLE PRICE



1 SOL = 100 MEME

FIG 02.3 WALLET / NETWORK / ADDRESS RELATIONSHIP

Suppose a trader buys 0.1 SOL, valued at \$8 in this illustrative example, and wants \$MEME. The correct market is identified by its contract address, or CA. Names and tickers can be copied. A CA identifies the specific on-chain token.

Example address:

EKpQGSJtjMFqKZ9KQanSqYXRcF8fBopzLHYxdM65zcjm

The trader pastes the CA into a terminal, confirms the pool, and swaps 0.1 SOL. The simplified pool begins with 1 SOL and 100 MEME. Receiving 10 MEME leaves 1.1 SOL and 90 MEME. More SOL now competes for fewer MEME, so the implied price rises.

Real fills use an automated market-maker formula and include fees and price impact. These clean numbers teach reserve movement, not an executable quote.

After settlement, MEME arrives at the buyer's wallet address, also called a public key in this simplified context. A public address is not a private key or seed phrase. Verify the complete CA, wallet address, network, and official source before signing every time.

01. Introduction & Purpose
02. Core Technical Concepts
03. Types of Coins & What Drives Value

04. How to Find Good Trades
05. KOLs, Influencers & Trust
06. Trading Platforms & Tools
07. Reading Charts
08. Reading the Market
09. Trade Execution

10. The Psychology of Trading
11. Life, Money & Perspective

12. Staying Safe in Crypto

13. Your First Steps

Sources & Further Reading

Contents

Disclaimer & Legal

SWAP MECHANICS

BUYING CHANGES BOTH RESERVES AND THE PRICE

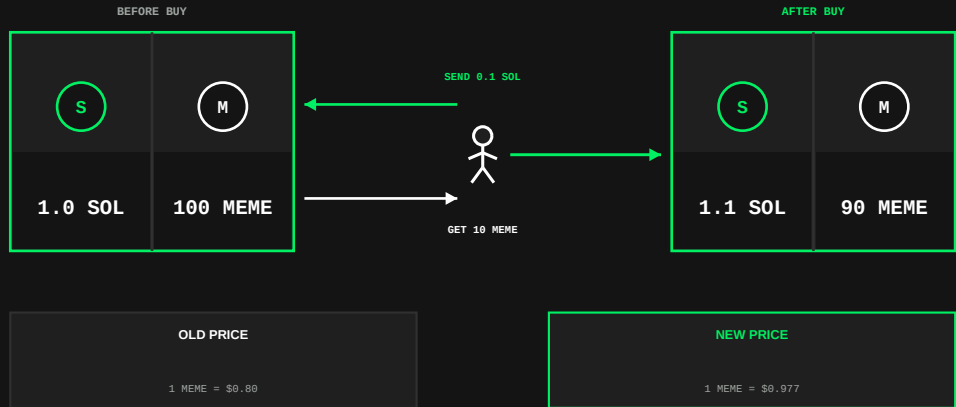


FIG 02.4 KEY CUSTODY MODEL

A seed phrase is the recovery secret for a wallet. Many wallets use 12 words, although formats vary. Anyone who obtains it may recreate the wallet and move assets controlled by its derived keys.

One seed phrase can generate multiple wallet addresses. Tapping 'create new wallet' inside an app may only create another address under the same recovery root. If that seed is compromised, the new address is not safe.

After a compromise, use verified software or hardware to create a genuinely separate wallet and new recovery secret offline. Confirm the destination before moving funds.

Security rules:

- > Never share a seed phrase or private key, including with support accounts.
- > Never enter it through a link, DM, form, or unsolicited recovery tool.
- > Keep durable offline backups in secure, separate locations.
- > Consider a reputable hardware wallet for meaningful value.
- > Verify official downloads and device prompts.
- > Avoid recovery plans so complex that you lock yourself out.

Never store a real seed phrase in notes, screenshots, cloud storage, email, or chat. Diagram words are placeholders, not a usable recovery phrase.

THE GUIDE

a normies guide
to memecoins

PART 01 / FOUNDATION

01. Introduction & Purpose
02. Core Technical Concepts
03. Types of Coins & What Drives Value

PART 02 / TRADING

04. How to Find Good Trades
05. KOLs, Influencers & Trust
06. Trading Platforms & Tools
07. Reading Charts
08. Reading the Market
09. Trade Execution

PART 03 / PSYCHOLOGY

10. The Psychology of Trading
11. Life, Money & Perspective

PART 04 / SAFETY

12. Staying Safe in Crypto

PART 05 / GETTING STARTED

13. Your First Steps

Sources & Further Reading

Contents

Disclaimer & Legal

WALLET SECURITY ONE SEED PHRASE CAN CONTROL MANY ADDRESSES

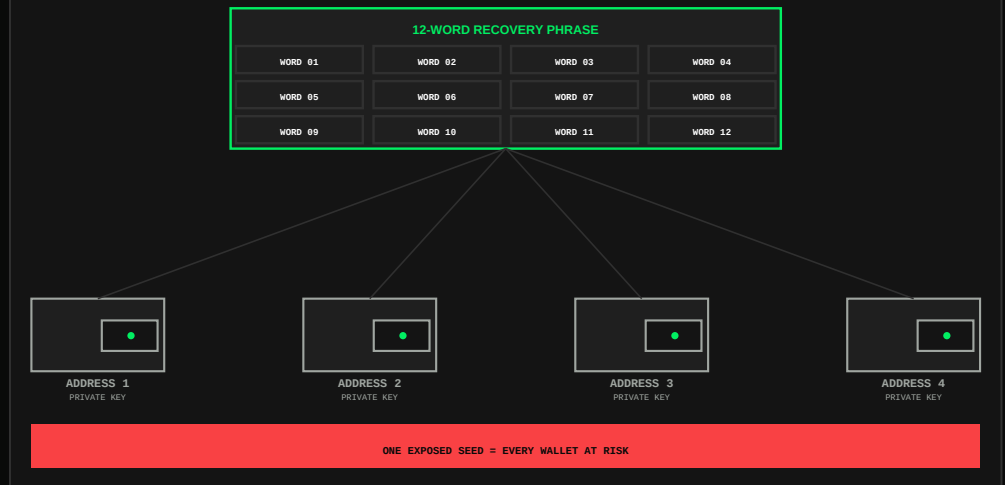


FIG 02.5 SEED PHRASE / WALLET TREE

The earlier 0.1 SOL example treated one swap as a clean event. In practice, an order moves along a pricing curve. As fractions of the buy fill, reserves change and the marginal price moves. The gap between the expected quote and execution is slippage.

The diagram compares one \$1,000 purchase with four \$250 purchases. Under identical conditions, total price impact could be similar. The path differs: one order hits at once, while smaller orders build exposure across several fills. Live conditions are never perfectly identical because other flow can arrive between transactions.

Two effects matter:

- > Price impact comes from your own order changing reserves.
- > Execution slippage also comes from activity before or during confirmation.

If another buyer reaches the block first, their swap changes the pool. Your order then fills at a worse price than the interface displayed. A 2% move before your fill can shift the starting level. Selling works the same way in reverse.

Network delay, priority, pool depth, trade size, volatility, and competing flow shape execution. Thin pools and crowded moments raise uncertainty.

A tight slippage tolerance may cause failure. A loose one can permit a terrible fill. Before signing, check minimum received, estimated price impact, fees, and liquidity. Size the trade so imperfect execution does not break the thesis before markets speed up.

THE GUIDE

a normies guide
to memecoins

PART 01 / FOUNDATION

01. Introduction & Purpose
02. Core Technical Concepts
03. Types of Coins & What Drives Value

PART 02 / TRADING

04. How to Find Good Trades
05. KOLs, Influencers & Trust
06. Trading Platforms & Tools
07. Reading Charts
08. Reading the Market
09. Trade Execution

PART 03 / PSYCHOLOGY

10. The Psychology of Trading
11. Life, Money & Perspective

PART 04 / SAFETY

12. Staying Safe in Crypto

PART 05 / GETTING STARTED

13. Your First Steps

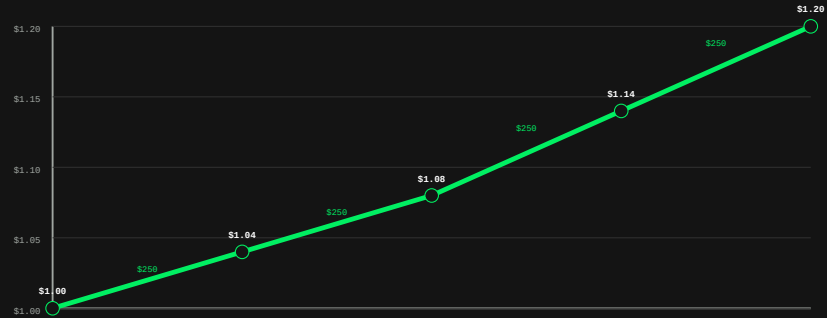
Sources & Further Reading

Contents

Disclaimer & Legal

ORDER IMPACT

A LARGE ORDER FILLS ACROSS A MOVING PRICE



SLIPPAGE = FIRST FILL PRICE VS FINAL AVERAGE EXECUTION

FIG 02.6 DEX LIQUIDITY FLOW

Slippage is normal in memecoin trading, especially when a low-cap token has shallow liquidity and heavy flow. Market cap is generally token price multiplied by the relevant supply. Confirm whether a platform shows circulating market cap or fully diluted value.

If a token has a \$100,000 market cap and your marked position is \$1,000, that position represents 1% of the market cap. It does not guarantee a \$1,000 exit. Real proceeds depend on liquidity, fees, price impact, and available buyers.

Total Value Locked, or TVL, is the value committed to a liquidity pool, such as \$SOL paired with \$MEME. Depth controls impact: the source contrasts a negligible 0.00000001% move in a deep pool with a 1 \$SOL buy that nearly doubles a pool seeded with 1 \$SOL, before fees.

The example compares 10 \$SOL paired with 1,000 \$MEME. Tokens held by traders plus tokens in the LP form the example supply. Separate the concepts:

- > Supply: tokens that exist or circulate.
- > Price: the current trading rate.
- > Market cap: price multiplied by applicable supply.
- > TVL: assets available in the pool.

DOGE and Bitcoin are familiar large-market examples, but rankings change. Fees, routing, multiple pools, token taxes, and failures are excluded from the simplified math. Market cap without liquidity can badly overstate what a position is worth.

THE GUIDE

a normies guide
to memecoins

PART 01 / FOUNDATION

- 01. Introduction & Purpose
- 02. Core Technical Concepts
- 03. Types of Coins & What Drives Value

PART 02 / TRADING

- 04. How to Find Good Trades
- 05. KOLs, Influencers & Trust
- 06. Trading Platforms & Tools
- 07. Reading Charts
- 08. Reading the Market
- 09. Trade Execution

PART 03 / PSYCHOLOGY

- 10. The Psychology of Trading
- 11. Life, Money & Perspective

PART 04 / SAFETY

- 12. Staying Safe in Crypto

PART 05 / GETTING STARTED

- 13. Your First Steps

Sources & Further Reading

Contents

Disclaimer & Legal

LIQUIDITY DEPTH
THE SAME ORDER MOVES SHALLOW AND DEEP POOLS DIFFERENTLY



FIG 02.7 MARKET CAP / SUPPLY RELATIONSHIP

The model combines the pieces. An illustrative pool holds 10 \$SOL and 1,000 \$MEME. Traders hold the remaining supply in external wallets. TVL describes capital inside the pool. Market cap estimates the marked value of supply.

Before trading outside a familiar launchpad, inspect pool and token controls. PumpFun and Bonkfun automate launch steps, but they do not remove bundle risk, malicious links, compromised wallets, or poor execution.

Use Rugcheck through its verified official domain to inspect liquidity locks, mint and freeze authority, holder concentration, and warnings. The source writes the address as rugcheck . xyz. Confirm the current official URL before connecting a wallet. An automated score is evidence, not a safety certificate.

01. Introduction & Purpose
02. Core Technical Concepts
03. Types of Coins & What Drives Value

04. How to Find Good Trades
05. KOLs, Influencers & Trust
06. Trading Platforms & Tools
07. Reading Charts
08. Reading the Market
09. Trade Execution

10. The Psychology of Trading
11. Life, Money & Perspective

12. Staying Safe in Crypto

13. Your First Steps

Sources & Further Reading

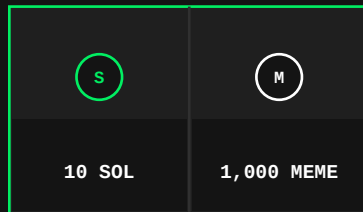
Contents

Disclaimer & Legal

VALUE MODEL

TVL IS NOT MARKET CAP

LIQUIDITY POOL / TVL



9,000 MEME HELD BY TRADERS



TOTAL SUPPLY

1,000 IN LP + 9,000 IN WALLETS = 10,000 MEME

10,000 x 0.01 SOL = 100 SOL MARKET CAP

FIG 02.8 LIQUIDITY AND PRICE IMPACT

\$ Locked liquidity

A liquidity lock limits a creator's ability to remove pool reserves and strand holders. Verify the locked percentage, duration, locker contract, and whether other pools hold meaningful liquidity.

\$ Mint authority disabled

Mint authority controls new supply. If an issuer can mint unlimited \$MEME, it may sell into the pool and drain \$SOL. Disabled authority removes that specific path. Also check freeze authority, upgrade controls, token extensions, and concentrated ownership. No single signal proves safety.

01. Introduction & Purpose
02. Core Technical Concepts
03. Types of Coins & What Drives Value

04. How to Find Good Trades
05. KOLs, Influencers & Trust
06. Trading Platforms & Tools
07. Reading Charts
08. Reading the Market
09. Trade Execution

10. The Psychology of Trading
11. Life, Money & Perspective

12. Staying Safe in Crypto

13. Your First Steps

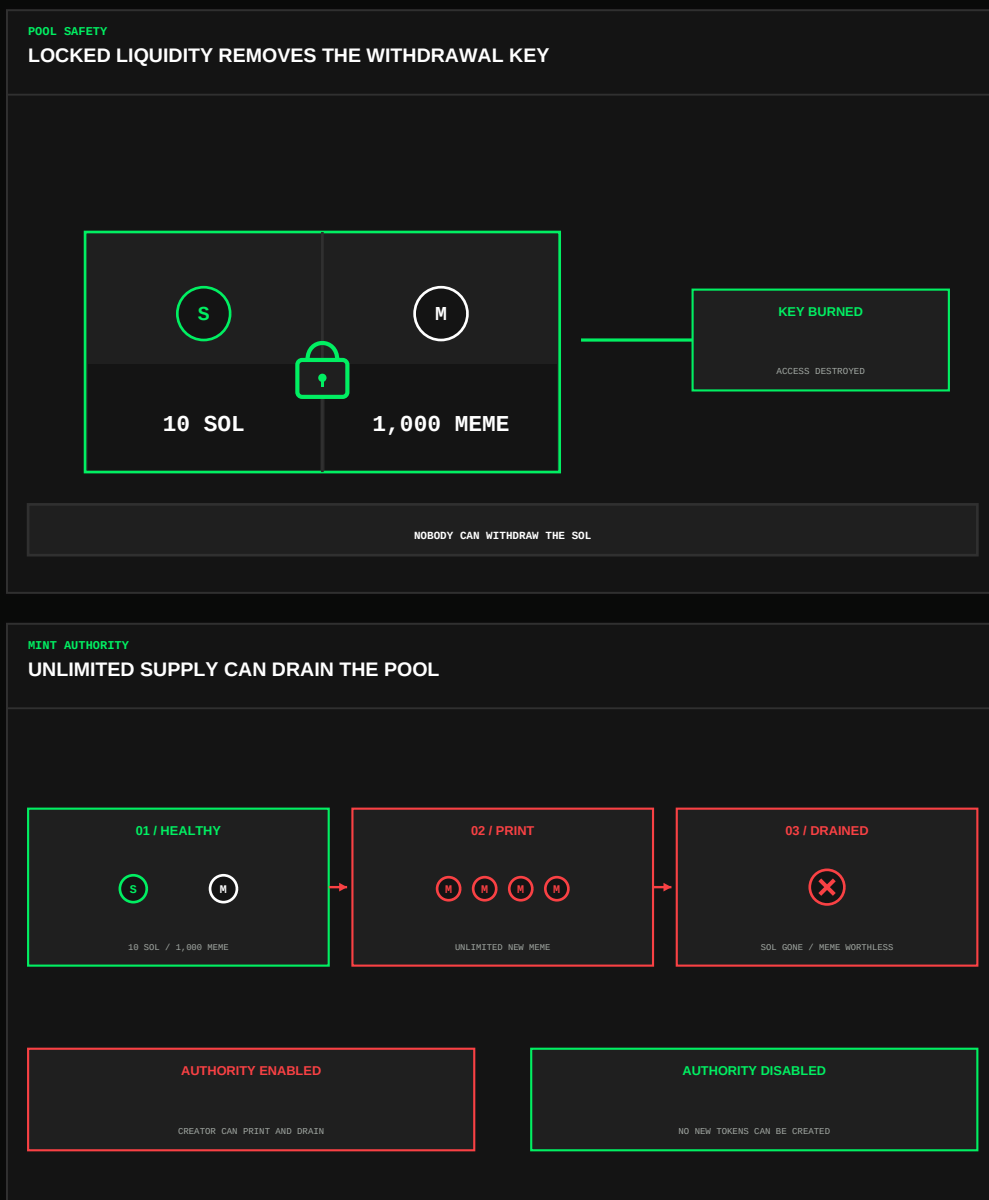


FIG 02.9 SLIPPAGE / ORDER ROUTING

A Rugcheck result showing 99.59% of liquidity locked is a strong data point, not a complete verdict. Confirm which pool is locked, who controls the locker, when the lock expires, and whether meaningful liquidity exists elsewhere. A tiny unlocked side pool can still create routing or execution problems.

Mint authority shown as disabled means the issuer cannot create more supply through that authority. It does not rule out concentrated holders, compromised keys, malicious token extensions, or coordinated selling. Review every control together.

The example token trades through both \$WIF/\$SOL and \$WIF/\$USDC pools. Multiple pools can improve routing because an aggregator may choose the path with the best net execution. They can also fragment liquidity. Compare depth, fees, price impact, and pool legitimacy before signing.

A practical review asks:

> Is the primary LP actually locked?

- 01. Introduction & Purpose
- 02. Core Technical Concepts
- 03. Types of Coins & What Drives Value

- 04. How to Find Good Trades
- 05. KOLs, Influencers & Trust
- 06. Trading Platforms & Tools
- 07. Reading Charts
- 08. Reading the Market
- 09. Trade Execution

- 10. The Psychology of Trading
- 11. Life, Money & Perspective

- 12. Staying Safe in Crypto

- 13. Your First Steps

Sources & Further Reading

Contents

Disclaimer & Legal

- > Is mint authority disabled?
- > Is freeze authority disabled or explained?
- > Are top holders and linked wallets concentrated?
- > Which pool will route the trade, and what is minimum received?

One green check never replaces the full stack.

\$ Honeypots and launch mechanics

A honeypot lets traders buy but blocks or heavily penalizes selling. Test sellability, inspect token controls, and use a tiny transaction when uncertainty remains. A successful buy proves only that buying works.

Review the same risk stack every time: LP status, mint authority, freeze authority, transfer restrictions, holder concentration, and bundling. Any one clean signal can coexist with a different exploit path.

Launchpads such as PumpFun, Moonshot, Bonkfun, and Launchlab standardize early token creation and trading. The token is already on Solana during this phase. When its bonding curve completes, liquidity generally graduates or migrates into an open automated market on the venue's configured path. That transition does not make the asset safer or guarantee demand.

Launchpads reduce setup friction. Fake links can still drain wallets. Verify the official contract address, understand the graduation mechanism, and check the post-graduation pool before increasing size.

The standard is not 'launched on a known platform.' The standard is whether the contract, liquidity, distribution, and live market behavior survive inspection.

\$ Bonding curves and bundles

A bonding curve raises the token price according to preset mechanics as buyers commit more \$SOL. A launchpad may show that a token, such as \$RETURD in the example, needs 10% more \$SOL before graduation. That progress measures curve completion, not project quality.

Bundling is coordinated execution across multiple wallets, often within the same block or narrow time window. One operator can distribute buys so the holder list appears broader than the underlying control really is. The wallets may look independent while acting as one position.

Imagine Elon posts about a cat named Mio. Automated systems immediately create multiple Mio tokens. A bundler can launch one version, route supply into ten or more wallets, and make the market look active before normal traders arrive. Those wallets can then sell together, stagger dumps, or farm later buyers while avoiding the appearance of one giant holder.

The risk is not simply that many wallets bought early. Organic launches also attract fast traders. Look for coordination:

- > Common funding sources

- 01. Introduction & Purpose
- 02. Core Technical Concepts
- 03. Types of Coins & What Drives Value

- 04. How to Find Good Trades
- 05. KOLs, Influencers & Trust
- 06. Trading Platforms & Tools
- 07. Reading Charts
- 08. Reading the Market
- 09. Trade Execution

- 10. The Psychology of Trading
- 11. Life, Money & Perspective

- 12. Staying Safe in Crypto

- 13. Your First Steps

Sources & Further Reading

Contents

Disclaimer & Legal

- > Same-block or tightly timed buys
- > Repeated transaction sizes
- > Wallet clusters that transfer between one another
- > Synchronized selling
- > A large combined share of supply

Bundling is a behavior pattern, not a verdict from one icon. Trace wallets, aggregate related exposure, and size as if coordinated supply can hit the pool at once.

The source's 99% claim is emphasis, not a measured statistic. The defensible lesson is that hidden coordination can turn apparent distribution into concentrated exit risk.

Bubblemaps visualizes token holders as nodes and links wallets through transfers. A dense cluster can reveal related addresses, but a connection is not automatic proof of one owner. Exchange deposits, routers, airdrops, and shared services can create legitimate links.

Start with the largest clusters. Open wallets, inspect their funding, compare buy timing, and total their combined token share. If wallets funded from one centralized exchange account accumulated within minutes, that supports a coordination hypothesis, but does not identify the person behind them.

A cluster controlling 50% to 80% of supply creates severe concentration risk regardless of intent. Gray or unlinked wallets are not automatically clean; they may simply lack visible transfer connections.

Use the map as a lead generator. Confirm the story with on-chain transactions, funding paths, timestamps, and selling behavior. When evidence remains ambiguous, reduce size or skip the trade.

Bundling is not always malicious. A team or market maker may distribute inventory across wallets to manage liquidity, operations, or execution. The market still faces concentration risk if those wallets answer to one decision-maker. Intent matters less than what coordinated supply can do to the pool.

Measure exposure at the cluster level. A holder list can show ten wallets at 2% each and appear healthy, while one operator effectively controls 20%. Review linked wallets, funding sources, timing, and transfers before accepting the displayed distribution.

The source uses 3.5% as a preferred ceiling for the largest non-pool holder. Treat that number as a screening heuristic, not a universal rule. Appropriate concentration depends on supply structure, vesting, treasury purpose, token age, liquidity, and whether ownership is disclosed.

Dexscreener and Birdeye show holder and market data, but interpret labels correctly. The liquidity pool often appears among the largest addresses. It is not a normal trader wallet, so separating LP inventory from discretionary holders prevents a false alarm. Burn addresses, lockers, bridges, exchanges, and program-owned accounts may also need classification.

A clean distribution review asks:

- > Who are the largest discretionary holders?
- > Which wallets are linked?
- > Are team or treasury allocations disclosed and locked?
- > How much liquidity backs the circulating value?
- > Can a single cluster overwhelm daily demand?

Healthy-looking percentages are only the front page. The real question is who can coordinate them.

Some trading interfaces mark a fresh wallet with a green leaf and suspected bundled activity with a bundler icon. These labels speed up triage, but they are signals generated from limited rules, not proof of ownership or intent.

One fresh wallet is normal. A launch dominated by fresh wallets buying in the same block, using similar sizes, or sharing a funding path deserves deeper review. The concern rises when most early supply also carries bundler flags.

Open the addresses. Trace where funds came from, compare timestamps, aggregate token balances, and watch whether the wallets sell together. A label should tell you where to investigate. It should never make the final decision for you.

\$ Reading bot-driven charts

Automation can manufacture the appearance of demand. Warning patterns include consistent candles, an instant burst of small buys after every candle, oversized candles that reverse immediately, and staircase movement with little organic variation. Interfaces may label developer activity as DB for a dev buy and DS for a dev sell.

None of these shapes proves manipulation by itself. Market-maker execution, thin liquidity, routing, or a genuine burst of attention can produce similar prints. Treat the chart as a prompt to inspect the tape.

Compare maker count, transaction timing, wallet age, repeated order sizes, funding links, and net flow. Real demand usually broadens across independent wallets and survives beyond one bot pattern. If volume disappears when the automation stops, the chart was advertising activity rather than proving durable interest.

Funding history can expose coordination. If several early wallets receive \$SOL from the same source around '10h ago' and buy within one launch window, investigate them as a cluster. The source flags 3-5 as a trigger, not proof.

Market cap and volume add context. The source prefers volume above market cap and treats anything below 80% as bundle risk. Those are screening rules, not proof. Organic tokens can trade less than their market cap, while bots can inflate volume far above it.

Fees are another reality check. The source suggests that a token near 15k market cap should have produced more than .5 SOL in fees. Venue

- 01. Introduction & Purpose
- 02. Core Technical Concepts
- 03. Types of Coins & What Drives Value

- 04. How to Find Good Trades
- 05. KOLs, Influencers & Trust
- 06. Trading Platforms & Tools
- 07. Reading Charts
- 08. Reading the Market
- 09. Trade Execution

- 10. The Psychology of Trading
- 11. Life, Money & Perspective

- 12. Staying Safe in Crypto

- 13. Your First Steps
- Sources & Further Reading
- Contents
- Disclaimer & Legal

economics, token age, routing, and fee schedules can change that relationship.

Use all three layers together: wallet funding, quality of volume, and fee generation. When the numbers disagree, trace the transactions instead of forcing a clean narrative.

No single metric decides a trade. Age, volume, market cap, liquidity, maker quality, holder concentration, contract controls, narrative strength, and wallet behavior interact. A strong setup is a stack of aligned evidence with known failure points.

On the Solana filter, Dexscreener rankings are discovery tools. Visibility can reflect recent activity, volume, liquidity, transaction flow, and paid promotion. Boosts, including lightning-style indicators, can buy attention. They do not verify the token, team, or demand.

Use ranking position to build a watchlist, then perform the real work. Confirm the contract address, inspect pools, separate bots from independent makers, trace large holders, and define invalidation before entry. The objective is to know which risks you accept and whether the upside justifies them.

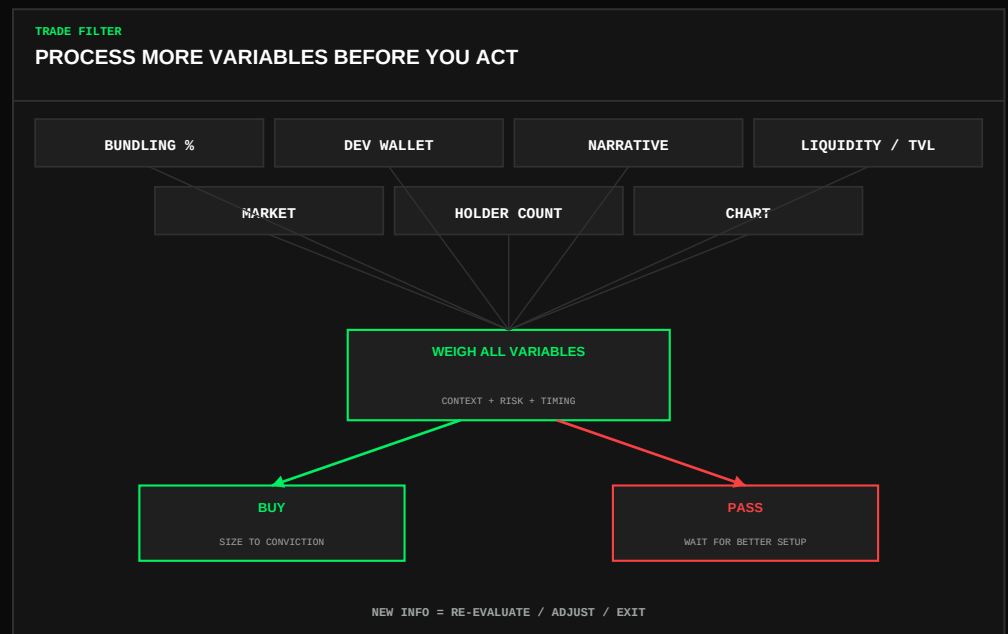


FIG 02.10 PAIR RELATIONSHIPS

\$ Case study: forming a thesis without pretending certainty

Consider the historical Rocket example. Dexscreener showed the token near 1.5M market cap on its first day, with roughly 2M in volume, 23,700 makers, and 6,700 holders. Those figures can indicate broad attention, but they do not tell us whether demand was organic, coordinated by the team, or amplified by bots.

THE GUIDE

a normies guide
to memecoins

PART 01 / FOUNDATION

01. Introduction & Purpose
02. Core Technical Concepts
03. Types of Coins & What Drives Value

PART 02 / TRADING

04. How to Find Good Trades
05. KOLs, Influencers & Trust
06. Trading Platforms & Tools
07. Reading Charts
08. Reading the Market
09. Trade Execution

PART 03 / PSYCHOLOGY

10. The Psychology of Trading
11. Life, Money & Perspective

PART 04 / SAFETY

12. Staying Safe in Crypto

PART 05 / GETTING STARTED

13. Your First Steps

Sources & Further Reading

Contents

Disclaimer & Legal

Start by separating observations from assumptions.

Observed at the time:

- > Market cap, volume, maker count, and holder count were elevated.
- > A Rocket X account existed around the narrative.
- > Artemis II and Doge-related attention offered possible cultural hooks.

Possible interpretations:

- > A capable team was building distribution before a wider push.
- > The activity was organic and the narrative was spreading.
- > Coordinated flow was manufacturing social proof.
- > Several of these forces were operating together.

None is established by the headline numbers. Inspect wallet clusters, repeat buyers, funding paths, social-account history, content quality, and whether activity persists after promotion slows.

A narrative can strengthen when it connects to a scheduled cultural event such as Artemis II or an established meme such as Doge. That gives traders a calendar and a shared reference. It still needs liquidity and fresh demand.

Write the thesis in falsifiable form: what must remain true, what data would contradict it, and when the catalyst expires. A thesis is useful because it can be disproved. A story that explains every outcome is only cope.

Every conclusion in the Rocket example remains an assumption until evidence supports it. Team control can coordinate distribution or enable a synchronized exit.

Use Bubblemaps to find clusters, then inspect their wallets in Solscan. Check funding sources, acquisition timing, transfers, and realized selling. A scanner can speed up the process, but its labels are leads.

The goal is not to prove a preferred story. Try to break it. If wallets share funding and sell together, reduce confidence. Trade the evidence you can verify, and price the rest as uncertainty.

In the Rocket example, start with the main wallet in a cluster holding about 5% of supply. A pump.fun Creator tag identifies the launch address, not every linked owner.

In Solscan, open Balance Changes and filter for the Rocket contract address. Determine whether the wallet received, bought, transferred, or sold tokens, then trace its funding. Those transactions help distinguish a creator allocation, bundle, or independent buyer.

If Solscan shows that a wallet only received or bought Rocket, that rules out some explanations but not coordination. Trace its \$SOL source, related wallets, and cluster behavior after entry.

THE GUIDE

a normies guide
to memecoins

PART 01 / FOUNDATION

01. Introduction & Purpose
02. Core Technical Concepts
03. Types of Coins & What Drives Value

PART 02 / TRADING

04. How to Find Good Trades
05. KOLs, Influencers & Trust
06. Trading Platforms & Tools
07. Reading Charts
08. Reading the Market
09. Trade Execution

PART 03 / PSYCHOLOGY

10. The Psychology of Trading
11. Life, Money & Perspective

PART 04 / SAFETY

12. Staying Safe in Crypto

PART 05 / GETTING STARTED

13. Your First Steps

Sources & Further Reading

Contents

Disclaimer & Legal

TYPES OF COINS & WHAT DRIVES VALUE

Memecoins differ in theme and holder base, but value needs attention plus a reason for capital to stay. A viral clip or KOL mention can start discovery. Distribution turns discovery into buyers; community, utility, ownership claims, or recurring narrative can extend the cycle. Some coins reach billions while others die near 50k market cap.

Punch, a monkey abandoned by its mother and bullied by another monkey, went viral for clinging to a large orangutan toy. Elon and a crypto KOL amplified the story. That attention could support a market only if traders found the canonical contract, sufficient liquidity, credible distribution, and continued participation before the story was fully priced.

\$ Attention moves before valuation settles

Historical chart annotations sometimes show a 1K position swelling to roughly 250K to 450K during an early green phase, then marking another 80K to 150K during a later purple phase. These are illustrative marks, not guaranteed or necessarily executable proceeds. Thin liquidity, price impact, and crowd exits can make the wallet number fictional.

Moodeng offers a stronger lesson about attention lag. In September 2024, the baby hippo narrative spread globally and the token later reached about 600M in market cap. A theoretical 1K entry at 100K market cap would mark near 6M at 600M, although large exits face fees, slippage, and limited liquidity.

The important variable is not the fantasy multiple. It is the information gap between a cultural event becoming meaningful and the market fully coordinating around it. That window closes quickly.

Trade it with structure:

- > Verify the canonical contract.
- > Measure liquidity against intended size.
- > Separate organic spread from paid or bottled activity.
- > Define exits before the chart goes vertical.
- > Reduce exposure as the thesis becomes consensus.

Attention creates opportunity. Execution determines whether any of it becomes realized profit.

THE GUIDE

a normies guide
to memecoins

PART 01 / FOUNDATION

01. Introduction & Purpose
02. Core Technical Concepts
03. Types of Coins & What Drives Value

PART 02 / TRADING

04. How to Find Good Trades
05. KOLs, Influencers & Trust
06. Trading Platforms & Tools
07. Reading Charts
08. Reading the Market
09. Trade Execution

PART 03 / PSYCHOLOGY

10. The Psychology of Trading
11. Life, Money & Perspective

PART 04 / SAFETY

12. Staying Safe in Crypto

PART 05 / GETTING STARTED

13. Your First Steps

Sources & Further Reading

Contents

Disclaimer & Legal

SIGNAL NOTE ATTENTION IS ALL YOU NEED

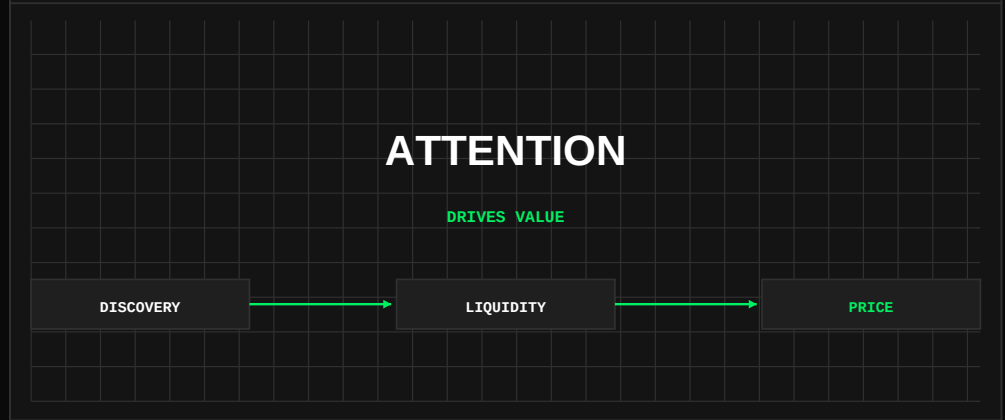


FIG 03.1 ATTENTION AS LIQUIDITY

\$ Narrative categories

Memecoins often organize into recognizable categories. Classification helps because each category has different catalysts, failure modes, and time horizons. It never replaces contract or wallet analysis.

\$ Celebrity coins

An official celebrity coin can launch with instant distribution. \$TRUMP showed how recognizable identity can pull liquidity at scale, but official status does not create a permanent bid. Attention decays, insiders may hold concentrated supply, and buyers can become exit liquidity once the launch event passes. Verify the official announcement and contract address. Impersonators move fast.

\$ Team launches and community takeovers

A team launch may bundle supply, coordinate marketing, or seed liquidity before public discovery. That can produce efficient execution or hidden concentration. When a team abandons a project, holders sometimes organize a community takeover, or CTO. A CTO can revive distribution, but it does not repair a malicious contract, recover removed liquidity, or erase legacy holders. Confirm who controls social accounts, treasury, and token authorities.

\$ Cultural objects and remixable memes

\$WIF, known as dogwifhat, turned a simple dog in a pink bonnet into a repeatable visual language. 'Put the hat on' made the idea easy to remix across profiles, celebrities, and communities. The market eventually reached billions in historical marked value. That result was rare. The mechanism was low-friction participation, not magic in the image itself.

- 01. Introduction & Purpose
- 02. Core Technical Concepts
- 03. Types of Coins & What Drives Value

- 04. How to Find Good Trades
- 05. KOLs, Influencers & Trust
- 06. Trading Platforms & Tools
- 07. Reading Charts
- 08. Reading the Market
- 09. Trade Execution

- 10. The Psychology of Trading
- 11. Life, Money & Perspective

- 12. Staying Safe in Crypto

- 13. Your First Steps

Sources & Further Reading

Contents

Disclaimer & Legal

\$ Category leaders

Markets often appoint a leader for a new format, then launch dozens of derivatives. The first number token, a character like 67, or a meme such as Tung Tung Tung Sahur can become a reference point. Later tokens compete for the same attention and usually inherit shorter half-lives. Being early matters only if the token is canonical, liquid, and able to retain community energy.

Category strength changes with the market regime. In risk-on periods, loose associations may attract capital. In weaker conditions, traders demand clearer provenance and deeper liquidity. Yesterday's category leader does not define tomorrow's winner.

\$ How to use categories

Do not marry the label. Ask what actually drives the current bid:

- > Official identity and distribution
- > A scheduled cultural catalyst
- > A community capable of repeated creation
- > A takeover with credible operators
- > A remix format that spreads without explanation
- > Speculation chasing the last winner

Then define what would end that bid. Celebrity silence, social-account loss, a competing canonical token, insider selling, or category fatigue can break the loop. Categories help you locate the game. On-chain evidence tells you whether the table is rigged.

\$ Specialization and narrative rotation

A generalist sees a trending meme. A specialist understands its origin, canonical spelling, cultural context, active communities, and likely derivatives. That knowledge can shorten research time when the trenches rotate quickly. The edge comes from preparation, not from forcing a trade into every trend.

Evaluate two dimensions: virality and longevity. Virality measures how quickly attention can spread. Longevity asks whether the source keeps producing moments after the first post. A reusable character, live animal, ongoing series, or scheduled event can offer more narrative fuel than a single joke.

Traders also 'vamp' narratives by launching adjacent tokens around the same source. Most are noise. The better candidate is usually the most canonical identity with the strongest contract provenance, liquidity, and distribution.

Consider the historical Ukon example. The trigger was about 1 hour old, and the test was whether later buyers would still enter after a 2X move. A Japanese zoo ape began circulating online. Multiple tokens appeared while traders searched X and other sources for the animal's identity. One token branded Japanese Ape, ticker \$JP, traded around 550K market cap. After roughly 10 minutes of research, the ape was connected to the name Ukon, written . A separate \$Ukon token traded

THE GUIDE

a normies guide
to memecoins

PART 01 / FOUNDATION

01. Introduction & Purpose
02. Core Technical Concepts
03. Types of Coins & What Drives Value

PART 02 / TRADING

04. How to Find Good Trades
05. KOLs, Influencers & Trust
06. Trading Platforms & Tools
07. Reading Charts
08. Reading the Market
09. Trade Execution

PART 03 / PSYCHOLOGY

10. The Psychology of Trading
11. Life, Money & Perspective

PART 04 / SAFETY

12. Staying Safe in Crypto

PART 05 / GETTING STARTED

13. Your First Steps
- Sources & Further Reading
- Contents
- Disclaimer & Legal

near 75K, then reportedly rotated toward 750K within about 15 minutes as that identity gained attention.

The example demonstrates a research pathway, not a promised 10X:

- > Find the original media and its earliest credible source.
- > Confirm the subject's actual name and native-language spelling.
- > Compare competing contracts in FOMO and their launch times.
- > Inspect liquidity, holders, creator wallets, and social ownership.
- > Ask which identity new viewers are most likely to search.
- > Define the point where the market has already priced the discovery.

A lower market cap does not make a derivative better. It can mean the contract is late, fake, illiquid, or controlled. Likewise, the highest market cap may reflect temporary bot flow rather than canonical status.

Specialization helps you rank competing stories faster. Risk controls keep that speed from turning into an impulsive ape. When evidence is thin, let the narrative run without you.

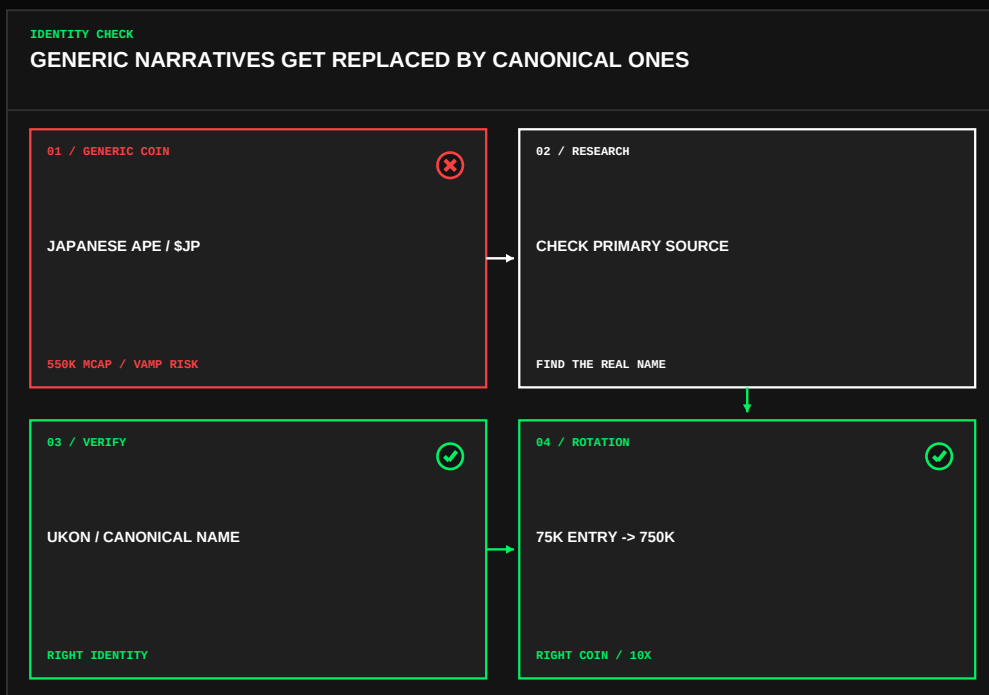


FIG 03.2 VAMPING / DISTRIBUTION CYCLE

The Ukon rotation is a simplified historical example. A move from 75K to 750K is 10X arithmetic within about an hour, not a repeatable outcome. Entries, exits, fees, slippage, competing tokens, and time-to-discovery determine what a trader could actually realize.

Narrative markets operate like rapid information auctions. New media appears, researchers identify the subject, launchers create contracts, bots distribute alerts, and capital rotates toward whichever token seems most canonical. The entire sequence may happen before a manual trader finishes checking the first wallet.

That is why a durable edge needs more than speed:

- 01. Introduction & Purpose
- 02. Core Technical Concepts
- 03. Types of Coins & What Drives Value

- 04. How to Find Good Trades
- 05. KOLs, Influencers & Trust
- 06. Trading Platforms & Tools
- 07. Reading Charts
- 08. Reading the Market
- 09. Trade Execution

- 10. The Psychology of Trading
- 11. Life, Money & Perspective

- 12. Staying Safe in Crypto

- 13. Your First Steps

Sources & Further Reading

Contents

Disclaimer & Legal

- > Canonical identity: the token maps cleanly to the real subject.
- > Distribution moat: independent communities can spread the story.
- > Product gravity: a platform, event, or recurring source keeps generating attention.
- > Market integrity: liquidity and ownership can support real participation.
- > Execution discipline: entries and exits are defined before FOMO.

Parallel launches across launchpads and chains split attention. A familiar ticker may represent several unrelated contracts. Confirm the network, contract address, creator history, and earliest credible source before trading.

You will not win every race. The goal is to build a repeatable research loop that avoids obvious traps and occasionally identifies a strong mismatch between cultural relevance and market valuation. Passing on a late move is part of the edge. Maintain watchlists and source feeds so verification begins before a ticker trends.

\$ News catalysts and marked-value traps

\$PNUT, tied to Peanut the squirrel, became a major historical news-driven memecoin after New York officials seized and euthanized the animal, reportedly after it had lived with its caretaker for 7 years. Elon Musk amplified the story. The token moved from launch toward roughly 2B in market cap over about 2 weeks. Those figures describe a past event, not a template.

A theoretical \$1,000 purchase at 100K market cap represents 1% of that marked valuation. If market cap later reaches 2B, straight-line arithmetic marks the stake near 20M. That does not mean 20M could be withdrawn. Ownership dilution, pool depth, price impact, fees, taxes, timing, and other sellers can reduce executable proceeds dramatically. Even the source's 10M to 15M exit estimate is hypothetical. Market cap is not cash in the exit door.

The transferable lesson is how public emotion, a clear character, media coverage, and influential amplification can converge. Before trading a news catalyst, verify the underlying event, publication timing, canonical contract, wallet distribution, and whether the story still has room to spread. Then plan reductions before the audience saturates.

Infrastructure narratives follow a different clock. Plasma, discussed in the source around September 2025, was associated with about \$70M raised and a reported \$5.5B in TVL. Traders framed it through a '\$TRILLIONS' narrative around stablecoin payment scale. These figures require current verification, and TVL does not equal protocol revenue or token value.

For infrastructure-linked tokens, ask:

- > What activity creates real demand for the token?
- > Does the token capture fees, governance, access, or nothing economic?
- > Is TVL sticky, incentivized, or temporarily farmed?

- 01. Introduction & Purpose
- 02. Core Technical Concepts
- 03. Types of Coins & What Drives Value

- 04. How to Find Good Trades
- 05. KOLs, Influencers & Trust
- 06. Trading Platforms & Tools
- 07. Reading Charts
- 08. Reading the Market
- 09. Trade Execution

- 10. The Psychology of Trading
- 11. Life, Money & Perspective

- 12. Staying Safe in Crypto

- 13. Your First Steps

Sources & Further Reading

Contents

Disclaimer & Legal

> What supply unlocks can meet the narrative bid?

A powerful story can open the trade. Token mechanics decide whether value stays.

\$ Competitive narratives and community coins

Crypto loves a challenger story. During the DEX wars, three major new DEXs launched within weeks, each framed as a 'Hyperliquid killer' before it had comparable liquidity, users, or execution quality. Tokens such as \$NI**ALIQUID on Solana can capture the joke or conflict without owning any claim on the underlying exchange. Separate the meme from the business.

Competitive narratives move through a predictable loop. A dominant product creates resentment and aspiration. A challenger announces better economics or technology. KOLs frame the contest. Memecoins launch around both sides. Attention spikes before fundamentals can be verified. The trade may work, but the mechanism is reflexive speculation, not necessarily product adoption.

For protocol-related narratives, compare live volume, liquidity, retention, revenue, incentives, security, and token value capture. For adjacent memecoins, inspect contract provenance and community strength. Do not attribute a protocol's metrics to an unaffiliated ticker.

Community coins play a different game. \$WIF became durable because holders repeatedly produced culture around the asset. Raids, memes, profile images, slogans, and offline moments kept the symbol visible. A community can become a distribution network that no single paid campaign could reproduce. It can also become an echo chamber that mistakes internal activity for new demand.

Waiting past the 10k launch zone may flush early wallets, but it removes no risk. Observe X and Telegram channels for a day or two, then test whether core contributors remain active through 50% drawdowns. Evaluate community quality through behavior:

- > Are different people creating original content?
- > Do raids earn replies from outside the existing holder base?
- > Is engagement sustained without constant giveaways?
- > Are leaders transparent about holdings and treasury activity?
- > Can the community survive a drawdown without attacking questions?
- > Does new attention convert into independent holders and liquidity?

Also compare social growth with on-chain conversion. A feed can look dominant while unique buyers, retained holders, and pool depth remain flat.

Fresh-launch bots can imitate excitement with repetitive comments, instant likes, and recycled accounts. Look for variation in language, account history, genuine conversation, and persistence over time. Real communities disagree, create, and adapt. Bot swarms repeat.

The strongest community is not necessarily the loudest. It is the one that keeps producing cultural output while ownership becomes broader

THE GUIDE

a normies guide
to memecoins

PART 01 / FOUNDATION

01. Introduction & Purpose
02. Core Technical Concepts
03. Types of Coins & What Drives Value

PART 02 / TRADING

04. How to Find Good Trades
05. KOLs, Influencers & Trust
06. Trading Platforms & Tools
07. Reading Charts
08. Reading the Market
09. Trade Execution

PART 03 / PSYCHOLOGY

10. The Psychology of Trading
11. Life, Money & Perspective

PART 04 / SAFETY

12. Staying Safe in Crypto

PART 05 / GETTING STARTED

13. Your First Steps

Sources & Further Reading

Contents

Disclaimer & Legal

and the market remains tradable. Treat raids as distribution work, not evidence that price must rise. The chain still gets the final vote.

\$ Auditing a raid

A raid coordinates holders to reply, repost, or create content around a target account. Done well, it puts the meme in front of a relevant new audience. Done badly, it looks like spam and damages the brand.

Review a \$WIF-style raid as a sample of community quality. Repetitive one-line replies from new accounts, identical media, unnatural timing, and no conversation suggest automation or low-effort farming. Original jokes, contextual replies, recognizable contributors, and follow-on discussion indicate stronger participation. A hundred contributors raiding daily can compound reach, but one noisy raid cannot establish a durable community pattern.

Compare the raid with normal fresh-launch bot behavior. Bots tend to arrive instantly, repeat templates, and disappear when incentives end. A real community shows continuity across days, produces outside scheduled pushes, and can explain why the token matters without pasting the ticker twenty times. Long-term building is a different strategy from sniping and selling at 2X.

A practical raid process:

- > Choose a target relevant to the narrative.
- > Provide facts and creative assets, not harassment instructions.
- > Encourage original replies instead of copy-paste spam.
- > Track whether outside accounts engage.
- > Measure new holders and liquidity, not impressions alone.
- > Stop when the raid becomes counterproductive.

The source introduces a PumpFun poll as another attention signal. Poll reach can reveal exposure to an idea, but voters are self-selected and results can be amplified by communities or bots. Use it to understand sentiment at one moment, then confirm whether attention converts into durable market behavior.

The PumpFun poll showed 81.5% support, about 236,000 views, and 1,576 votes at that point in time. It demonstrates reach and directional sentiment, not a representative survey or proof of future buying. Views are not voters, and voters are not necessarily funded traders.

For a community coin to reach multi-billion valuation, several conditions usually need to align: a simple global meme, canonical contract, deep liquidity, broad ownership, repeated cultural output, exchange access, and sustained attention across market cycles. Even then, success is rare.

Track conversion through independent holders, retained volume, liquidity growth, and organic mentions. A poll can open the research file. It cannot close the thesis or prove durable capital formation.

THE GUIDE

a normies guide
to memecoins

PART 01 / FOUNDATION

- 01. Introduction & Purpose
- 02. Core Technical Concepts
- 03. **Types of Coins & What Drives Value**

PART 02 / TRADING

- 04. How to Find Good Trades
- 05. KOLs, Influencers & Trust
- 06. Trading Platforms & Tools
- 07. Reading Charts
- 08. Reading the Market
- 09. Trade Execution

PART 03 / PSYCHOLOGY

- 10. The Psychology of Trading
- 11. Life, Money & Perspective

PART 04 / SAFETY

- 12. Staying Safe in Crypto

PART 05 / GETTING STARTED

- 13. Your First Steps

Sources & Further Reading

Contents

Disclaimer & Legal

\$ Utility coins and value capture

A utility token has a defined role inside a product or protocol. It may pay fees, secure a network, unlock access, govern parameters, or receive economic value through buybacks and burns. Utility is not the same as value capture. A product can grow while its token remains unnecessary or heavily diluted.

Buybacks use protocol or company resources to purchase tokens from the market. Burns permanently remove tokens from eligible supply. Together they can reduce available supply, but only if the program is real, recurring, material relative to issuance, and legally sustainable. Check the on-chain transactions, treasury source, emissions, and governance authority. A marketing promise is not a cash flow.

\$HYPE is used in the source as an example of a token connected to the Hyperliquid trading ecosystem. Evaluate it through exchange volume, revenue, user retention, token use, unlocks, and the rules governing any buyback or burn. The right question is not whether the product is popular. It is whether activity creates incremental demand or reduced net supply for the token.

The source also compares Binance and \$ASTER using a historical snapshot: roughly 60 BILLION versus 500M, described as a 120X valuation gap, followed by a move of more than 10X in a week. That comparison is a narrative screen, not a valuation model. Market cap figures depend on price and supply basis, while enterprise value, revenue, liquidity, unlocks, legal risk, and product quality may differ radically. Verify whether each figure refers to circulating market cap or fully diluted value. Search the \$ASTER ticker on X, then verify claims against primary data.

A smaller competitor does not become cheap merely because a leader is larger. The gap matters only when the challenger can capture users, economics, and durable positioning without diluting holders faster than it grows.

Build a utility-token checklist:

- > What exact action requires or rewards the token?
- > Who pays, and where does that value go?
- > Are buybacks visible on-chain?
- > Do burns exceed new emissions?
- > What unlocks, incentives, or treasury sales add supply?
- > Can the product succeed while bypassing the token?
- > Which legal or governance changes could alter the mechanism?

Utility gives you more to analyze than a meme. It does not give you a free trade.

- 01. Introduction & Purpose
- 02. Core Technical Concepts
- 03. Types of Coins & What Drives Value

- 04. How to Find Good Trades
- 05. KOLs, Influencers & Trust
- 06. Trading Platforms & Tools
- 07. Reading Charts
- 08. Reading the Market
- 09. Trade Execution

- 10. The Psychology of Trading
- 11. Life, Money & Perspective

- 12. Staying Safe in Crypto

- 13. Your First Steps

Sources & Further Reading

Contents

Disclaimer & Legal

\$ Ownership-style coins

Some tokens market exposure to a creator, project, or revenue stream. The source discusses Soar and \$CPT as an ownership-style example. Treat the word 'ownership' carefully. A token is not automatically equity, a share, or a legally enforceable claim. Rights depend on contracts, issuer documents, jurisdiction, governance, custody, and applicable securities law. Read the actual terms and obtain professional advice when the distinction matters.

The source models a projected valuation of 7.2M and a token allocation near 6%, described as roughly 500K. It then imagines a future valuation of 700M within 1 year and about 100X upside. This is scenario arithmetic, not an appraisal. A projection can fail, the token's percentage may dilute, transfers may be restricted, and no buyer may exist at the modeled price. Model worst cases before trusting the upside case.

A separate example moves a company from 10M to 100M, implying 10X growth. Token returns will match that only if the holder owns a fixed, enforceable percentage of the same economic value and can realize it. Many structures do not provide that relationship. Revenue share, buyback discretion, redemption rights, governance tokens, and informal community promises are economically different.

Before buying an ownership-style token, verify:

- > The legal issuer and governing jurisdiction
- > The exact rights attached to the token
- > Whether those rights survive transfers
- > Supply, vesting, dilution, and treasury control
- > Financial reporting and valuation methodology
- > Revenue-share, redemption, or buyback obligations
- > Custody, smart-contract, counterparty, and liquidity risk
- > Restrictions on who may purchase or sell

A buyback is not guaranteed unless a binding mechanism makes it so, and even a contractual obligation carries enforcement and solvency risk. Marketing language can compress all of this into 'own a piece.' The trench translation is simpler: identify the claim, verify who owes it, model dilution, and assume the exit will be harder than the pitch suggests.

\$ Three Value Frameworks

The source groups opportunities into three broad types. Use them as research frameworks, not rigid labels.

\$ Attention coins

Memecoins such as the historical \$PNUT example depend on cultural relevance, distribution, and liquidity. Its New York catalyst and move toward roughly 2B showed how quickly a public story can become a market. The catalyst decays as attention saturates. Verify the canonical contract, trace concentrated holders, and plan exits while the narrative is still expanding.

THE GUIDE

a normies guide
to memecoins

PART 01 / FOUNDATION

01. Introduction & Purpose
02. Core Technical Concepts
03. Types of Coins & What Drives Value

PART 02 / TRADING

04. How to Find Good Trades
05. KOLs, Influencers & Trust
06. Trading Platforms & Tools
07. Reading Charts
08. Reading the Market
09. Trade Execution

PART 03 / PSYCHOLOGY

10. The Psychology of Trading
11. Life, Money & Perspective

PART 04 / SAFETY

12. Staying Safe in Crypto

PART 05 / GETTING STARTED

13. Your First Steps

Sources & Further Reading

Contents

Disclaimer & Legal

\$ Utility coins

Tokens such as \$HYPE or the \$ASTER-versus-Hyperliquid comparison require product analysis. The source's 120X valuation-gap narrative is a starting hypothesis, not expected return. Measure actual token demand, revenue, buybacks, burns, emissions, unlocks, and whether users can access the product without holding the asset. Growth that bypasses the token does not automatically reward holders.

\$ Ownership-style coins

Projects such as Soar/\$CPT may describe exposure to a business or creator. Confirm the legal claim, valuation basis, reporting, dilution, transfer restrictions, liquidity, and enforceability. 'Ownership' in marketing copy may not mean equity.

Match the playbook to the asset. Attention trades need catalyst timing and fast risk reduction. Utility trades need economic durability. Ownership-style trades require legal and valuation diligence. Across all three, size for total loss, verify primary sources, and distinguish marked value from executable proceeds.

PART II

TRADING

Find, evaluate and execute with intent.

CHAPTERS IN THIS PART

04 HOW TO FIND GOOD TRADES

05 KOLS, INFLUENCERS & TRUST

06 TRADING PLATFORMS & TOOLS

07 READING CHARTS

08 READING THE MARKET

09 TRADE EXECUTION

02

HOW TO FIND GOOD TRADES

\$ Build an information network

A research group does not replace your judgment. It increases what your judgment can see. One trader can monitor only so many launches, wallets, accounts, and communities. A room of serious researchers can filter thousands of daily launches into a short list, attach a thesis to each lead, and challenge weak assumptions before anyone risks capital.

That coverage matters most near launch, when information is uneven. You may find a promising utility coin but know little about the dev. Another member may recognize the same dev from an earlier rug, confirm a strong track record, or discover that the dev's X account was compromised. One verified fact can change the entire setup.

A useful group shares CAs with context, not commands. Members explain why a coin deserves attention, what evidence supports it, what remains uncertain, and what would invalidate the thesis. Everyone then checks the work independently. Fast does not mean careless.

Build this network deliberately. Search a coin's CA on X, notice smaller accounts that posted thoughtful research before the crowd, and reach out. They are often more likely to answer than a major KOL. Offer to exchange research or ask whether they know a focused room. Bring useful information rather than requests for calls.

Trust compounds when people verify claims, surface bad news quickly, and leave failed ideas visible. A group that only celebrates winners becomes an echo chamber. A group that records reasoning and outcomes becomes an edge. Together you can close information gaps faster, but every trade, size, and exit remains your responsibility.

Assign coverage when the room grows. One person can track dev identity, another supply and wallets, another community flow. Rotate roles so nobody becomes the single point of failure. Require links or transaction evidence for factual claims, and label rumors clearly.

THE GUIDE

a normies guide
to memecoins

PART 01 / FOUNDATION

- 01. Introduction & Purpose
- 02. Core Technical Concepts
- 03. Types of Coins & What Drives Value

PART 02 / TRADING

- 04. How to Find Good Trades
- 05. KOLs, Influencers & Trust
- 06. Trading Platforms & Tools
- 07. Reading Charts
- 08. Reading the Market
- 09. Trade Execution

PART 03 / PSYCHOLOGY

- 10. The Psychology of Trading
- 11. Life, Money & Perspective

PART 04 / SAFETY

- 12. Staying Safe in Crypto

PART 05 / GETTING STARTED

- 13. Your First Steps

Sources & Further Reading

Contents

Disclaimer & Legal

THE GUIDE

a normies guide
to memecoins

PART 01 / FOUNDATION

01. Introduction & Purpose
02. Core Technical Concepts
03. Types of Coins & What Drives Value

PART 02 / TRADING

04. How to Find Good Trades
05. KOLs, Influencers & Trust
06. Trading Platforms & Tools
07. Reading Charts
08. Reading the Market
09. Trade Execution

PART 03 / PSYCHOLOGY

10. The Psychology of Trading
11. Life, Money & Perspective

PART 04 / SAFETY

12. Staying Safe in Crypto

PART 05 / GETTING STARTED

13. Your First Steps

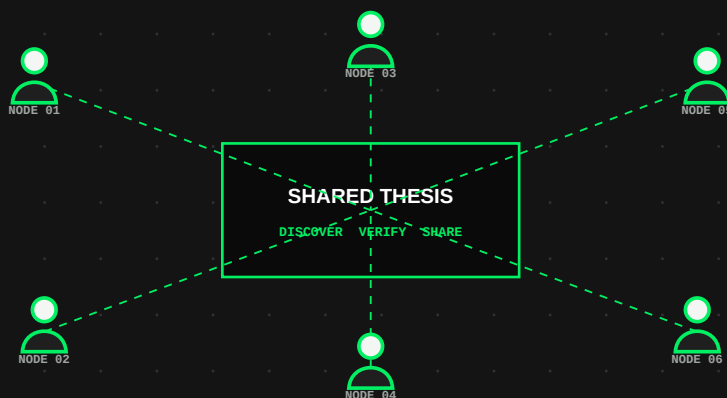
Sources & Further Reading

Contents

Disclaimer & Legal

INFORMATION NETWORK

TOGETHER, YOU SEE MORE



ONE GROUP. SIX RESEARCH PATHS.

FIG 04.1 TRADER GROUPS / INFORMATION FLOW

\$ Think before you follow

Traders who repeatedly find strong setups early are rarely subscribed to the most call channels. Their edge comes from independent thought. Other people are sensors, not substitute brains.

Refreshing X until a larger account tells you what to buy guarantees you receive the idea after someone else has positioned. The fix is not a more famous feed. Build a thesis, test it against opposing evidence, and read beyond crypto. If everyone consumes the same viral posts and Telegram summaries, nobody owns unique information.

Outside knowledge compounds. Monetary policy can explain risk-off moves. Studying scarcity, online culture, incentives, or software can reveal a memecoin playbook before it becomes obvious. Pattern recognition improves when your inputs are wider than the trench timeline.

\$ Set up Telegram

X is useful for discovery. Telegram is where much of crypto's real-time coordination happens. Public call channels broadcast coins from a KOL, team, or scanner. Some surface valuable leads. Others manufacture buyers for positions the operator already owns. Treat every call as unverified.

Private groups can be more useful because trusted traders exchange CAs, wallet evidence, counterarguments, and updates as events unfold. Access is earned by contributing good work and behaving honestly.

If you have no network, create one. Invite a few thoughtful people you met through X and add a scanning bot. Three active researchers can outperform a silent channel with 50,000 followers. In the walkthrough, the group is named TEST and the bot is @Rick. The software is simple. The room becomes valuable only when its members think for themselves.

- 01. Introduction & Purpose
- 02. Core Technical Concepts
- 03. Types of Coins & What Drives Value

- 04. How to Find Good Trades
- 05. KOLs, Influencers & Trust
- 06. Trading Platforms & Tools
- 07. Reading Charts
- 08. Reading the Market
- 09. Trade Execution

- 10. The Psychology of Trading
- 11. Life, Money & Perspective

- 12. Staying Safe in Crypto

- 13. Your First Steps

Sources & Further Reading

Contents

Disclaimer & Legal

Keep both environments in their proper lane. Public channels are discovery surfaces. Private rooms are collaborative research. Neither deserves automatic trust. A useful trader can hear the crowd, extract the signal, and still make a decision that survives without social approval.

\$ Configure the scanner

Open the group controls and make the Rick bot an administrator, granting only the permissions it needs. Post a contract address or ticker. Rick returns the coin name, chain, price, market cap, liquidity, volume, and TH data, meaning top holders and their percentages. Type / to review commands and customize the output.

The bot also records the first CA mention. If \$Meme appears at 100k market cap and returns the next day at 1M, the room can see the original call and the 10x move. That history measures timing, not complete trading skill.

\$ How the room works

Someone notices a setup in a trading app, on X, or in another chat. They post the CA with one clear reason it deserves attention. Other members add dev history, wallet behavior, narrative context, liquidity, holder concentration, or contrary evidence. The goal is to turn scattered observations into a testable thesis.

Keep the record honest. Review failed calls as closely as winners. A clean archive of timing, reasoning, and outcomes teaches more than a public channel filled with victory laps.

\$ Finding setups is trained judgment

No checklist can install pattern recognition. A framework tells you what to inspect, but the eye develops through repeated decisions and post-trade review.

Groups are useful discovery systems, not shortcuts. Earn access by contacting people, sharing research, and contributing before asking for anything. Posting thoughtful work on X can lead to stronger rooms over time, regardless of follower count.

When a coin appears and you do not understand it, say so. Search the CA on X. Ask why demand could form, how high comparable coins traded, where liquidity sits, and what would invalidate the idea. Then verify the answers. Repeating that loop teaches you to recognize credible teams, weak flow, recycled narratives, and suspicious supply faster. The room accelerates learning. It never makes the decision for you.

\$ Research the conversation

Paste the CA into X search and inspect both Top and Latest. Skip automated scanner posts and look for humans adding specific observations.

Start with credibility. A small account that found the coin early and wrote a coherent thesis can be more useful than a large account repeating the ticker after momentum arrived. Review the account's

THE GUIDE

a normies guide
to memecoins

PART 01 / FOUNDATION

- 01. Introduction & Purpose
- 02. Core Technical Concepts
- 03. Types of Coins & What Drives Value

PART 02 / TRADING

- 04. How to Find Good Trades
- 05. KOLs, Influencers & Trust
- 06. Trading Platforms & Tools
- 07. Reading Charts
- 08. Reading the Market
- 09. Trade Execution

PART 03 / PSYCHOLOGY

- 10. The Psychology of Trading
- 11. Life, Money & Perspective

PART 04 / SAFETY

- 12. Staying Safe in Crypto

PART 05 / GETTING STARTED

- 13. Your First Steps

Sources & Further Reading

Contents

Disclaimer & Legal

history. Does it discuss crypto consistently? Does it promote 15 coins every day or a few researched ideas each week?

Compare speech with position. If a trader has published a wallet address, inspect it on Solscan. They may also display holdings through the fomo app. Someone praising a coin while selling is a red flag. Someone who bought earlier and still publishes balanced updates has shown more conviction. Remember that one visible wallet never proves you found every wallet they control.

Reduce the narrative to one sentence. Why does the coin exist, and why might another person buy it? If 10 posts cannot answer that, the uncertainty belongs in your risk assessment. Check timing too. Posts beginning three hours ago on a three-hour-old coin can indicate early discovery. Posts beginning three days ago on an already expanded market cap mean many holders are ahead. Some historical coins took weeks to complete 10x to 100x moves, but that never makes the current setup automatic.

If an X community exists, confirm the CA in its bio, read the pinned explanation, and inspect whether engagement looks organic. For utility coins, identify the dev and verify the account before trusting claims.

A useful research pattern is to compare the launch with an established project in the same narrative. Suppose a 15-minute-old neobank token has decent volume and an approximate 200K market cap. The claimed dev has verifiable work history and advises another neobank whose coin reached 50M market cap. Reputable contacts also confirm the account was not hacked. The 250x valuation gap is not a price target. It is evidence that the market may not have absorbed the same category information yet. Treat it as one input, then test product reality, supply, liquidity, and downside.

Check supply before getting excited. Holder concentration, bundled wallets, deployer activity, and liquidity can invalidate an otherwise credible story. Verify that the CA matches across the website, X community, and explorer. If links disagree, stop. Speed matters near launch, but a rushed verification mistake can send you into a copycat contract with no exit.

\$ Let the thesis evolve

An early setup may rest on four signals: recent launch, credible dev, strong narrative demand, and a large valuation gap versus a comparable project. Those facts can support a trade, but none guarantees a result.

Separate trading from investing. Near launch, the decision may center on identity, account security, narrative fit, and whether attention has priced the story. A week later, the same position requires different evidence: how the token gains value, whether the team is shipping, when a beta launches, how the community behaves, and whether liquidity still supports your exit.

Information changes every position. A strong launch thesis can expire while price still looks attractive. The dangerous version of conviction is emotional attachment: you imagine the bag changing your

THE GUIDE

a normies guide
to memecoins

PART 01 / FOUNDATION

- 01. Introduction & Purpose
- 02. Core Technical Concepts
- 03. Types of Coins & What Drives Value

PART 02 / TRADING

- 04. How to Find Good Trades
- 05. KOLs, Influencers & Trust
- 06. Trading Platforms & Tools
- 07. Reading Charts
- 08. Reading the Market
- 09. Trade Execution

PART 03 / PSYCHOLOGY

- 10. The Psychology of Trading
- 11. Life, Money & Perspective

PART 04 / SAFETY

- 12. Staying Safe in Crypto

PART 05 / GETTING STARTED

- 13. Your First Steps
- Sources & Further Reading
- Contents
- Disclaimer & Legal

life, dismiss bearish updates, and keep rewriting the story so selling never becomes necessary.

Write the reason for entry before buying. Add the conditions that would reduce or invalidate it. When new facts arrive, compare them with that record instead of your current mood. Re-evaluate the setup, sizing, and downside. Do not defend a bag simply because the original research was good. A trade survives only while the current evidence supports it.

The clean habit is simple: update the thesis faster than attachment can harden. Good research earns an entry, not permanent ownership.

Before entering, write one or two sentences answering two questions: why am I buying, and what would make me sell? Beginners should keep the answers somewhere visible. If you cannot explain the setup clearly, you probably do not understand it well enough to size it.

When information changes, compare it with the original thesis. If the edge disappears or an invalidation appears, act. Finding good trades is less about luck than building a better research system than the trader on the other side.

Not every information source benefits when you win. That brings us to one of crypto's most misunderstood roles.

THE GUIDE

a normies guide
to memecoins

PART 01 / FOUNDATION

01. Introduction & Purpose
02. Core Technical Concepts
03. Types of Coins & What Drives Value

PART 02 / TRADING

04. How to Find Good Trades
- 05. KOLS, Influencers & Trust**
06. Trading Platforms & Tools
07. Reading Charts
08. Reading the Market
09. Trade Execution

PART 03 / PSYCHOLOGY

10. The Psychology of Trading
11. Life, Money & Perspective

PART 04 / SAFETY

12. Staying Safe in Crypto

PART 05 / GETTING STARTED

13. Your First Steps

Sources & Further Reading

Contents

Disclaimer & Legal

CHAPTER 05 / PART 02

KOLS, INFLUENCERS & TRUST

\$ Followers are distribution, not proof

The fastest way to grow a crypto audience is to display a major win. Post a coin before a 10x or 100x move, quote the original call beside a profit screenshot, and followers arrive. The audience sees the outcome. It rarely sees every failed call, deleted post, side wallet, or oversized risk that came first.

Consider two profiles. One trader may spend years producing careful research and build only a few hundred or few thousand followers because they do not market themselves. Another may turn \$200 into more than a million on one exceptional trade and repeat the story until thousands follow. The second person now moves attention whenever they mention a coin. That makes them a KOL, a Key Opinion Leader, but it does not establish repeatable skill.

A lottery-ticket result is not a process. Review the complete visible track record, including failures and edits. Large accounts can also purchase followers or engagement. Treat audience size as market-moving reach. Treat behavior over time as evidence of judgment.

Also separate forecasting skill from marketing skill. A persuasive communicator can distribute a weak trade, while a quiet researcher may identify strong setups with little reach. Look for timestamped reasoning, consistent sizing language, visible corrections, and evidence that the person remains accountable after attention leaves. Those signals are harder to manufacture than one dramatic result.

\$ Judge behavior over time

A credible KOL reveals themselves through repetition. Track what happens after each call and how failure is handled. If someone posts at 100k, celebrates when price touches 300k 10 minutes later, then deletes everything after the coin collapses, include that behavior in the record.

Compare it with a trader who explains the thesis, updates the audience as facts change, discusses bullish and bearish developments, and leaves failed ideas visible. Honest postmortems are more useful than a perfect feed. Judge actions, not follower count.

Telegram call channels can widen discovery, but never blindly ape a post. Some channels exist to extract value from their audience.

Understand paid promotion. Teams may compensate a KOL with cash or token supply. Promotion is not automatically malicious, but undisclosed incentives change the message. Ask what supply the promoter controls and whether followers are creating their exit.

THE GUIDE

a normies guide
to memecoins

PART 01 / FOUNDATION

- 01. Introduction & Purpose
- 02. Core Technical Concepts
- 03. Types of Coins & What Drives Value

PART 02 / TRADING

- 04. How to Find Good Trades
- 05. KOLS, Influencers & Trust
- 06. Trading Platforms & Tools
- 07. Reading Charts
- 08. Reading the Market
- 09. Trade Execution

PART 03 / PSYCHOLOGY

- 10. The Psychology of Trading
- 11. Life, Money & Perspective

PART 04 / SAFETY

- 12. Staying Safe in Crypto

PART 05 / GETTING STARTED

- 13. Your First Steps

Sources & Further Reading

Contents

Disclaimer & Legal

The sharper risk is coordinated bundling. Several KOLs acquire supply near launch, then post in sequence. To an outsider, independent excitement appears to spread across X and Telegram. In reality, one group controls the flow and followers become exit liquidity. A coin may survive after those wallets sell, but the downside is severe.

Do not borrow conviction. A public post does not reveal the poster's full size, cost basis, exit plan, side wallets, or current view. By the time a message sounds definitive, the speaker is usually positioned.

KOLs can still surface excellent leads, especially within a specialist's lane. Use the stream to find coins you would otherwise miss. Then inspect the CA, liquidity, wallets, team, narrative, and downside yourself. Write your own thesis and invalidation. If you cannot explain the position in two sentences, you are not ready to own it.

Keep a simple KOL ledger. Record the CA, call time, stated thesis, later updates, peak liquidity, and outcome. Note deletions and undisclosed promotions. The goal is not to rank personalities. It is to learn which sources reliably add information before a move and which sources mostly arrive when distribution is already underway.

THE GUIDE

a normies guide
to memecoins

PART 01 / FOUNDATION

01. Introduction & Purpose
02. Core Technical Concepts
03. Types of Coins & What Drives Value

PART 02 / TRADING

04. How to Find Good Trades
05. KOLs, Influencers & Trust
06. Trading Platforms & Tools
07. Reading Charts
08. Reading the Market
09. Trade Execution

PART 03 / PSYCHOLOGY

10. The Psychology of Trading
11. Life, Money & Perspective

PART 04 / SAFETY

12. Staying Safe in Crypto

PART 05 / GETTING STARTED

13. Your First Steps

Sources & Further Reading

Contents

Disclaimer & Legal

CHAPTER 06 / PART 02

TRADING PLATFORMS & TOOLS

Research finds the setup. A terminal executes it. This guide uses fomo, while Axiom, Trojan, and GMGN remain established alternatives used by serious traders.

fomo combines execution with a social layer, beginner-friendly UI/UX, and cross-chain abstraction that can reduce manual bridging. Use the feed to study theses and behavior, not copy positions. fomo has also previewed an advanced web terminal, but availability may have changed, so verify current features and fees.

During signup, code spyzer gives you a 10% discount on fees. The author receives part of the fees that would otherwise go to the platform. This referral relationship funds the free guide and should factor into your evaluation.

<https://fomo.family/r/spyzer>

Use code spyzer only if fomo fits your needs. Confirm security, custody, withdrawals, costs, supported chains, and regional availability before depositing.

A referral discount does not make the platform automatically best. Compare actual execution on small trades first, including slippage, failed transactions, support, and withdrawal speed.

INFLUENCE RISK

DON'T BORROW CONVICTION

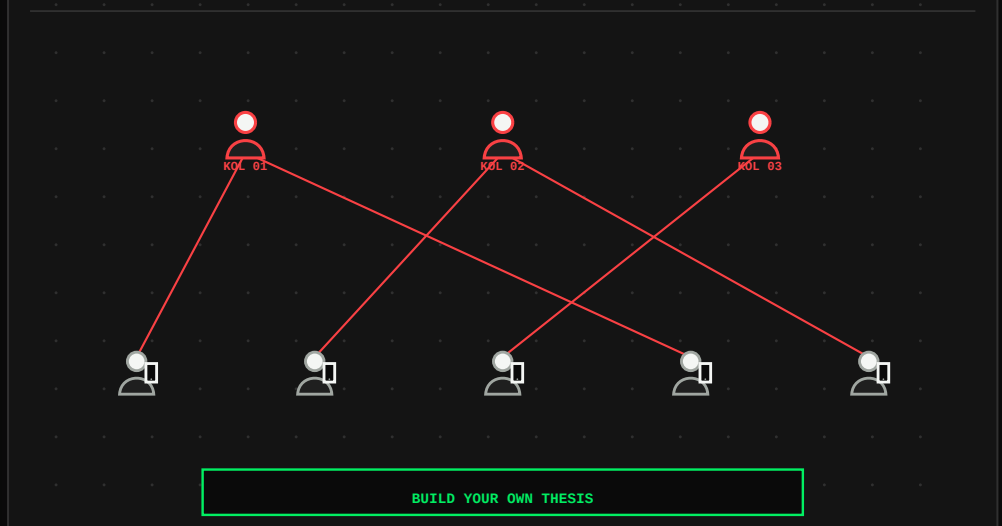


FIG 06.1 BORROWED CONVICTION

\$ Navigate fomo

The home screen combines discovery with your in-app portfolio and weekly top trades. Lists include:

- 01. Introduction & Purpose
- 02. Core Technical Concepts
- 03. Types of Coins & What Drives Value

- 04. How to Find Good Trades
- 05. KOLs, Influencers & Trust
- 06. Trading Platforms & Tools
- 07. Reading Charts
- 08. Reading the Market
- 09. Trade Execution

- 10. The Psychology of Trading
- 11. Life, Money & Perspective

- 12. Staying Safe in Crypto

- 13. Your First Steps

Sources & Further Reading

Contents

Disclaimer & Legal

- > crypto: major assets ranked by market cap.
- > trending: coins making sharp moves.
- > most held: coins ranked by the number of fomo holders.
- > graduated: recently migrated or graduated coins.
- > gainers: fomo-verified coins ranked by 24h gain. Verification adds context, not safety.

Avatars beside a coin show followed users who hold it. Treat them as research prompts. Search supports name, ticker, contract address, and trader name. Prefer the contract address when duplicate tickers create ambiguity.

The center fomo-eyes button opens the feed. friends only limits activity to accounts you follow; turning it off expands the stream. Users may show buys, sells, and written theses. Check timing and wallet context before drawing conclusions, because the visible account may not represent total exposure.

A daily Recap from the fomo team summarizes wider crypto events. Use it to orient yourself, then verify trade-sensitive claims with primary sources.

Lists can move quickly and rankings can be gamed by temporary volume. Open the coin page before acting, verify the CA, and compare the category label with on-chain reality.

\$ Leaderboard, account, and bridging

The leaderboard displays gains across periods such as 24h and 7d, with an option to limit results to people you follow. Rank shows visible outcomes, not a complete risk-adjusted record.

The account page contains open positions, following lists, recent trades, top trades, and controls. It also supports fomo's cross-chain workflow. Cash added through Apple Pay can be used for supported coins across multiple chains.

Without abstraction, moving from Solana into an Ethereum memecoin requires a bridge. Manual bridging adds fees, time, and operational risk. fomo handles the required conversion in the background. Selling a Solana coin returns value to cash, then buying a supported coin on Ethereum, Base, BNB, or another available chain triggers the bridge workflow.

Convenience does not remove platform or custody risk. Confirm current fees, supported chains, withdrawal options, and wallet recovery before relying on it.

Apple Pay availability can vary by region. Confirm deposit limits and settlement rules before assuming cash is immediately withdrawable or transferable.

- 01. Introduction & Purpose
- 02. Core Technical Concepts
- 03. Types of Coins & What Drives Value

- 04. How to Find Good Trades
- 05. KOLs, Influencers & Trust
- 06. Trading Platforms & Tools
- 07. Reading Charts
- 08. Reading the Market
- 09. Trade Execution

- 10. The Psychology of Trading
- 11. Life, Money & Perspective

- 12. Staying Safe in Crypto

- 13. Your First Steps

Sources & Further Reading

Contents

Disclaimer & Legal

\$ Protect access first

Although fomo may display one account, it can maintain a different wallet for each supported chain. Review recovery before funding. From account settings, open Account and inspect Export. If exporting private keys, work privately on a trusted device. Record each key on paper or metal and keep it offline. Never store it in screenshots, cloud notes, email, or chat.

Your normal login may restore access after a lost phone. Offline key backups protect against losing both the device and login method. Test recovery with a small balance, consider a hardware wallet for inactive funds, and avoid a backup scheme so complicated that you lock yourself out.

Next, connect a fomo identity with public blockchain activity. Notifications become noise when following 50+ traders, so inspect the holder list deliberately.

In this walkthrough, Neet appears in trending, shows a higher market cap, and is up 27% over 24h. Open the coin, scroll to holders, and select Logjam, a large holder. The objective is not to copy the trade. It is to learn how an app profile can be checked against public on-chain records.

Never export keys while screen sharing, recording, or using public Wi-Fi. Close unrelated applications and verify that no clipboard manager is storing sensitive data.

Neet trades on Solana, so use Solscan. An Ethereum asset would normally use Etherscan. In the fomo holder list, Logjam holds 10.1M Neet. Copy the CA beside NotInEmploymentEd... and paste that contract address into Solscan. Confirm the token name and address before continuing, since copycat assets often reuse tickers.

Use the explorer result that matches the verified CA, not whichever token page ranks first in search.

\$ Match the holder on-chain

Open the Solscan Holders tab. The 10 largest wallets in this example each own more than 10.1M tokens, so continue to the next page. Entry 12 holds 10.1M and may be Logjam. If balances repeat, compare recent Solana transactions with activity shown in fomo.

Solana also displays token accounts. A wallet normally uses a separate token account for each token type. Holding \$neet, \$meme, and \$wif can therefore create three token accounts beneath one wallet address.

General wallet apps expose functions that a trading app may not. Phantom, Solflare, and Backpack are common options; this walkthrough uses Phantom on mobile or as a browser extension. Install only from the verified official publisher. Importing a fomo private key gives the new interface the same authority as the original wallet, so use a trusted device and never paste the key into a website. Keep active trading funds separate from long-term storage.

THE GUIDE

a normies guide
to memecoins

PART 01 / FOUNDATION

01. Introduction & Purpose
02. Core Technical Concepts
03. Types of Coins & What Drives Value

PART 02 / TRADING

04. How to Find Good Trades
05. KOLs, Influencers & Trust
06. Trading Platforms & Tools
07. Reading Charts
08. Reading the Market
09. Trade Execution

PART 03 / PSYCHOLOGY

10. The Psychology of Trading
11. Life, Money & Perspective

PART 04 / SAFETY

12. Staying Safe in Crypto

PART 05 / GETTING STARTED

13. Your First Steps

Sources & Further Reading

Contents

Disclaimer & Legal

A public wallet match remains probabilistic unless transactions, timing, and balances align. Do not publish a person's address as fact from one matching number.

\$ Create a separate navigation wallet

Use one wallet for active fomo trading and another for on-chain applications. Separation limits damage if one wallet signs a malicious transaction, although device-wide malware can threaten both.

Download Phantom only from an official source. Choose Create a New Wallet, then Create a Seed Phrase Wallet. Phantom supports multiple chains, and compatible wallet interfaces can access the same account.

Set a strong local password. Phantom will display a 12-word seed phrase. Those words, in order, are the master recovery secret. Anyone who gets them can recreate the wallet and move its assets. No support agent, dev, KOL, or website needs them.

Record the phrase offline on paper or metal in a private setting. Do not photograph it, upload it, paste it into notes, or send it through chat. Store secure backups in separate locations and consider fire or water damage. Avoid a recovery puzzle that your future self cannot solve. For meaningful balances, evaluate a hardware wallet and a clear inheritance plan.

If installing Phantom on a second trusted device, choose I Already Have a Wallet and restore only inside the verified official app. Check the device, close screen-sharing tools, and ensure nobody is watching.

Test the wallet with a small transfer before moving serious value. Confirm receiving, sending, backup, and recovery. The goal is a clear boundary between execution, on-chain exploration, and funds that should stay cold.

Keep the navigation wallet deliberately small. Move in only the amount required for the intended interaction, and move leftovers out after the task. Separation works only when one hot wallet cannot expose the whole stack.

\$ Recover rent carefully

Each Solana token normally uses a token account funded with a small amount of \$SOL for rent. Selling the full balance does not always close that account. After many trades, empty accounts can retain small rent balances. Closing eligible accounts returns the \$SOL.

To interact with on-chain tools, use Phantom's built-in mobile browser or verified desktop extension. If importing a fomo private key, understand that every connected application can expose that wallet to signing risk. Keep larger balances elsewhere. Never enter a private key or seed phrase into a website.

On-chain applications offer lending, NFTs, SPL-token trading, games, and wallet utilities. Read every transaction request before signing. Reject anything unclear.

This walkthrough uses Sol Incinerator to identify and close eligible empty token accounts. Search sol incinerator on X, find the official

THE GUIDE

a normies guide
to memecoins

PART 01 / FOUNDATION

01. Introduction & Purpose
02. Core Technical Concepts
03. Types of Coins & What Drives Value

PART 02 / TRADING

04. How to Find Good Trades
05. KOLs, Influencers & Trust
06. Trading Platforms & Tools
07. Reading Charts
08. Reading the Market
09. Trade Execution

PART 03 / PSYCHOLOGY

10. The Psychology of Trading
11. Life, Money & Perspective

PART 04 / SAFETY

12. Staying Safe in Crypto

PART 05 / GETTING STARTED

13. Your First Steps

Sources & Further Reading

Contents

Disclaimer & Legal

account, and follow the website link published there. Do not trust the first Google result. Scammers buy ads for cloned wallet tools and can drain a wallet after a malicious approval.

Confirm the domain through multiple official references and bookmark the verified URL. A badge alone proves nothing. Use a low-balance wallet for unfamiliar applications, disconnect when finished, and keep long-term funds away from routine browsing.

Before approving closure, inspect the transaction summary and account count. A rent tool should not request unrelated token transfers or broad authority. When the request differs from the stated action, cancel.

\$ Verify before connecting

A gold or blue X checkmark does not establish legitimacy. Review mutual followers, account history, links from other official sources, and replies beneath recent posts. Organic discussion from recognizable humans is stronger evidence than repetitive bot-like praise. Confirm the same domain through more than one trusted source.

After verification, open Sol Incinerator. On desktop, use the verified Phantom extension. On mobile, open Phantom's built-in browser through the lower-right search button.

Choose connect wallet, recheck the domain, and review each popup. Connecting exposes the public address. A later signature can authorize an action, so reject unexpected permissions. Never provide a private key or seed phrase.

A new wallet may show no vacant accounts, meaning no eligible empty token accounts exist. Return only after enough trading activity has created them. Repeat the verification every visit because links, accounts, and domains can change. Recovering rent is secondary to protecting the wallet.

After the task, disconnect the site from Phantom and review recent activity in Solscan. If anything looks unfamiliar, stop using the wallet and move remaining assets through a clean, verified process.

\$ Social activity is context

Return to fomo with the same evidence-first mindset. In the walkthrough, a coin in graduated shows several avatars, meaning followed users hold it. Open the coin, inspect the chart, then review holders, purchase sizes, profit or loss, and any published notes.

These notes can explain why a coin is moving faster than a broad X search. Compare them with Telegram research, liquidity, wallet records, and the chart. They are leads, not truth.

Understand the abuse case. A popular user can buy a low-cap coin through private wallets, then make a small purchase through the visible fomo account. Followers receive notifications and pile in. The operator quietly sells the larger side-wallet position into that demand, then closes the public position for a small gain or even a loss. The visible trade looks harmless while followers inherit the downside.

THE GUIDE

a normies guide
to memecoins

PART 01 / FOUNDATION

01. Introduction & Purpose
02. Core Technical Concepts
03. Types of Coins & What Drives Value

PART 02 / TRADING

04. How to Find Good Trades
05. KOLs, Influencers & Trust
06. Trading Platforms & Tools
07. Reading Charts
08. Reading the Market
09. Trade Execution

PART 03 / PSYCHOLOGY

10. The Psychology of Trading
11. Life, Money & Perspective

PART 04 / SAFETY

12. Staying Safe in Crypto

PART 05 / GETTING STARTED

13. Your First Steps

Sources & Further Reading

Contents

Disclaimer & Legal

No social platform shows every wallet a person controls. A notification cannot reveal total exposure, true entry, or intent. Follow trusted accounts to discover ideas and observe behavior, but never convert their buy into your buy signal. Ask whether the thesis still works at the current market cap, whether liquidity supports your size, and what invalidates the setup. If a popular account is your only reason, you are borrowing conviction.

The strongest defense is a prewritten rule: social activity can promote a setup into the research queue, but it can never satisfy the research itself.

THE GUIDE

a normies guide
to memecoins

PART 01 / FOUNDATION

01. Introduction & Purpose
02. Core Technical Concepts
03. Types of Coins & What Drives Value

PART 02 / TRADING

04. How to Find Good Trades
05. KOLs, Influencers & Trust
06. Trading Platforms & Tools
07. Reading Charts
08. Reading the Market
09. Trade Execution

PART 03 / PSYCHOLOGY

10. The Psychology of Trading
11. Life, Money & Perspective

PART 04 / SAFETY

12. Staying Safe in Crypto

PART 05 / GETTING STARTED

13. Your First Steps

Sources & Further Reading

Contents

Disclaimer & Legal

CHAPTER 07 / PART 02

READING CHARTS

Use fomo to surface coins, not to outsource decisions. Before judging market conditions, learn to read basic price action.

Many traders add 10 indicators and draw lines until the chart confirms what they already want. That creates motion, not information. Start with one question: is price moving up, down, or sideways?

> Trending up: constructive for a long setup.

> Moving sideways: usually wait.

> Trending down: generally poor for a long entry.

> Transitioning from down to up: interesting after confirmation.

These states come from market structure. A chart is one input, never a perfect prediction machine.

\$ Match the timeframe to the trade

The right timeframe depends on the asset and holding period. A multi-year gold position belongs on a high timeframe such as weekly, where each candle covers a full week. An intraday 15% drop on January 7 can be noise if the price recovers that afternoon.

A freshly launched memecoin is different. A 1-second or 2-second chart can matter because flow changes in real time, but there is not enough history for elaborate zones.

After several days, repeated reactions become useful. A level where buyers repeatedly defend a dip may become support. A price where sellers repeatedly stop advances may become resistance. Drawing a line on a 30-minute-old coin is projection. Marking a zone after the same level held three times across four days is observed behavior. It is not guaranteed, but it gives you a reference for entry, invalidation, and risk.

Timeframes should agree with sizing. A scalp can use close invalidation on a fast chart. A multi-day thesis needs room for ordinary volatility. Using a one-minute stop for a weekly idea creates churn, while using a weekly stop on a launch can expose catastrophic downside.

\$ Market structure

In an uptrend, price prints higher highs and higher lows. Each expansion exceeds the previous high, while each pullback finds support above the prior low. Buyers control the sequence.

A downtrend does the reverse. Price forms lower lows and lower highs. Every bounce fails earlier, then selling reaches deeper.

- 01. Introduction & Purpose
- 02. Core Technical Concepts
- 03. Types of Coins & What Drives Value

- 04. How to Find Good Trades
- 05. KOLs, Influencers & Trust
- 06. Trading Platforms & Tools
- 07. Reading Charts
- 08. Reading the Market
- 09. Trade Execution

- 10. The Psychology of Trading
- 11. Life, Money & Perspective

- 12. Staying Safe in Crypto

- 13. Your First Steps
- Sources & Further Reading
- Contents
- Disclaimer & Legal

The useful signal appears when the sequence breaks. In an established uptrend, price falling beneath the latest higher low means buyers failed to defend the expected level. That break of market structure adds bearish information to the trade.

Reverse the example. A downtrend repeatedly forms lower highs. Price then rallies through the latest one instead of being rejected. Sellers lose the level, buyers take control, and the chain of lower highs ends. That upside break can be the first evidence of transition.

Do not treat every wick as confirmation. Check the timeframe, candle closes, liquidity, volume, and whether price accepts above or below the level. Low-cap memecoins overshoot. Market structure gives you a disciplined question: did the side that controlled this level still defend it? When the answer changes, your thesis and sizing may need to change too.

Mark the swing points before drawing conclusions. If you cannot identify the latest confirmed high and low without moving the labels to fit your bias, structure is unclear. Unclear structure is a valid reason to wait rather than force a directional trade.

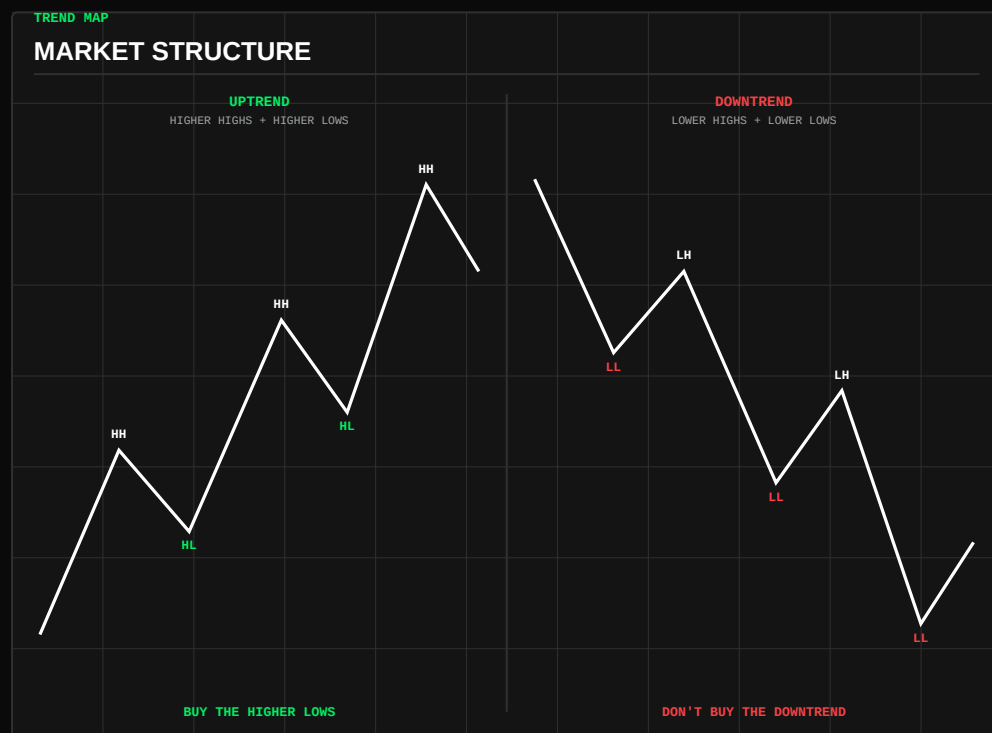


FIG 07.1 MARKET STRUCTURE

\$ Historical structure examples

On the \$PYPL monthly chart, the left side formed a clear uptrend through higher highs and higher lows. At the 2021 peak, price broke beneath a higher low that had held for roughly six months. Buyers failed where support was expected. That was a structural break to the downside, followed by a sequence of lower lows. A thesis that ignored that change became stale.

- 01. Introduction & Purpose
- 02. Core Technical Concepts
- 03. Types of Coins & What Drives Value

- 04. How to Find Good Trades
- 05. KOLs, Influencers & Trust
- 06. Trading Platforms & Tools
- 07. Reading Charts**
- 08. Reading the Market
- 09. Trade Execution

- 10. The Psychology of Trading
- 11. Life, Money & Perspective

- 12. Staying Safe in Crypto

- 13. Your First Steps

Sources & Further Reading

Contents

Disclaimer & Legal

The \$COIN weekly chart shows both directions. First, support failed and a lower low confirmed the downtrend. Price later formed its lowest low, based for a period, and tested a potential lower high. When price finally broke above that lower high, the bearish sequence ended. The first higher high provided confirmation that market structure had turned upward.

These examples are historical, not forecasts. The point is to read control: higher lows show buyers defending; lower highs show sellers rejecting. When the expected defense fails, re-evaluate.

Confirmation is allowed to feel late. Buying after an uptrend is established is cleaner than guessing where a downtrend will end.

In the source's historical BTC example, price sat around 15K to 20K in early 2023 while printing lower highs and lower lows. A break above the prior lower high near 25K changed the structure. Price then formed higher highs and higher lows toward 125K+. The exact levels are historical. The durable lesson is that confirmation offered participation without requiring a perfect bottom call.

\$ Three lessons that protect capital

You did not need the 15K bottom in the historical BTC example. The structural flip around 25K to 30K provided confirmation, and the trend remained readable for weeks and months afterward. Being later with evidence is often better than being early with hope.

The reverse matters too. In the source chart, BTC later topped around 125K, formed lower highs, and broke beneath a higher low near 85K to 90K. That downside break said the trend had changed. Price was updating the thesis.

\$ 1. Do not catch a falling market

A confirmed downtrend with no strength is not a bargain simply because price is lower. If the chart keeps making lower lows, cut risk and wait for a genuine transition. A cheap entry can become cheaper while your capital sits trapped.

\$ 2. Zoom out before reacting

A 15-minute chart can make a healthy trend look broken. Move to the timeframe that matches the intended trade. If weekly structure remains intact, an intraday shakeout may be noise. Combine that view with the narrative, dev, liquidity, and on-chain evidence. A chart should challenge or confirm the thesis, not replace it.

\$ 3. Late is fine. Recklessly late is not

Judging lateness requires context: current conditions, comparable coins in the same narrative, remaining market cap room, liquidity, and whale behavior. A top holder with 2% of supply activating a sell order changes the downside. If the entry cannot be justified without the recent green candles, step back.

No setup is mandatory today or this week. Protect patience as aggressively as capital. The trenches keep printing opportunities, but only traders with dry powder can take them.

- 01. Introduction & Purpose
- 02. Core Technical Concepts
- 03. Types of Coins & What Drives Value

- 04. How to Find Good Trades
- 05. KOLs, Influencers & Trust
- 06. Trading Platforms & Tools
- 07. Reading Charts
- 08. Reading the Market
- 09. Trade Execution

- 10. The Psychology of Trading
- 11. Life, Money & Perspective

- 12. Staying Safe in Crypto

- 13. Your First Steps

Sources & Further Reading

Contents

Disclaimer & Legal

Use a timeframe ladder before acting. Start high enough to identify the dominant trend, move down to locate the current range, then use a lower timeframe only for execution. If the lower chart contradicts the higher one, reduce size or wait. Alignment improves the setup; disagreement increases uncertainty.

\$ Fibonacci retracements

Market structure gives direction. Fibonacci retracements can add precision to the entry zone. The tool sounds more mystical than it is. Use it as a map of possible reactions, not a prediction.

The Fibonacci sequence runs 0, 1, 1, 2, 3, 5, 8, 13, 21, 34, with each number produced by the prior two. Ratios derived from the sequence approach 1.618 and its inverse, 0.618, known as the Golden Ratio. Similar proportions appear in natural growth, design, and many human systems.

Whether markets react because of an underlying pattern or because millions of traders watch the same levels is less important than the behavior itself. Expected zones can become self-reinforcing when enough capital acts around them.

Trends move in waves. Price expands, pauses, pulls back, then either continues or fails. The pullback is the retracement. A shallow pullback can signal strong demand. A deeper pullback shows the trend giving up more ground.

For this framework, focus on three levels:

- > 0.5: a shallow retracement common in strong trends.
- > 0.618: the golden zone and a frequently watched reaction level.
- > 0.786: the deepest preferred retracement before the setup looks weak.

Fibonacci adds one information layer. It never overrides broken structure, poor liquidity, or a dead thesis.

Most terminals draw these levels automatically. Your job is choosing a completed, meaningful swing. A precise tool applied to the wrong move produces precise-looking nonsense.

THE GUIDE

a normies guide
to memecoins

PART 01 / FOUNDATION

- 01. Introduction & Purpose
- 02. Core Technical Concepts
- 03. Types of Coins & What Drives Value

PART 02 / TRADING

- 04. How to Find Good Trades
- 05. KOLs, Influencers & Trust
- 06. Trading Platforms & Tools
- 07. Reading Charts
- 08. Reading the Market
- 09. Trade Execution

PART 03 / PSYCHOLOGY

- 10. The Psychology of Trading
- 11. Life, Money & Perspective

PART 04 / SAFETY

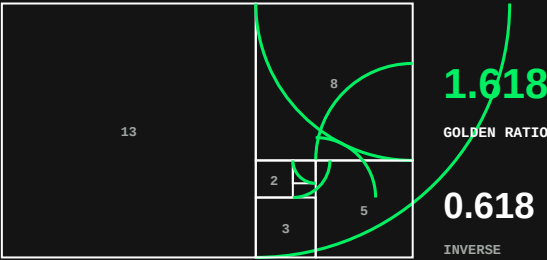
- 12. Staying Safe in Crypto

PART 05 / GETTING STARTED

- 13. Your First Steps
- Sources & Further Reading
- Contents
- Disclaimer & Legal

FIBONACCI

WHY 0.618?



0 1 1 2 3 5 8 13 21 34

FIG 07.2 FIBONACCI / GOLDEN RATIO

Draw the Fibonacci tool from the completed swing low, marked 1, to the new swing high, marked 0. The preferred entry area is the retracement between 0.5 and 0.786, with 0.618 as the central reaction level.

If price taps that zone, holds, and then prints a new high, the bounce becomes the next higher low. Re-anchor the tool from that low to the new high and wait for another controlled retracement. Do not chase the expansion candle. Let price return to a zone where the thesis offers defined downside.

THE GUIDE

a normies guide
to memecoins

PART 01 / FOUNDATION

01. Introduction & Purpose
02. Core Technical Concepts
03. Types of Coins & What Drives Value

PART 02 / TRADING

04. How to Find Good Trades
05. KOLs, Influencers & Trust
06. Trading Platforms & Tools
- 07. Reading Charts**
08. Reading the Market
09. Trade Execution

PART 03 / PSYCHOLOGY

10. The Psychology of Trading
11. Life, Money & Perspective

PART 04 / SAFETY

12. Staying Safe in Crypto

PART 05 / GETTING STARTED

13. Your First Steps

Sources & Further Reading

Contents

Disclaimer & Legal

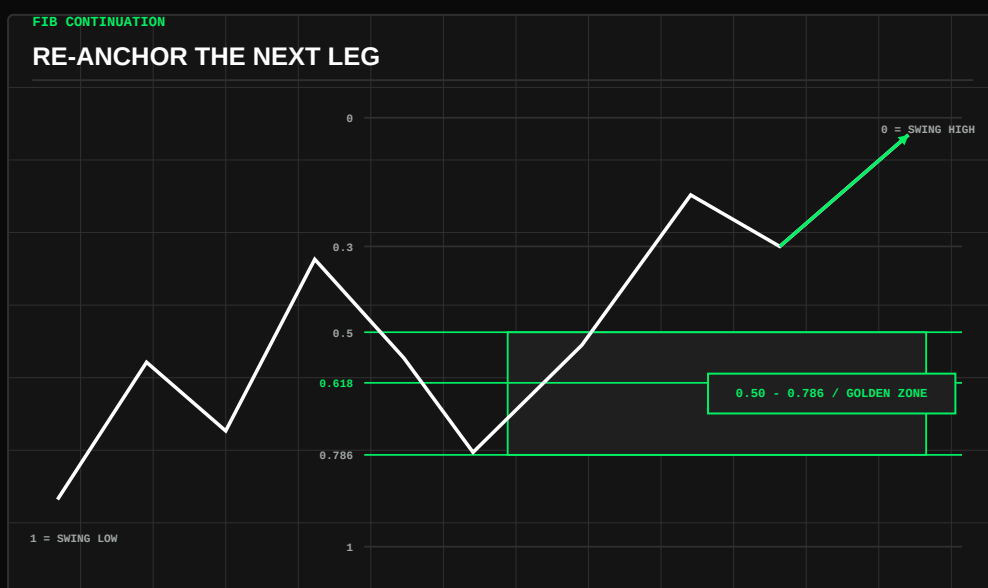
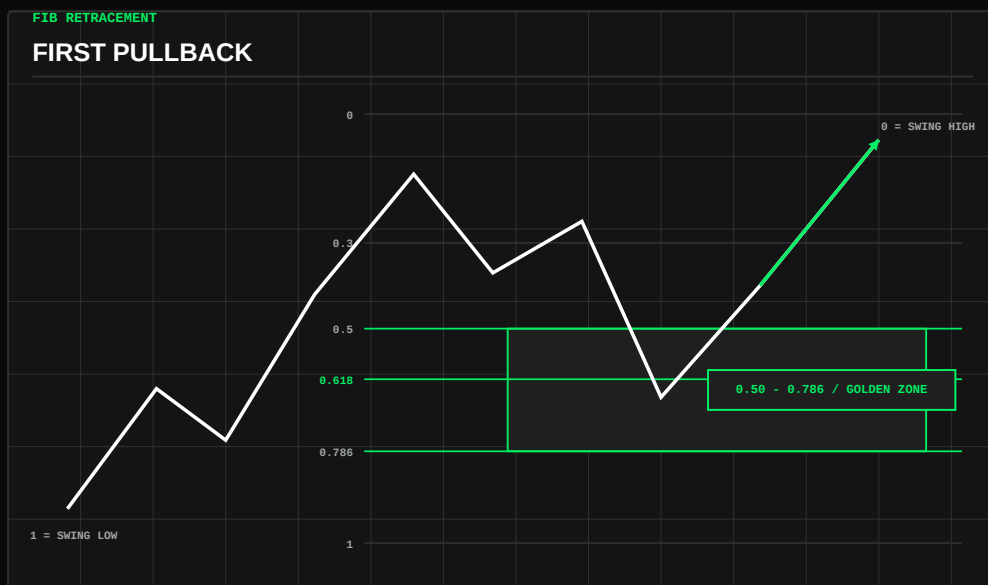


FIG 07.3 RETRACEMENT MAPS

\$ Draw from meaningful price

Higher highs plus higher lows define an uptrend, and a retracement can provide the entry. In a downtrend, invert the Fibonacci tool.

On low-cap memecoins, anchor zones, trendlines, and Fibs from candle body to candle body when isolated wicks reflect thin flow. One 2K buy can spike through resistance for seconds without representing broad demand. The wick records the extreme, while the bodies show where more participants accepted price.

If five candle bodies repeatedly stop beneath a level and one upper wick briefly exceeds it, the body cluster usually carries more information. Traditional markets often teach wick-to-wick analysis, and liquid crypto pairs can support it. Low-liquidity memecoins require judgment.

- 01. Introduction & Purpose
- 02. Core Technical Concepts
- 03. Types of Coins & What Drives Value

- 04. How to Find Good Trades
- 05. KOLs, Influencers & Trust
- 06. Trading Platforms & Tools
- 07. Reading Charts**
- 08. Reading the Market
- 09. Trade Execution

- 10. The Psychology of Trading
- 11. Life, Money & Perspective

- 12. Staying Safe in Crypto

- 13. Your First Steps

Sources & Further Reading

Contents

Disclaimer & Legal

Choose anchors that represent meaningful flow and stay consistent. If moving the anchor is the only way to make the setup look bullish, the chart is warning you.

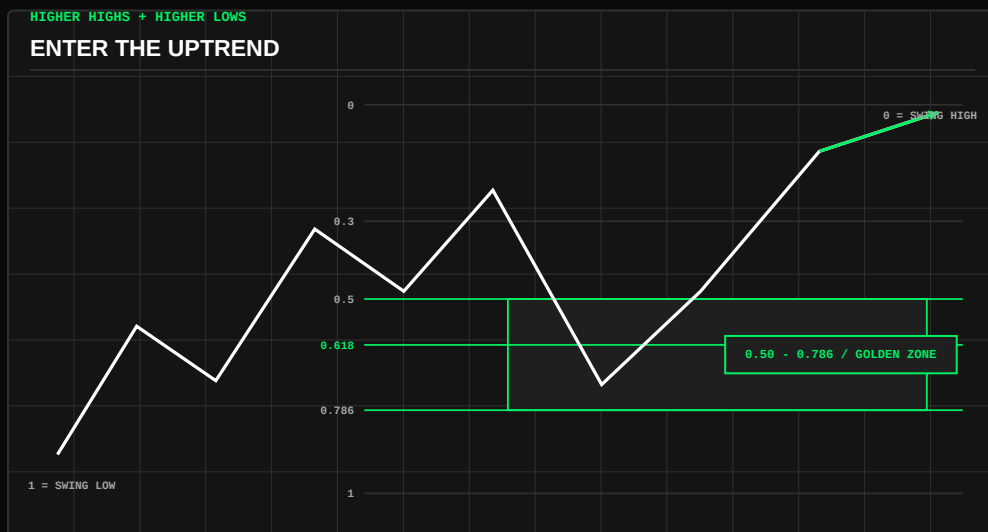


FIG 07.4 CONTINUATION SETUP

\$ Candles, completed swings, and confluence

A candle's wicks show the highest and lowest prices reached during its interval. On a one-minute candle open for 40 seconds, the upper wick marks the highest trade so far and the lower wick marks the lowest.

The body spans the opening price and current price. When current price sits above the open, the candle body is green and bullish. Below the open, it is red and bearish.

Do not draw a Fib inside a sideways range. Without a directional impulse, there is no meaningful retracement. Wait until the swing has formed a clear top and bottom and price has reacted. Drawing levels on an unfinished move creates false precision.

Timeframe changes signal quality. A 0.618 reaction on a daily or weekly chart can represent significant capital. The same tap on a one-minute chart may be noise. Use higher timeframes for structure and lower ones to refine execution.

\$ Confluence strengthens a zone

One Fibonacci level suggests a possible reaction. Two independent signals can create a tradable area. Three or more can support a higher-confidence setup, while never guaranteeing it.

Useful confluence includes previous support or resistance, a trendline at the same price, a round number such as \$0.01 or \$1.00, and a high-volume area. When several of these align near 0.618, the zone matters because different traders are responding to the same location for different reasons.

- 01. Introduction & Purpose
- 02. Core Technical Concepts
- 03. Types of Coins & What Drives Value

- 04. How to Find Good Trades
- 05. KOLs, Influencers & Trust
- 06. Trading Platforms & Tools
- 07. Reading Charts**
- 08. Reading the Market
- 09. Trade Execution

- 10. The Psychology of Trading
- 11. Life, Money & Perspective

- 12. Staying Safe in Crypto

- 13. Your First Steps

Sources & Further Reading

Contents

Disclaimer & Legal

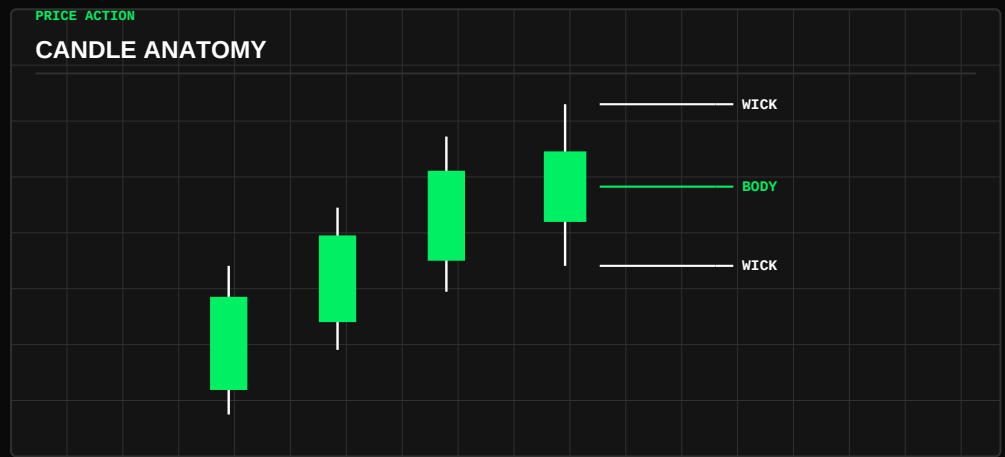


FIG 07.5 CANDLE ANATOMY

\$ Define invalidation before entry

Imagine price prints a new high, pulls back to 0.618, and finds support at the exact level of the previous all-time high, or ATH. The Fib and prior resistance-turned-support create two signals in one zone. That deserves attention, not blind confidence.

Invalidation is the evidence that kills the setup. In a bullish trade, a confirmed close beneath 0.786 can invalidate the Fib. A break of the higher low that formed the swing can invalidate the entire uptrend structure. Accept the evidence, reduce or exit, and move on.

Memecoins frequently overshoot through wicks and liquidity grabs. One brief break may not be enough. Watch whether price reclaims the level or begins accepting below it. Use the timeframe and liquidity context rather than reacting to a single print.

A clear bearish flip occurs when price breaks support, returns to test that level from underneath, and is rejected. Former support has become resistance. At that point the setup is no longer merely shaky. The market has confirmed that control changed.

THE GUIDE

a normies guide
to memecoins

PART 01 / FOUNDATION

01. Introduction & Purpose
02. Core Technical Concepts
03. Types of Coins & What Drives Value

PART 02 / TRADING

04. How to Find Good Trades
05. KOLs, Influencers & Trust
06. Trading Platforms & Tools
- 07. Reading Charts**
08. Reading the Market
09. Trade Execution

PART 03 / PSYCHOLOGY

10. The Psychology of Trading
11. Life, Money & Perspective

PART 04 / SAFETY

12. Staying Safe in Crypto

PART 05 / GETTING STARTED

13. Your First Steps

Sources & Further Reading

Contents

Disclaimer & Legal

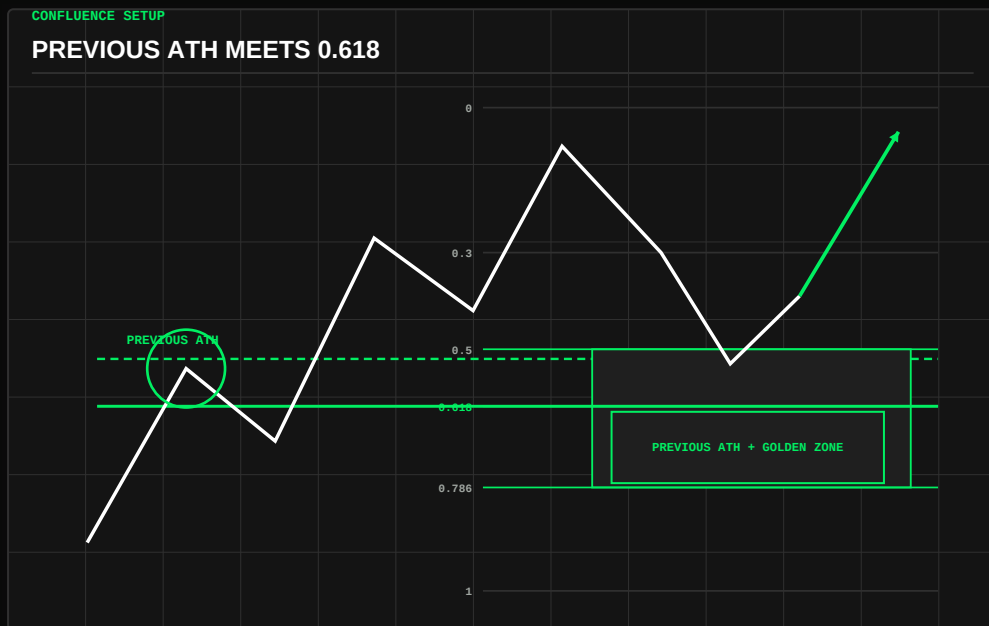


FIG 07.6 ATH / GOLDEN-ZONE CONFLUENCE

\$ Why memecoin TA behaves differently

Traditional markets contain banks, market makers, and quantitative teams competing over tiny statistical edges. A quant defines signals that may predict later outcomes, then tests them across enormous datasets using mathematics and machine learning.

The underlying variables can be obscure. A forecast showing Nebraska three degrees hotter than expected might imply a small cost change for an oil pipeline running from the Northeast to Texas. A quantitative desk can translate that difference into a trade before a normal participant recognizes it. Price eventually reflects the data through structure and flow.

An hour-old memecoin is a different battlefield. The data is sparse, the participants are more human, and behavior can be irrational. A dev post, Telegram rumor, whale entry, hacked account, or sudden meme can matter more than a long statistical history that does not yet exist. This creates more room for manual research and faster information flow to become an edge. It also creates more noise and manipulation.

Technical analysis therefore works best as one layer. Market structure shows who controls price. On-chain records reveal supply and wallets. Social research tests the narrative and identities. Liquidity determines whether the trade can be entered and exited. No line can repair a weak foundation.

Be skeptical of anyone selling certainty, especially in markets dominated by sophisticated quantitative competition. Ask whether the teacher shows process, failure, and risk, or only polished outcomes.

This guide is free. It can generate revenue when readers voluntarily use referral code spyzer, which provides a fee discount, and through donations. That incentive should remain visible. Education, audience growth, and referral economics can coexist, but the reader should evaluate every recommendation independently.

THE GUIDE

a normies guide
to memecoins

PART 01 / FOUNDATION

- 01. Introduction & Purpose
- 02. Core Technical Concepts
- 03. Types of Coins & What Drives Value

PART 02 / TRADING

- 04. How to Find Good Trades
- 05. KOLs, Influencers & Trust
- 06. Trading Platforms & Tools
- 07. Reading Charts**
- 08. Reading the Market
- 09. Trade Execution

PART 03 / PSYCHOLOGY

- 10. The Psychology of Trading
- 11. Life, Money & Perspective

PART 04 / SAFETY

- 12. Staying Safe in Crypto

PART 05 / GETTING STARTED

- 13. Your First Steps

Sources & Further Reading

Contents

Disclaimer & Legal

The trench advantage is temporary. As liquidity grows and the asset matures, automation and market makers gain influence. Keep updating the method instead of assuming an early-launch edge lasts forever.

\$ Chart-reading recap

- > Trending up: generally constructive for a long.
- > Moving sideways: usually wait for clearer structure.
- > Trending down: generally avoid a long entry.
- > Transitioning upward: watch for confirmation.

Do not catch a bottom simply because price looks cheap. Zoom out when a lower timeframe creates panic. Entering after confirmation is fine, but chasing after the thesis is fully priced is not.

For Fibonacci, draw the bullish move from higher low to higher high. Treat 0.5 through 0.786 as the main retracement zone, look for independent confluence, and define invalidation before entry.

Memecoin charts contain more direct human behavior and less mature quantitative structure than major traditional markets. That can create edge, but it also makes low-liquidity wicks and manipulation more common.

Market structure remains the foundation. Most indicator stacks create the feeling of work without adding better information. Build the thesis from the narrative, dev, on-chain data, community, supply, and liquidity. Then use the chart to plan execution and test whether price agrees.

After mastering structure and Fibonacci, the next useful concepts are fair value gaps, order blocks, and support or resistance zones. Study them only when the basics feel automatic. The sources section includes deeper material on price formation.

Charts operate inside a larger environment. The next chapter moves from one coin to the conditions affecting every coin.

Keep screenshots and notes from both clean and failed setups. Review whether structure, timeframe, and confluence were identified before entry or rationalized afterward. Honest review prevents technical language from becoming decoration for impulse trades.

- 01. Introduction & Purpose
- 02. Core Technical Concepts
- 03. Types of Coins & What Drives Value

- 04. How to Find Good Trades
- 05. KOLs, Influencers & Trust
- 06. Trading Platforms & Tools
- 07. Reading Charts
- 08. Reading the Market**
- 09. Trade Execution

- 10. The Psychology of Trading
- 11. Life, Money & Perspective

- 12. Staying Safe in Crypto

- 13. Your First Steps
- Sources & Further Reading
- Contents
- Disclaimer & Legal

READING THE MARKET

Markets move in cycles. Innovation attracts capital, competition, excess, and eventually contraction. You do not need to label every recession correctly, but you must recognize when macro conditions change crypto liquidity and adjust your risk.

Two indicators matter most: price action in the majors, especially BTC, ETH, and SOL, and on-chain conditions in the trenches. The trenches are the chaotic daily market where memecoins launch, run, rotate, and die.

Ask regularly:

- > Are fresh launches reaching 5M, 10M, or higher, or stalling near 500K?
- > Are Telegram rooms and the X feed active or quiet?
- > Is on-chain volume expanding or drying up?
- > Are people outside crypto discussing Bitcoin again?
- > Are new coins holding gains after the first push?

Strong answers allow more risk, not unlimited risk. You might deploy more capital, spend more time screening, and accept earlier setups. Weak conditions call for less size, fewer trades, stronger confirmation, and more time away from the screen. In a cold market, the primary job is capital preservation.

\$ Bull and bear conditions

Bull signals include majors holding above prior cycle levels, total crypto market cap expanding, sustained Solana memecoin volume, active groups finding multiple runners, and fresh launches reaching 10M+ market cap.

Bear signals include sustained weakness in majors, declining volume, quiet rooms, launches failing near 500K where 5M was previously common, and the same capital rotating through a shrinking set of coins.

Transitions are gradual before they feel sudden. Do not waste energy calling the exact top or bottom. Read what the market is paying for, adjust the risk dial, and stay solvent enough to participate when flow returns.

Build a simple weekly conditions dashboard. Record major-asset structure, fresh-launch volume, typical peak market caps, group activity, and the percentage of launches holding gains after 24 hours. The numbers need not predict the cycle. They help prevent one loud runner from making a cold market feel hot.

THE GUIDE

a normies guide
to memecoins

PART 01 / FOUNDATION

- 01. Introduction & Purpose
- 02. Core Technical Concepts
- 03. Types of Coins & What Drives Value

PART 02 / TRADING

- 04. How to Find Good Trades
- 05. KOLs, Influencers & Trust
- 06. Trading Platforms & Tools
- 07. Reading Charts
- 08. Reading the Market
- 09. Trade Execution

PART 03 / PSYCHOLOGY

- 10. The Psychology of Trading
- 11. Life, Money & Perspective

PART 04 / SAFETY

- 12. Staying Safe in Crypto

PART 05 / GETTING STARTED

- 13. Your First Steps

Sources & Further Reading

Contents

Disclaimer & Legal

\$ The risk dial

Think of positioning as a dial with three broad zones.

At the highest-risk end are memecoins. They run on attention, may have no fundamental floor, can reach zero quickly, and can occasionally move 100x in days. In the middle are utility coins. They often move slower and may have product or revenue support, making an overnight zero less likely, but a 10x week less common. At the lower-risk crypto end are ownership coins tied more directly to company valuations, the closest category here to traditional equity exposure.

In a strong bull market, liquidity and attention often move toward the memecoin end. As conditions weaken, rotate toward utility, then ownership, then cash or stable assets when warranted. Traders get rekt by leaving the dial fixed while the environment changes. The instrument is not broken. It is mismatched to the market.

Treat this as a principle, not a mechanical allocation rule. Narratives can temporarily override the categories. During a period of strong BTC, expanding money supply, and intense on-chain flow, ChatGPT accelerated the AI meta. Some utility projects traded like memecoins, reaching 0 to 50M market cap in less than a week on little more than proposed products. That did not remove execution risk. It showed how narrative demand can compress normal valuation discipline.

When risk appetite falls, capital moves the other way. Larger players may favor government bonds, shares, stablecoins, or established ownership exposure. Memecoin activity shrinks. Follow the flow instead of arguing with it.

\$ Do less when the market gives less

Slow conditions tempt traders to increase frequency and size to compensate for missing opportunity. That is backwards. Bad conditions punish forced effort.

Surviving multiple cycles requires going quiet, protecting capital, and staying mentally sharp. Even bull markets contain cold weeks. If volume falls, market caps top lower, and runners cannot hold gains, reduce activity. The market may be cycling inside the larger cycle. Do not blame your screening and spray more trades. Wait until the tape starts paying for aggression again.

Translate the dial into written limits. Define maximum portfolio exposure, position size, and trade frequency for hot, neutral, and cold conditions. Rules created before the mood changes are harder for FOMO to negotiate away.

\$ The skill gap is widening

Memecoin trading has become structurally harder. Four years ago, a trader might see major news 20 minutes late, buy a 10k market cap coin after liquidity locked, and still find room. Today, experienced traders, sometimes called Fortnite kids, use multiwallet operations, automation, and sniper bots. Five seconds after the same news, they may already control 10% of a coin bought near 4K market cap.

THE GUIDE

a normies guide
to memecoins

PART 01 / FOUNDATION

- 01. Introduction & Purpose
- 02. Core Technical Concepts
- 03. Types of Coins & What Drives Value

PART 02 / TRADING

- 04. How to Find Good Trades
- 05. KOLs, Influencers & Trust
- 06. Trading Platforms & Tools
- 07. Reading Charts
- 08. Reading the Market**
- 09. Trade Execution

PART 03 / PSYCHOLOGY

- 10. The Psychology of Trading
- 11. Life, Money & Perspective

PART 04 / SAFETY

- 12. Staying Safe in Crypto

PART 05 / GETTING STARTED

- 13. Your First Steps
- Sources & Further Reading
- Contents
- Disclaimer & Legal

The game is not impossible. It makes informed process more valuable. Narratives change weekly, tools improve, and on-chain behavior adapts. Keep learning through X, Telegram, primary sources, wallet analysis, and post-trade review. The uninformed side of the trade keeps absorbing avoidable losses.

Crypto is also expanding beyond memecoins. Infrastructure, real-world applications, and products that hide blockchain complexity are gaining ground. Memecoins persist because attention persists, but billion-dollar cycles usually need macro strength, fresh liquidity, and a broad belief that opportunity is open. When those inputs are absent, patience is a position.

A useful high-level framework separates two parent categories:

- > Efficient finance: improving existing systems through tokenization, stablecoins, and neobanks.
- > Cypher-capitalism: building new systems through memecoins, NFTs, internet capital formation, DAOs, cryptographic property rights, free trade, and enforceable contracts.

Recent attention has favored efficient finance, which can make crypto feel less like its earlier counterculture. Past cycles concentrated mania in different verticals: Bitcoin as store of value, ICOs, NFTs, then memecoins. A lull in alternate finance does not prove the design space is finished. Smart-contract platforms have been broadly scalable for only 2 to 3 years, AI has reduced experimentation costs, and privacy concerns continue to grow.

Do not trade a grand theory as certainty. Use it to organize narratives, then return to current conditions. The market rewards adaptation and punishes identity-based conviction.

Edges also decay. A scanner, wallet pattern, or narrative source that worked last quarter can become crowded. Track how quickly other traders discover the same information and how much slippage appears at entry. When the advantage shrinks, improve the process or retire it. Adaptation is practical maintenance, not a motivational slogan.

- 01. Introduction & Purpose
- 02. Core Technical Concepts
- 03. Types of Coins & What Drives Value

- 04. How to Find Good Trades
- 05. KOLs, Influencers & Trust
- 06. Trading Platforms & Tools
- 07. Reading Charts
- 08. Reading the Market
- 09. Trade Execution**

- 10. The Psychology of Trading
- 11. Life, Money & Perspective

- 12. Staying Safe in Crypto

- 13. Your First Steps

Sources & Further Reading

Contents

Disclaimer & Legal

TRADE EXECUTION

Finding the coin is half the game. Entry, size, profit-taking, and invalidation determine whether the edge reaches the portfolio. Weak trade management can turn a correct thesis into a loss.

\$ Before buying, know why

Every trade needs a written reason and a sell condition. Vague bullishness often collapses when forced into a sentence. Writing creates an anchor for the decisions that follow. Price moves, the room panics, and new information arrives. The question stays the same: is the thesis intact at this price?

Estimate the information gap. What do you know that few market participants know, and would it change their demand if verified? Public information can still matter when distribution is limited, but the edge decays as the crowd catches up.

Consider an illustrative AI-meta launch. The dev claims to be building a world for AI agents using a 1:80-scale copy of Earth in Minecraft. Many similar launches are scams, so identity is the first risk. Historical Reddit posts show the same dev discussing the Minecraft world years earlier. A reputable AI-crypto account follows the dev, and credible Discord connections support the identity. Each fact reduces uncertainty.

That does not guarantee a working product or profitable token. It creates a temporary information advantage before the evidence becomes widely distributed. The trade should be sized for remaining uncertainty, liquidity, and the possibility that one confirmation is wrong.

A thesis expires. On day one, ask whether the dev is legitimate, the narrative is fresh, and the launch is early. By day seven, ask whether the team is shipping, the product has a schedule, the community is growing, and the token has a reason to hold value.

Re-evaluate without loyalty. The reasons that justified entry may no longer justify ownership. Execution means acting when evidence changes, not merely finding the original setup.

Use a compact pre-trade template:

- > Asset, CA, chain, and verified official links.
- > One-sentence thesis and why the timing matters now.
- > Evidence the market has not fully priced.
- > Catalyst, expected holding period, and comparable projects.
- > Supply concentration, liquidity, and exit capacity.
- > Invalidation, maximum loss, and planned size.

- 01. Introduction & Purpose
- 02. Core Technical Concepts
- 03. Types of Coins & What Drives Value

- 04. How to Find Good Trades
- 05. KOLs, Influencers & Trust
- 06. Trading Platforms & Tools
- 07. Reading Charts
- 08. Reading the Market
- 09. Trade Execution

- 10. The Psychology of Trading
- 11. Life, Money & Perspective

- 12. Staying Safe in Crypto

- 13. Your First Steps

Sources & Further Reading

Contents

Disclaimer & Legal

> Known unknowns that still require verification.

If the page cannot be completed without vague language, the setup is not ready. A clear template also makes later review possible. You can distinguish a bad outcome from a bad process and see whether the edge was real, late, or imagined.

\$ Re-enter the trade mentally

Ask the most useful management question: if you discovered this coin today at the current price, would you buy it, and at what size?

Compare that answer with the position you currently hold. If you would buy half as much today, consider reducing toward that amount. If you would not buy at all, continuing to hold is a new decision that needs a new thesis. A launch trade cannot remain on life support because the original research was exciting.

Do not carry an expired thesis. Re-check the team, product, community, liquidity, supply, and narrative. Keep what the current evidence earns. Sell what it does not.

\$ Position sizing

Beginners often focus on coin selection while ignoring size. Too much on a bad coin can wipe the account. Too little on a strong idea means the win barely matters.

Size so that success helps and failure does not damage the next decision. A loss that triggers panic or revenge trading costs more than the realized amount.

Conviction can influence size only after portfolio risk sets the ceiling. Strong, private, verifiable information may justify more than a setup based on public news and a five-hour timing edge. Confidence by itself justifies nothing. Liquidity, invalidation distance, and maximum acceptable loss decide whether the position belongs in the portfolio.

THE GUIDE

a normies guide
to memecoins

PART 01 / FOUNDATION

01. Introduction & Purpose
02. Core Technical Concepts
03. Types of Coins & What Drives Value

PART 02 / TRADING

04. How to Find Good Trades
05. KOLs, Influencers & Trust
06. Trading Platforms & Tools
07. Reading Charts
08. Reading the Market

09. Trade Execution

PART 03 / PSYCHOLOGY

10. The Psychology of Trading
11. Life, Money & Perspective

PART 04 / SAFETY

12. Staying Safe in Crypto

PART 05 / GETTING STARTED

13. Your First Steps

Sources & Further Reading

Contents

Disclaimer & Legal

TRADE MANAGEMENT

THE THESIS CHANGES



FIG 09.1 INFORMATION DECAY

\$ Protect the next decision

Revenge trading begins when the objective changes from executing good setups to recovering a specific loss. Urgency replaces research. Size rises, standards fall, and every candle feels personal. The cure is not a heroic comeback. It is a pause, smaller risk, and a return to written rules.

Some emotional lessons become clear only after painful experience, but the damage does not need to be repeated. If pressure is affecting sleep, focus, or sizing, step away. Capital preservation includes mental capital.

\$ Size relative to the portfolio

An absolute number has no meaning without context. A \$500 position could be trivial or reckless. Putting 20% of a portfolio into one memecoin at a 50K market cap is a different bet from risking 2%.

Before entering, ask: if this goes to zero, can I trade normally tomorrow? If not, the position is too large.

Then consider edge quality. Private, verified information that few participants know may support more size within the risk ceiling. Public information with a timing advantage, such as a launch only 5h old before American traders wake, deserves less.

As the portfolio grows, discipline must grow with it. One oversized loss can erase months of careful execution and distort every decision afterward. Traders usually blow up through sizing and management, not because every coin was bad. Confidence is not an edge. When it pushes size beyond the plan, it becomes a liability.

- 01. Introduction & Purpose
- 02. Core Technical Concepts
- 03. Types of Coins & What Drives Value

- 04. How to Find Good Trades
- 05. KOLs, Influencers & Trust
- 06. Trading Platforms & Tools
- 07. Reading Charts
- 08. Reading the Market
- 09. Trade Execution

- 10. The Psychology of Trading
- 11. Life, Money & Perspective

- 12. Staying Safe in Crypto

- 13. Your First Steps
- Sources & Further Reading
- Contents
- Disclaimer & Legal

\$ Concentrate only where you can manage

Spreading tiny positions across 20 coins feels diversified, but often produces the worst of both worlds. Winners are too small to move the portfolio, while losers accumulate. A human trader cannot follow every update, wallet, community, and chart with equal attention.

Own only positions you have researched and can actively re-evaluate. Concentration does not mean betting the account on one coin. It means using a controlled number of high-quality ideas within hard portfolio limits.

\$ Avoid FOMO entries

Urgency is a poor execution signal. Price is rising, candles are green, the group is excited, and the brain says this is the last chance. That is exactly when emotion is most likely to override the thesis.

A rising coin can still be undervalued. The question is whether the reasoning remains valid at the current price. Never buy solely because movement creates fear of missing out.

High-frequency watching manufactures false information. A one-minute candle can make noise feel like a change in fundamentals. Define the entry before excitement arrives. Decide the desired size, price area, and invalidation. Once filled, monitor whether the thesis changed instead of reacting to every tick.

If you missed the first move, pause. Ask whether you would buy at this price without seeing the chart's recent pump. If the answer is no, that is FOMO, not conviction. Earlier holders may be selling into your urgency.

Late entries are not automatically wrong. Some narratives develop over weeks. A researched entry after confirmation can work when value and liquidity remain. Chasing because the chart is vertical is different. One is a decision. The other is an emotional market order.

Before submitting the order, check slippage and the effect of your own size on price. A thesis can be right while execution is terrible. Split entries when liquidity is thin, avoid market orders that cross a wide spread, and never let urgency hide the expected loss between displayed price and actual fill.

\$ Taking profits

The purpose of a winning trade is to convert unrealized numbers into usable capital. Waiting for the perfect top usually means never selling there.

Scale out as price moves in your favor. Take a portion when the gain becomes meaningful. Take another when euphoria begins influencing the plan. Keep a remainder only while the thesis, liquidity, and price relationship remain intact. This locks in value, reduces downside, and preserves some exposure if the move continues.

The exact targets matter less than defining them before entry. Once a coin is up 5x, the brain starts calculating 10x. At 10x, it imagines

- 01. Introduction & Purpose
- 02. Core Technical Concepts
- 03. Types of Coins & What Drives Value

- 04. How to Find Good Trades
- 05. KOLs, Influencers & Trust
- 06. Trading Platforms & Tools
- 07. Reading Charts
- 08. Reading the Market
- 09. Trade Execution

- 10. The Psychology of Trading
- 11. Life, Money & Perspective

- 12. Staying Safe in Crypto

- 13. Your First Steps
- Sources & Further Reading
- Contents
- Disclaimer & Legal

20x. The target moves faster than discipline, and the position can round-trip.

Use the same re-entry question: if you did not own the coin at this price, would you buy it now? A no is a signal to reduce, even if the chart still looks strong. You do not need to exit everything. You do need to convert some edge into realized profit.

Price can build slowly and unwind with brutal speed. Plan the sells while the room is calm, not while everyone is posting rocket emojis.

A practical scale-out plan might use several predetermined milestones rather than one heroic target. Keep the percentages flexible to liquidity, but make the decision structure firm before emotion arrives.

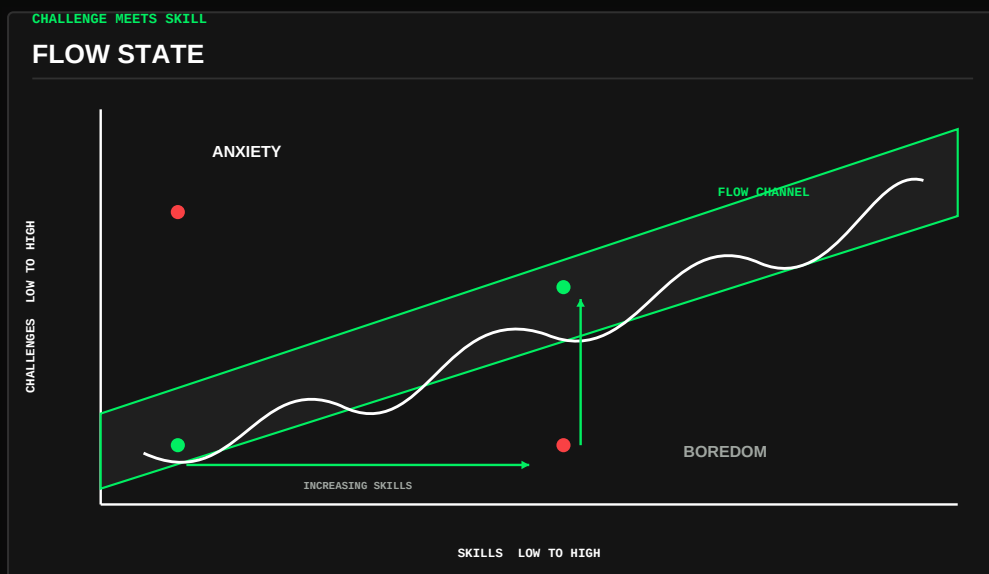


FIG 09.2 FLOW-STATE CURVE

If a position reaches a life-changing amount, take profits now, not after one more target. No bag is worth more than the life its realized value could improve.

\$ Cutting losses

Large losses often expose process failures before they become portfolio failures. Warning signs may include bundled supply, weak research, an emotional entry, missing invalidation, or size that exceeded the actual conviction. The market eventually charges for every ignored weakness.

Two reactions commonly make the damage worse. The first is sizing up immediately to win the money back. A lucky recovery reinforces revenge trading until it eventually fails. The second is quitting from fear, allowing one loss to define future decisions.

Use a third path. Accept the realized loss, identify the precise failure, and convert it into a rule. Replace be more careful with a measurable constraint:

- 01. Introduction & Purpose
- 02. Core Technical Concepts
- 03. Types of Coins & What Drives Value

- 04. How to Find Good Trades
- 05. KOLs, Influencers & Trust
- 06. Trading Platforms & Tools
- 07. Reading Charts
- 08. Reading the Market

09. Trade Execution

- 10. The Psychology of Trading
- 11. Life, Money & Perspective

- 12. Staying Safe in Crypto

- 13. Your First Steps

Sources & Further Reading

Contents

Disclaimer & Legal

- > Reduce exposure when credible bearish news appears, even before every detail is resolved.
- > Never exceed a defined portfolio percentage on a memecoin below 500K market cap.
- > Require an invalidation level before entry.
- > Pause after a loss that changes your emotional state.

You are not trying to make the old money back. You are trying to make the next good decision. Those mindsets produce different trades.

Hard stops need context. If a coin drops 40% without visible news, the market may know something you do not. A thin memecoin can wick violently, so account for liquidity and timeframe, but do not use volatility as an excuse to ignore a broken thesis. Taking a stop means admitting the setup failed. That admission keeps you solvent.

\$ Journal significant trades

Record the entry, thesis, size, invalidation, new information, exit, and what happened afterward. Include wins, but study losses more closely. The goal is not a diary. It is a dataset of your own behavior.

Look for repeated failures: FOMO entries, oversized bets, missed supply checks, slow profit-taking, or refusal to act on bearish evidence. A journal turns pain into a rule and experience into pattern recognition.

For each journal entry, separate facts from interpretation. A wallet transfer is a fact. Calling it accumulation is an interpretation. Record both, then revisit the interpretation after the outcome.

Run a weekly review across all entries. Count rule violations, average planned versus realized loss, and how often exits followed the written thesis. Improvement comes from reducing repeated errors, not from producing the most beautiful notes.

That is how process compounds.

Journal only trades that taught you something or should have. If writing creates friction, record a structured voice note or use an AI agent to organize observations without exposing private keys, seed phrases, or account data.

Experienced traders look intuitive because they have compared thousands of setups with outcomes. What looks like a sixth sense is usually reps plus honest review. Journaling accelerates the loop. If the same mistake happens three times and you still cannot explain it, repetition is creating cost instead of insight.

THE GUIDE

a normies guide
to memecoins

PART 01 / FOUNDATION

- 01. Introduction & Purpose
- 02. Core Technical Concepts
- 03. Types of Coins & What Drives Value

PART 02 / TRADING

- 04. How to Find Good Trades
- 05. KOLs, Influencers & Trust
- 06. Trading Platforms & Tools
- 07. Reading Charts
- 08. Reading the Market

09. Trade Execution

PART 03 / PSYCHOLOGY

- 10. The Psychology of Trading
- 11. Life, Money & Perspective

PART 04 / SAFETY

- 12. Staying Safe in Crypto

PART 05 / GETTING STARTED

- 13. Your First Steps

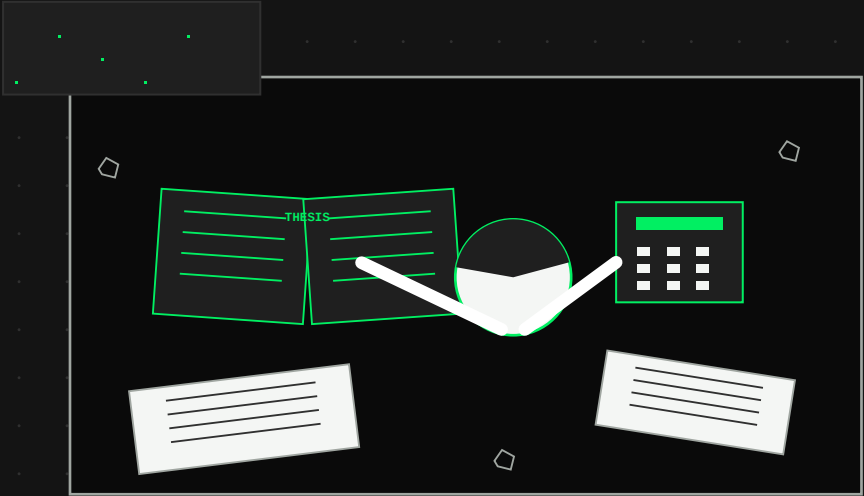
Sources & Further Reading

Contents

Disclaimer & Legal

REVIEW. RECORD. REFINE.

JOURNAL THE TRADE



THE PATTERN APPEARS AFTER THE REPS

FIG 09.3 THE REVIEW LOOP

PART III

PSYCHOLOGY

Your mindset is part of the position.

CHAPTERS IN THIS PART

10 THE PSYCHOLOGY OF TRADING

11 LIFE, MONEY & PERSPECTIVE

THE GUIDE

a normies guide
to memecoins

PART 01 / FOUNDATION

01. Introduction & Purpose
02. Core Technical Concepts
03. Types of Coins & What Drives Value

PART 02 / TRADING

04. How to Find Good Trades
05. KOLs, Influencers & Trust
06. Trading Platforms & Tools
07. Reading Charts
08. Reading the Market
09. Trade Execution

PART 03 / PSYCHOLOGY

10. The Psychology of Trading
11. Life, Money & Perspective

PART 04 / SAFETY

12. Staying Safe in Crypto

PART 05 / GETTING STARTED

13. Your First Steps

Sources & Further Reading

Contents

Disclaimer & Legal

CHAPTER 10 / PART 03

THE PSYCHOLOGY OF TRADING

Sections 7, 8, and 9 assume your judgment is online. This section covers the moments when fear, ego, urgency, or excitement starts operating the account. Every trader gets there. Edge begins with noticing it early.

\$ Trade the temperament you actually have

Some traders are fish. They prefer smaller positions, repeatable setups, regular profit-taking, and enough risk control to sleep. They are not hunting every 100X. Their edge is patience and clean compounding.

Others are monkeys. They accept high variance to pursue outsized outcomes. When conviction is real, they tolerate drawdowns and hold for the moonshot. Their style is concentrated, aggressive, and occasionally chaotic.

Neither profile is automatically better. Trouble starts when one copies the other after a painful outcome. A fish who missed a 100X may oversize the next weak setup. A monkey who exits at 3X before a move to 50X may force a conservative process they cannot execute.

Know your default. Adjust tactics when liquidity, flow, or market conditions change, but do not rebuild your identity after every candle. The rare trader can switch profiles without losing discipline. Most should build around their real strengths, name their weaknesses, and keep adaptation deliberate. Process beats envy.

TRADER ARCHETYPES



FISH

STEADY / PATIENT SMALLER SIZE COMPOUNDING WINS



MONKEY

HIGH CONVICTION HIGH VARIANCE MOONSHOT PROFILE

KNOW YOUR NATURE. ADAPT THE TACTIC.

FIG 10.1 TRADER MINDSET LOOP

- 01. Introduction & Purpose
- 02. Core Technical Concepts
- 03. Types of Coins & What Drives Value

- 04. How to Find Good Trades
- 05. KOLs, Influencers & Trust
- 06. Trading Platforms & Tools
- 07. Reading Charts
- 08. Reading the Market
- 09. Trade Execution

- 10. The Psychology of Trading
- 11. Life, Money & Perspective

- 12. Staying Safe in Crypto

- 13. Your First Steps
- Sources & Further Reading
- Contents
- Disclaimer & Legal

\$ The scarcity loop

Bad execution is not always a research problem. Scarcity tells you money is difficult to replace and every position may be the final route forward. It can come from earlier financial stress or pressure today, then follow you into the trenches unnoticed.

The symptoms look contradictory. You hold a winner beyond every target because a normal profit feels insufficient. You exit a strong setup early because unrealized loss feels unbearable. You oversize an average coin, panic through volatility, or leave dead capital parked because closing would make the missed opportunity official.

An ETH position held at breakeven for two years illustrates the problem. The opening thesis may have been reasonable. The process failed when the trader stopped re-evaluating and refused to rotate capital toward stronger flow. The same belief can turn a large portfolio into a roundtrip: this is the only shot, so every last point of upside must be captured.

Scarcity can affect anyone. Difficult circumstances make it louder, but wealth does not automatically remove it. Financial pressure converts ordinary decisions into emergencies. Once a trade has to rescue your life, thesis, sizing, invalidation, and patience all become harder to maintain.

Name the pressure before entering. A setup cannot carry the responsibility of fixing everything.

\$ When pressure becomes revenge

A trader can have real skill and still execute badly when money feels urgent. Scarcity plus revenge creates a simple trap: weak coins pass the filter because a pumping chart and possible 10x look like immediate relief. Speed replaces selectivity.

The first fix is often outside the market. Build an income floor that does not depend on the next candle. Where local wages are low, freelance graphic design, AI UGC content creation, or another marketable skill can reduce survival pressure. The work itself is less important than separating daily needs from trading PNL.

Then widen the time horizon. You do not need to make everything today, this week, or this month. One missed setup does not make the next chart mandatory. Keep improving pattern recognition, refine where you source ideas, and wait for conviction. Patience is also a position.

Do not aim to become emotionless. Aim to operate with rules. Before entry, define size, downside, invalidation, and targets. If a setup fails that review, a green candle does not repair it. Preserve enough capital and mental stability to act when a qualified opportunity appears. Calm execution gives real edge time to work. The source case began at 15 and reached a first million at 20; tenure still did not prevent revenge.

THE GUIDE

a normies guide
to memecoins

PART 01 / FOUNDATION

- 01. Introduction & Purpose
- 02. Core Technical Concepts
- 03. Types of Coins & What Drives Value

PART 02 / TRADING

- 04. How to Find Good Trades
- 05. KOLs, Influencers & Trust
- 06. Trading Platforms & Tools
- 07. Reading Charts
- 08. Reading the Market
- 09. Trade Execution

PART 03 / PSYCHOLOGY

- 10. The Psychology of Trading
- 11. Life, Money & Perspective

PART 04 / SAFETY

- 12. Staying Safe in Crypto

PART 05 / GETTING STARTED

- 13. Your First Steps

Sources & Further Reading

Contents

Disclaimer & Legal

\$ Rebuild the operator before the account

Patience keeps qualified lines in the water without turning every chart into a position. There is no requirement to make money today. High-conviction execution beats constant activity.

A large win does not automatically repair the psychology underneath it. Scarcity can stay quiet while the balance rises, then become dominant after a roundtrip. The trader starts forcing entries, comparing timelines, and demanding that each coin restore an old high.

When trading begins pulling you into a dark place, pause. Build a basic safety net outside crypto and give your nervous system time away from charts. Capital preservation includes the person operating the wallet. A warehouse job, freelance income, or another stable source of cash flow may improve execution more than another indicator.

Return only after auditing the process. Identify whether scarcity, revenge, or ego drove the last entries. Reduce activity, demand a written thesis, and wait for setups where conviction is supported by liquidity, narrative, and clear invalidation.

Do not borrow another trader's timeline. Someone may win earlier, hold longer, or catch a move you missed. None of that changes your next qualified decision. Comparison converts someone else's outcome into pressure on your sizing.

Keep learning and stay in motion, but separate motion from frantic clicking. The goal is a durable process that can survive both a large win and a painful loss. A trader who protects the operator can re-evaluate and return. A trader who ties identity to PNL eventually lets the market choose both. That is the real reset. The source case fell to 17\$ and 3k+ debt before turning 160\$ into 100k+ in just over a month; results this extreme are not a baseline or a promised 10x.

Scarcity becomes dangerous when every setup is expected to repair your life. Oversizing and weak entries start feeling justified because steady progress looks too slow. Red flags become details you cannot afford to hear.

Build a financial floor outside crypto before trying to trade through survival pressure. Once rent and daily needs are not attached to each candle, invalidation becomes easier to respect.

Structure positions as if future opportunities will exist. Set several profit targets before entry and define risk as a portfolio percentage. Would a trader with \$1 million risk 20% on one memecoin? If not, that concentration is not suddenly intelligent for a \$10k account. Cut when the thesis breaks, and calculate the opportunity cost of capital stuck in a coin with no flow.

Use scenarios instead of absolutes. Write the base case, upside case, and failure case before entry. Decide what evidence would strengthen or weaken each one. A pre-trade plan makes it harder for a moving candle to rewrite the thesis. Write those rules while calm. Mark what would justify adding, trimming, or closing so every action has a condition rather than a feeling.

- 01. Introduction & Purpose
- 02. Core Technical Concepts
- 03. Types of Coins & What Drives Value

- 04. How to Find Good Trades
- 05. KOLs, Influencers & Trust
- 06. Trading Platforms & Tools
- 07. Reading Charts
- 08. Reading the Market
- 09. Trade Execution

- 10. The Psychology of Trading
- 11. Life, Money & Perspective

- 12. Staying Safe in Crypto

- 13. Your First Steps

Sources & Further Reading

Contents

Disclaimer & Legal

When pressure rises, reduce size and frequency rather than demanding more from the market. A cooldown, trading journal, and fixed daily loss limit can stop one emotional entry from becoming a full-session leak. Opportunity is abundant. Capital and attention are not. For scale, the source case cites 17\$, 3k+ debt, and a move from 160\$ to 100k+; treat those figures as context, not a recovery promise.

\$ The fumble spiral

Missing a runner can damage the next several decisions. Maybe you found \$TRUMP or \$PNUT early and sold before the move, or watched both without entering. Now every chart resembles the opportunity you missed. You chase extension, increase size, and call it conviction. In reality you are trading the previous outcome.

The sequence is predictable: missed winner, FOMO, late entry, oversized position, refusal to book a normal profit, then another roundtrip because only a 10X feels sufficient. The market does not care that you need emotional repayment.

Interrupt the spiral by reviewing the current coin on its own thesis, liquidity, catalyst, and invalidation. If those are weak, step away. Every profitable trader misses life-changing moves. Longevity comes from accepting that without corrupting the next setup.

Stack smaller, well-executed wins until a genuine runner appears. The objective is not perfect capture. It is staying solvent, clear-headed, and ready when your edge is real.

Large wins are easier to hold when execution is already stable. You are rested, using sensible size, and reading the market without demanding repayment. That is a better setup than staring at charts at 4am because the last runner left without you.

FOMO says the window is closing. CT will always surface another chart, narrative, or rotation. You need enough clarity and capital to handle the next qualified setup.

\$ What a fumble really costs

Missed profit is only the visible damage. Confidence can erode, pushing one trader into aggressive revenge and another into avoiding valid risk. Both let the previous outcome manage the current position.

After a significant miss, isolate the failure. Was size too large? Did you ignore liquidity, security, or invalidation? Was there no exit plan? Did price action replace the thesis? Write the answer precisely.

Then create an operating rule. Be more careful is useless. Maximum position size of 3%, no entry after invalidation, or take the first target at the planned level can be audited.

You are not trying to win back a number. You are trying to make strong decisions from here. Revenge needs a destination; professional trading needs a process.

- 01. Introduction & Purpose
- 02. Core Technical Concepts
- 03. Types of Coins & What Drives Value

- 04. How to Find Good Trades
- 05. KOLs, Influencers & Trust
- 06. Trading Platforms & Tools
- 07. Reading Charts
- 08. Reading the Market
- 09. Trade Execution

- 10. The Psychology of Trading
- 11. Life, Money & Perspective

- 12. Staying Safe in Crypto

- 13. Your First Steps

Sources & Further Reading

Contents

Disclaimer & Legal

\$ Awareness before mastery

Reading cannot remove emotion, but it can shorten the spiral. A trader who recognizes the pattern after one bad entry pays less tuition than one who notices after ten. Awareness creates the pause where thesis, sizing, and downside can return.

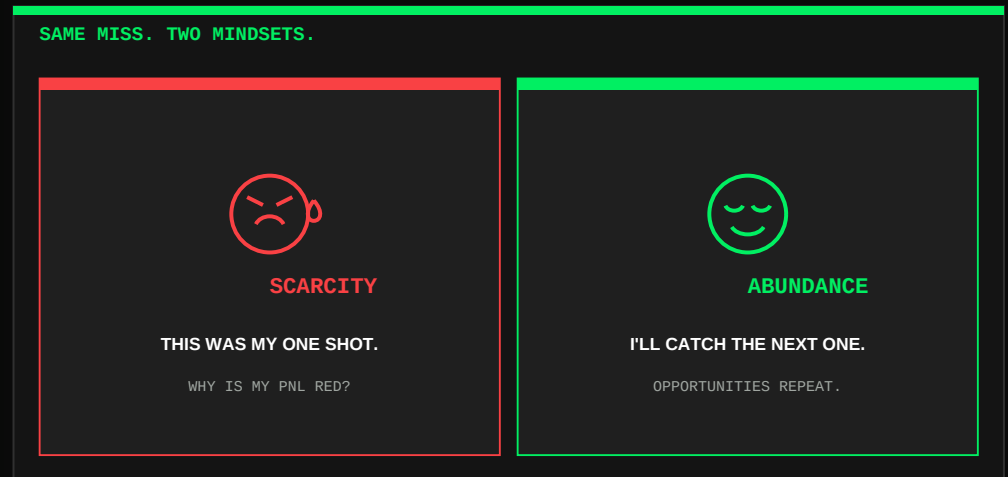


FIG 10.2 FOMO / FUD PRESSURE

Knowing a lesson is not the same as applying it while PNL moves. You can explain roundtrip risk and still refuse an exit, or describe revenge trading before aping the next candle. Knowledge becomes skill only when behavior changes under pressure.

Experience makes many lessons real. A warning may be recognized and still repeated. The practical objective is damage reduction: notice sooner, lower size, and review the thesis before one mistake becomes a sequence. Awareness is where theory starts becoming process.

\$ Build an accountability habit

Review every meaningful execution failure, not only red closes. A narrative you saw but never acted on deserves review. So does finding a coin early and freezing, ignoring a target, or holding beyond invalidation because the upside still looked attractive.

Record the setup, decision, reason, and required change. The goal is pattern detection, not self-punishment. Distinguish bad luck from bad process. Ego prefers vague explanations because they require no adjustment.

Include misses that made no money and mistakes that happened to finish green. A profitable outcome can still hide poor sizing, borrowed conviction, or a broken exit. Process review must ignore whether luck rescued the final PNL.

There is always another opportunity, but that phrase cannot excuse repeating the same miss twenty times. If one class of trade keeps passing, identify whether research speed, conviction, sizing, tooling, or fear is responsible. If exits keep failing, formalize targets before entry.

01. Introduction & Purpose
02. Core Technical Concepts
03. Types of Coins & What Drives Value

04. How to Find Good Trades
05. KOLs, Influencers & Trust
06. Trading Platforms & Tools
07. Reading Charts
08. Reading the Market
09. Trade Execution

10. The Psychology of Trading
11. Life, Money & Perspective

12. Staying Safe in Crypto

13. Your First Steps

Sources & Further Reading

Contents

Disclaimer & Legal

Let frustration provide information, then release it. Accountability should produce one better rule, not an identity crisis. Review the miss, update the process, and return without dragging the old position into the new one.

\$ Disciplined optimism

Enjoying the work is an advantage. Curious traders study longer, build more relationships, and recover from losses without treating every setback as a verdict. Fun does not replace discipline. It makes repetition sustainable.

A relaxed trader can trust pattern recognition while still checking thesis, liquidity, size, and invalidation. The objective is not recklessness. It is avoiding paralysis after the last loss.

Protect attention from other people's opinions. Doubt, mockery, and victory laps on X do not improve execution. Energy spent defending yourself is unavailable for research and risk management. Let the process answer.

Optimism needs structure. Believe improvement is possible, then produce evidence through action. Contact one more serious person, review one more wallet, study one more narrative, and remain active for one more cycle. Never use confidence to ignore downside or turn hope into a thesis.

Persistence guarantees nothing. It does increase the number of attempts, relationships, and observations from which edge can develop. That is the grounded version of manifestation: expectations change behavior.

Confidence without risk controls is delusion. Risk controls without confidence can become paralysis. Stay between them and keep downside visible.

\$ Life as a deliberate optimist

You do not need certainty. You need a process that participates in possibility without sacrificing survival. Keep showing up, re-evaluate honestly, and remain humble when the market disagrees. Stay constructive through the chop.

THE GUIDE

a normies guide
to memecoins

PART 01 / FOUNDATION

01. Introduction & Purpose
02. Core Technical Concepts
03. Types of Coins & What Drives Value

PART 02 / TRADING

04. How to Find Good Trades
05. KOLs, Influencers & Trust
06. Trading Platforms & Tools
07. Reading Charts
08. Reading the Market
09. Trade Execution

PART 03 / PSYCHOLOGY

10. The Psychology of Trading
11. Life, Money & Perspective

PART 04 / SAFETY

12. Staying Safe in Crypto

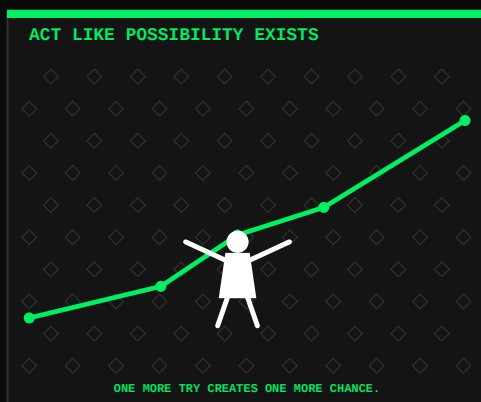
PART 05 / GETTING STARTED

13. Your First Steps

Sources & Further Reading

Contents

Disclaimer & Legal



LIFE AS A DELUSIONAL OPTIMIST

Pessimists are often right. Optimists are often wrong, but they are also often happy, rich, and full of love. Do you want to be right, or risk being wrong for a shot at an amazing life?

FIG 10.3 ATTENTION / STRESS / PERFORMANCE

THE GUIDE

a normies guide
to memecoins

PART 01 / FOUNDATION

- 01. Introduction & Purpose
- 02. Core Technical Concepts
- 03. Types of Coins & What Drives Value

PART 02 / TRADING

- 04. How to Find Good Trades
- 05. KOLs, Influencers & Trust
- 06. Trading Platforms & Tools
- 07. Reading Charts
- 08. Reading the Market
- 09. Trade Execution

PART 03 / PSYCHOLOGY

- 10. The Psychology of Trading
- 11. Life, Money & Perspective

PART 04 / SAFETY

- 12. Staying Safe in Crypto

PART 05 / GETTING STARTED

- 13. Your First Steps

Sources & Further Reading

Contents

Disclaimer & Legal

LIFE, MONEY & PERSPECTIVE

Most crypto guides stop at entries and exits. This section asks why you are taking the risk and what the outcome is supposed to change. Even without trading profit, a clearer framework for money, ambition, and time is valuable.

\$ Why asymmetric bets feel rational

Crypto participants are often dismissed as people who do not understand risk. That ignores the context many younger traders see. An older generation bought homes in their 20s and watched them appreciate by their 40s. Wages in many fields have struggled against housing for roughly 30 years. Loyalty offers less protection, pensions are rarer, and AI can complete some junior work in seconds.

Social media magnifies the gap. Instead of comparing yourself with a few neighbors, you compare against an endless global feed. Someone your age always appears to earn more while working four hours from Bali. The reference set has no boundary, so falling behind has no natural endpoint.

In that environment, asymmetric bets can appear rational. Forty years toward an uncertain retirement may feel less attractive than a volatile market with meaningful upside. That explains the appeal. It does not make every memecoin intelligent.

The healthier response is to keep two systems alive: conventional resilience and asymmetric opportunity. Maintain income, skills, and a safety net while allocating only survivable capital to high-variance setups. The floor lets you stay in the game when a thesis fails.

Nobody can predict the full effect of current technology. A claim that 90% of white-collar jobs could be replaced by agentic AI in 10 years is a hypothetical, not a forecast. Keep employable skills, continue education where appropriate, and never place all savings into trading.

Study opportunity without feeling guilty, then manage it like risk.

\$ Define what making money means

Quitting a job, clearing debt, buying a house, retiring early, buying time, and buying status are different objectives. For many people in their 20s and 30s, reducing a mortgage is concrete. A \$200K mortgage costs more than \$200K once interest and years of obligation are included.

Using the source's illustrative assumptions, a \$200K mortgage over 25 years can produce payments near \$350K. That is about \$150K above principal, or roughly \$6,000 per year in interest. Actual totals depend on rates, terms, taxes, fees, and local rules. The durable point is that debt consumes future cash flow and choice.

- 01. Introduction & Purpose
- 02. Core Technical Concepts
- 03. Types of Coins & What Drives Value

- 04. How to Find Good Trades
- 05. KOLs, Influencers & Trust
- 06. Trading Platforms & Tools
- 07. Reading Charts
- 08. Reading the Market
- 09. Trade Execution

- 10. The Psychology of Trading
- 11. Life, Money & Perspective

- 12. Staying Safe in Crypto

- 13. Your First Steps

Sources & Further Reading

Contents

Disclaimer & Legal

\$ Convert upside into freedom

A large down payment or outright home purchase can reduce financial pressure. Lower fixed costs create room to change jobs, build a business, support family, or take career risk. Money used deliberately buys real options.

This goal will not fit everyone, but it is more durable than a Lamborghini or an X flex. Status creates another bill. A smaller obligation changes daily life.

If the balance becomes life-changing, secure the foundation before upgrading the lifestyle. Take profits, understand tax obligations, and move enough outside the trading account that one bad rotation cannot erase the outcome.

\$ When progress feels blocked

A difficult zone appears when bills are covered but ownership, time, and meaningful work remain out of reach. The mind searches for leverage, making crypto, prediction markets, sports betting, and other high-variance venues look like exits.

Recognize that pressure before it chooses your sizing. Frustration explains why a moonshot feels attractive; it does not improve the odds. A defined objective, survivable downside, and real invalidation turn vague escape-seeking into a decision you can evaluate.

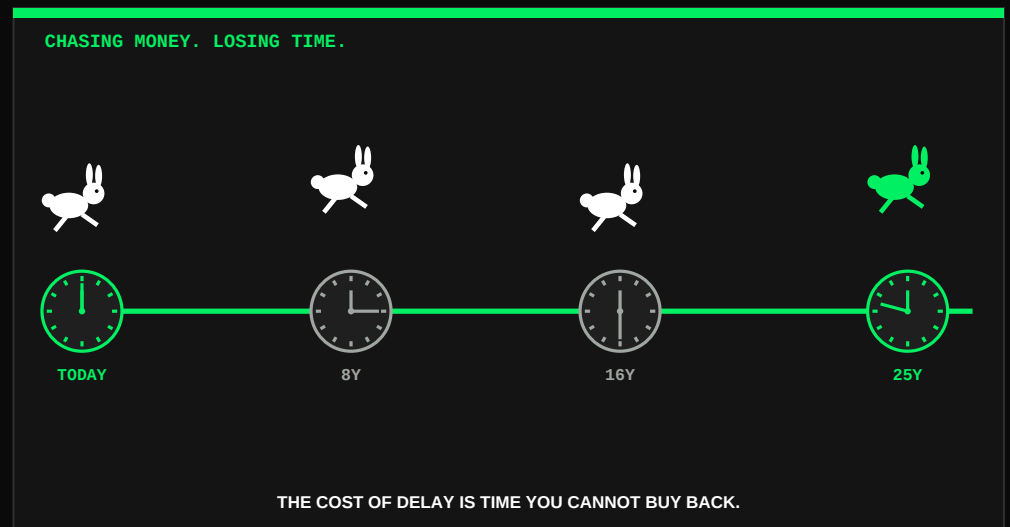


FIG 11.1 MONEY / TIME EQUATION

The trap is psychological. When conventional progress feels unavailable, high-variance speculation can look like the only route with agency. Crypto, prediction markets, sports betting, and the casino all sell that possibility.

Participants may understand the odds and still prefer a poor chance of escape to guaranteed stagnation. The logic is understandable. Desperation still produces bad execution.

Use asymmetry deliberately. Keep failure survivable, require a thesis, and take profits toward a specific objective. The casino remains a casino, but one outcome does not need to own your future.

- 01. Introduction & Purpose
- 02. Core Technical Concepts
- 03. Types of Coins & What Drives Value

- 04. How to Find Good Trades
- 05. KOLs, Influencers & Trust
- 06. Trading Platforms & Tools
- 07. Reading Charts
- 08. Reading the Market
- 09. Trade Execution

- 10. The Psychology of Trading
- 11. Life, Money & Perspective

- 12. Staying Safe in Crypto

- 13. Your First Steps

Sources & Further Reading

Contents

Disclaimer & Legal

That means separating speculative capital from the money required for housing, taxes, emergencies, and normal life. It also means declining a setup when downside cannot be explained. Agency comes from choosing risk, not from pretending risk is absent.

\$ Decide before the money arrives

A first serious win can create anxiety rather than relief. An illustrative 50K or 100K balance is life-changing for many people, but it also creates something meaningful to lose. A trader may become irrationally protective, or reckless because the balance feels like proof of genius.

Money can distort relationships. Some winners treat friends who do not trade memecoins as inferior. Others publish the balance, then discover that attention changes when people know. Remember who acted well before the number moved.

Anxiety creates another roundtrip. The trader holds 100K because 500K feels close, or increases risk to secure gains by making more. Luxury purchases can display wealth without buying freedom, forcing another return to the trenches.

Define the tool's job in advance: time, a house, family security, freedom from a job, or business capital. Write the target, the amount to withdraw, and what remains available for risk. A rule created before euphoria has a better chance of surviving it.

When the target arrives, follow the instruction written by your calmer self. Take profits, plan for taxes, reduce the mortgage, make the down payment, or fund the goal. The first million may transform a life while a second adds less practical freedom. Calling that 100x versus 105x is illustrative, not mathematical. Locking in is part of winning. Bank the win.

Do not risk a durable outcome for another screen digit. If every target becomes the start of a larger target, a life-changing portfolio can still return to zero.

\$ Think in asymmetric systems

Crypto has an unusual payoff distribution. With controlled size, downside is limited to committed capital. A correct read on a coin, narrative, or cycle can produce 10X, 50X, or 100X. Those outcomes are rare and never guaranteed, but the shape is asymmetric: survivable loss against potentially transformative upside.

For people in their 20s and 30s, the same structure exists elsewhere. A failed business can leave skills, contacts, and proof of execution. A personal brand costs time while distribution can compound. A scarce skill creates leverage across future roles.

Durable wealth often comes from several structured asymmetric bets instead of one perfectly safe path for forty years. Structured means defined downside, controlled exposure, and enough resources to try again. Skills, networks, reputation, and capital can compound into the next attempt.

THE GUIDE

a normies guide
to memecoins

PART 01 / FOUNDATION

- 01. Introduction & Purpose
- 02. Core Technical Concepts
- 03. Types of Coins & What Drives Value

PART 02 / TRADING

- 04. How to Find Good Trades
- 05. KOLs, Influencers & Trust
- 06. Trading Platforms & Tools
- 07. Reading Charts
- 08. Reading the Market
- 09. Trade Execution

PART 03 / PSYCHOLOGY

- 10. The Psychology of Trading
- 11. Life, Money & Perspective

PART 04 / SAFETY

- 12. Staying Safe in Crypto

PART 05 / GETTING STARTED

- 13. Your First Steps

Sources & Further Reading

Contents

Disclaimer & Legal

Look for bets that improve the next bet even when they fail. A new skill, distribution channel, trusted relationship, or operating system can survive the immediate outcome. That is higher-quality asymmetry than a coin whose only residue is PNL. Favor attempts that leave useful assets behind.

Reading is only preparation. The test is whether you use sensible sizing, planned profit-taking, honest re-evaluation, and enough self-awareness to stop greed or scarcity from dismantling the result.

Use capital to buy time and choice before displaying status. A house, safety net, useful skill, and trusted relationships can keep producing value after a position closes.

You control the process, not every outcome. Take risks that leave room for another attempt. When a bet works, convert part of it into something durable. When it fails, preserve enough capital and confidence to learn. Protect the floor, pursue the upside, and know what success is meant to change.

\$ Remember to look up

Life is not a holding pattern before the next achievement. It is happening while you research, trade, work, and plan.

Ambition can make every day feel like preparation. After the next target, promotion, or portfolio milestone, then you will rest. Progress immediately creates another target.

Discipline is useful, but constant optimization can become a refusal to inhabit your own life. You can sprint past quiet mornings, unplanned Tuesday nights, stupid jokes, and small wins that never appear on a dashboard. Those moments are not distractions. They are much of what the mission is supposed to protect.

You can work hard and recover. Rest does not invalidate conviction; it keeps the operator capable of making decisions.

If every year is sacrificed to a future version of life, the future keeps moving and the present never gets used. The goal is not escape. It is enough freedom to experience life more fully.

The mortgage paid, options created, and time bought matter only if you remain present enough to use them. Trade well and lock in when required. Also close the screen, protect relationships, and notice the world outside the candle.

Build the future without treating today as disposable. Look around while moving forward. This part counts too, right now.

THE GUIDE

a normies guide
to memecoins

PART 01 / FOUNDATION

01. Introduction & Purpose
02. Core Technical Concepts
03. Types of Coins & What Drives Value

PART 02 / TRADING

04. How to Find Good Trades
05. KOLs, Influencers & Trust
06. Trading Platforms & Tools
07. Reading Charts
08. Reading the Market
09. Trade Execution

PART 03 / PSYCHOLOGY

10. The Psychology of Trading
- 11. Life, Money & Perspective**

PART 04 / SAFETY

12. Staying Safe in Crypto

PART 05 / GETTING STARTED

13. Your First Steps

Sources & Further Reading

Contents

Disclaimer & Legal

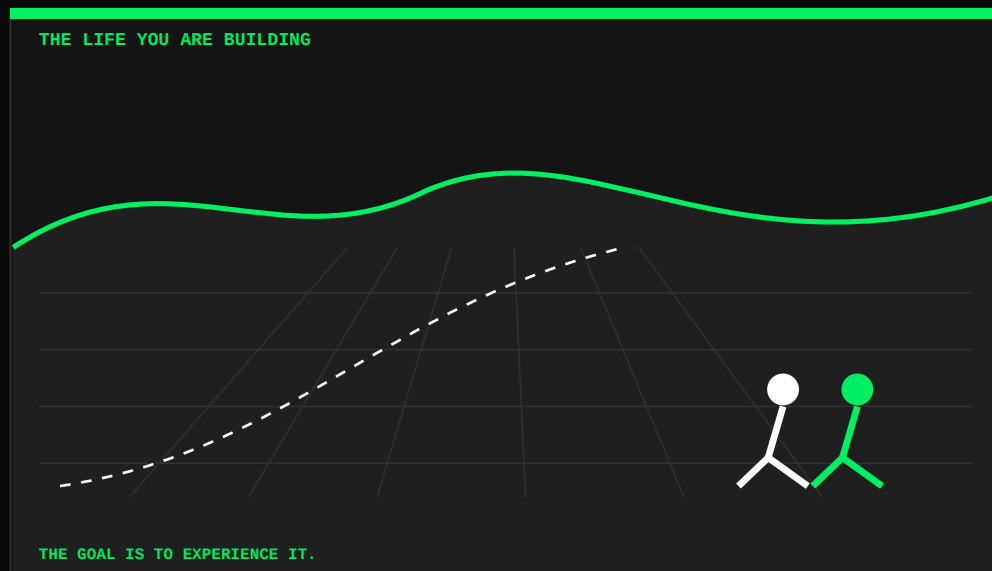


FIG 11.2 RISK / PERSPECTIVE

PART IV

SAFETY

Protect the account before chasing the upside.

CHAPTERS IN THIS PART

12 STAYING SAFE IN CRYPTO

04

THE GUIDE

a normies guide
to memecoins

PART 01 / FOUNDATION

01. Introduction & Purpose
02. Core Technical Concepts
03. Types of Coins & What Drives Value

PART 02 / TRADING

04. How to Find Good Trades
05. KOLs, Influencers & Trust
06. Trading Platforms & Tools
07. Reading Charts
08. Reading the Market
09. Trade Execution

PART 03 / PSYCHOLOGY

10. The Psychology of Trading
11. Life, Money & Perspective

PART 04 / SAFETY

12. Staying Safe in Crypto

PART 05 / GETTING STARTED

13. Your First Steps

Sources & Further Reading

Contents

Disclaimer & Legal

CHAPTER 12 / PART 04

STAYING SAFE IN CRYPTO

One careless signature can compromise an entire wallet. Security belongs inside the trading process, not on a checklist for later.

You do not need to live in fear. You need habits that assume links, DMs, devices, and platforms can fail. Healthy paranoia means verifying first, limiting exposure, and structuring custody so one mistake cannot reach everything. The source cites 20–30 friends as warning cases.



FIG 12.1 SECURITY LAYERS

Crypto balances rarely have bank-style protection. Reduce both the chance of compromise and the amount one failure can reach.

Security is a habit. Check domains twice, use verified bookmarks, keep the seed phrase offline in durable backups, and keep portfolio size private. One distracted click is enough for an attacker who is fully focused. Rehearse the secure path twice before the trenches get loud. Use a dedicated browser profile for crypto, remove extensions you do not need, and pause whenever a wallet prompt differs from the action you intended.

\$ Common loss paths

- > Phishing links: a fake site copies the interface but changes one URL character. Navigate from a verified bookmark.
- > Fake support: a DM claims to represent a wallet app or exchange and asks for the seed phrase. Legitimate support does not need it.
- > Discord or Telegram DMs: a friendly stranger builds trust, then sends a project link. Verify independently.
- > Hacked X accounts: a familiar dev or KOL posts a contract address or mint link after compromise. Confirm through multiple official channels.

- 01. Introduction & Purpose
- 02. Core Technical Concepts
- 03. Types of Coins & What Drives Value

- 04. How to Find Good Trades
- 05. KOLs, Influencers & Trust
- 06. Trading Platforms & Tools
- 07. Reading Charts
- 08. Reading the Market
- 09. Trade Execution

- 10. The Psychology of Trading
- 11. Life, Money & Perspective

- 12. Staying Safe in Crypto

- 13. Your First Steps

Sources & Further Reading

Contents

Disclaimer & Legal

- > Honeypots: a chart rises, but buyers cannot sell because permissions such as freeze authority remain active. Use the LP safety checks from Part I.
- > Fake airdrops: unknown tokens invite interaction. Do not sell, approve, or connect before confirming the source.

\$ Understand custody

A centralized exchange (CEX) offers fast trading and card withdrawals, but it controls the wallet. Withdrawals can freeze, the platform can be hacked, or the business can fail. Part I explains seed phrases, private keys, and self-custody. Mt. Gox, FTX, and Cryptopia remain reminders that convenience is not ownership.

Use a CEX for necessary activity, not as the default vault for long-term holdings. Keep the working balance limited and move durable custody into a setup you understand.

Any CEX can pause withdrawals or restrict an account. Triggers may include assets flagged as dirty or tainted through mixers or hacked contracts, suspicious scam-token activity, compliance reviews, system errors, or factors the customer cannot see.

Keep only a working balance on an exchange. Move long-term funds into custody you understand. The rule remains: not your keys, not your wallet.

\$ Hot wallets

A hot wallet uses an internet-enabled device for transactions, signatures, and dapp access. Convenience creates exposure to phishing, malicious extensions, compromised devices, and careless approvals.

Verify the official domain and inspect every signature. A polished giveaway site with familiar branding can still be a drain. Treat an unsolicited claim link as a 99.9% scam signal.

Keep only a working balance in hot wallets so one compromise cannot reach long-term holdings. Give experimental activity its own limited wallet.

\$ Cold wallets

A cold wallet keeps private keys offline. Hardware devices such as Trezor sign inside the device, reducing exposure to the computer or internet. Protection is not automatic. Verify the destination, network, amount, and approval on the hardware screen before confirming.

- 01. Introduction & Purpose
- 02. Core Technical Concepts
- 03. Types of Coins & What Drives Value

- 04. How to Find Good Trades
- 05. KOLs, Influencers & Trust
- 06. Trading Platforms & Tools
- 07. Reading Charts
- 08. Reading the Market
- 09. Trade Execution

- 10. The Psychology of Trading
- 11. Life, Money & Perspective

- 12. Staying Safe in Crypto**

- 13. Your First Steps
- Sources & Further Reading
- Contents
- Disclaimer & Legal

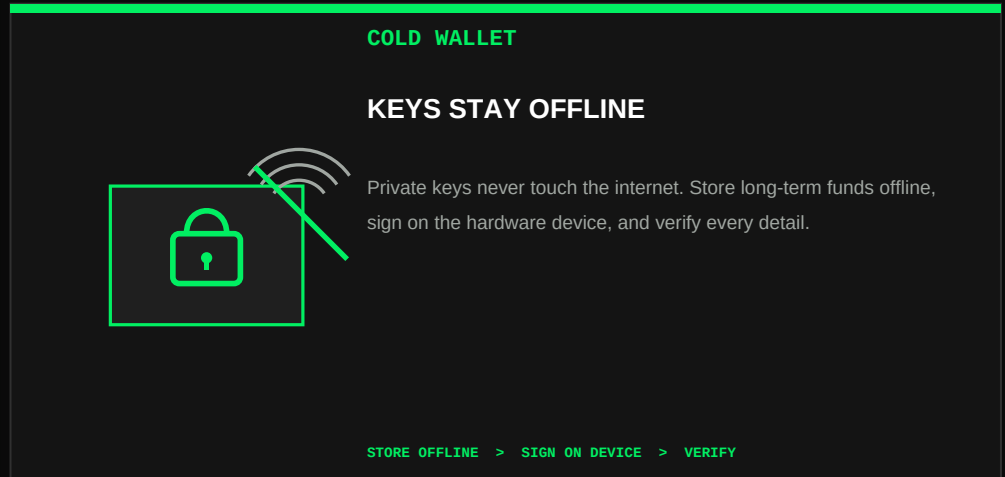


FIG 12.2 THREAT SURFACE

A cold wallet separates long-term custody from daily browsing. Hardware still cannot make a malicious approval safe. Read the device display, verify the destination, and reject anything unclear. Buy directly from the manufacturer's verified site, never second-hand.

\$ Choosing a device

Priorities vary between simple recovery, maximum protection, and mobility. Keystone, Ledger, and Trezor are common options. Compare current documentation and recent YouTube reviews, then verify claims with the manufacturer. Choose deliberately.

\$ Seed phrase handling

The seed phrase, often 12–24 words, can recover the wallet. Never share it or save it in cloud storage, notes, messenger, email, or a phone photo.

Record the exact order on paper or metal. Keep more than one complete backup in secure locations protected from theft, fire, water, and wear. Do not store the device beside its only recovery copy.

Some people split 12 out of 24 words across locations. Improvised splitting can weaken security or make recovery impossible. Use no scheme without understanding its failure modes and maintaining a complete, tested recovery path.

Verify recovery through the vendor's official procedure before meaningful funds arrive. Never enter the phrase into a random site or ordinary internet-connected computer.

An encrypted offline drive such as a VeraCrypt disk is complex and unsafe for many beginners. Durable offline paper or metal is easier to audit. Test recovery without exposing the words.

THE GUIDE

a normies guide
to memecoins

PART 01 / FOUNDATION

01. Introduction & Purpose
02. Core Technical Concepts
03. Types of Coins & What Drives Value

PART 02 / TRADING

04. How to Find Good Trades
05. KOLs, Influencers & Trust
06. Trading Platforms & Tools
07. Reading Charts
08. Reading the Market
09. Trade Execution

PART 03 / PSYCHOLOGY

10. The Psychology of Trading
11. Life, Money & Perspective

PART 04 / SAFETY

12. Staying Safe in Crypto

PART 05 / GETTING STARTED

13. Your First Steps
- Sources & Further Reading
- Contents
- Disclaimer & Legal

\$ Separate custody by purpose

Do not let one key, device, or location control every asset. Keep only the daily execution balance in an active wallet and long-term holdings in a separate cold wallet. For genuinely large exposure, research multisig, which requires multiple approvals. One compromised key should not empty the system.

Review known addresses for unexpected activity and keep portfolio size private. Public balances and casual conversations can invite phishing, social engineering, robbery, or coercion. Friends and family do not need exact numbers.

\$ Keep recovery simpler than the threat

Some holders disguise a written seed phrase. Home-built encoding creates another failure mode: forgetting the method, recording it incorrectly, or leaving heirs unable to recover.

Prioritize secure locations, durable materials, access controls, and a recovery design you can test without exposing real words. Never place a genuine seed phrase in an example or online tool. Recovery should remain clear to an authorized person years later.

Encoding cannot replace complete offline backups. Any transformation must remain recoverable years later under stress. A backup that defeats its owner is not security.

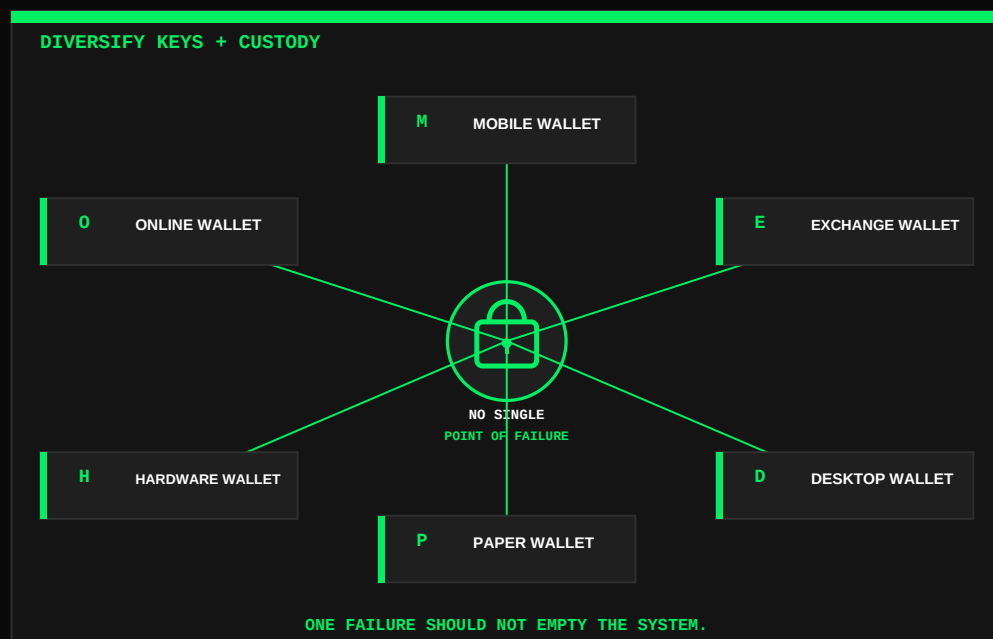


FIG 12.3 RECOVERY SYSTEM

\$ Why homemade encoding can fail

Steganography hides information inside ordinary text, such as placing a secret word at every second position. Numbering and shuffling writes all 12 words, then changes their order. Code words use private substitutions, such as cat meaning apple or dog meaning banana.

- 01. Introduction & Purpose
- 02. Core Technical Concepts
- 03. Types of Coins & What Drives Value

- 04. How to Find Good Trades
- 05. KOLs, Influencers & Trust
- 06. Trading Platforms & Tools
- 07. Reading Charts
- 08. Reading the Market
- 09. Trade Execution

- 10. The Psychology of Trading
- 11. Life, Money & Perspective

- 12. Staying Safe in Crypto

- 13. Your First Steps
- Sources & Further Reading
- Contents
- Disclaimer & Legal

These methods may slow a casual finder, but they are not proven custody standards. A forgotten sequence, ambiguous code, damaged page, or unavailable family member can permanently lock out the owner. Keep a complete, tested recovery path in secure offline storage. Never practice with a real seed phrase in software, chat, or cloud documents.

Prepare for theft, fire, coercion, memory loss, and recovery years later. Avoid any system that depends on perfect recall under stress.

Healthy paranoia reduces information leakage, separates wallets, verifies backups, and ensures one event cannot reach everything. Build the plan while calm and test it before significant funds depend on it.

TEXT STEGANOGRAPHY

Since Everyone Can Read, Encoding Text In Neutral Sentences Is Doubtfully Effective.

READ THE FIRST LETTER OF EACH WORD

SECRET INSIDE

FIG 12.4 SEED-BACKUP DECISIONS

\$ Bot promotion is not research

Paste a new coin's CA into X and open Latest. Automated posts often funnel readers into private Telegram call channels.

The pattern is familiar: no thesis, no entry logic, and heavy emphasis on how many X's followed a call. Some operators scan many launches with a Telegram bot, then publicize only the winners.

Treat that output as marketing, not repeatable edge. Keep searching for original analysis from identifiable people. Context is the signal.

Human posts usually provide context bots avoid. Search both the CA (contract address) and ticker \$..., then compare Latest with Top. Look for narrative, catalyst, risk, and source material instead of repetitive call templates.

The BIP360 examples show 1) narrative and 2) researcher context. Thoughtful outreach can build useful relationships, but keep normal DM and link precautions.

A group icon above Pablo's name shows that the post came from an X community also named BIP360. Communities coordinate discussion and amplify posts through engagement, creating more impressions and potential buyers. That activity can also be bottled.

- 01. Introduction & Purpose
- 02. Core Technical Concepts
- 03. Types of Coins & What Drives Value

- 04. How to Find Good Trades
- 05. KOLs, Influencers & Trust
- 06. Trading Platforms & Tools
- 07. Reading Charts
- 08. Reading the Market
- 09. Trade Execution

- 10. The Psychology of Trading
- 11. Life, Money & Perspective

- 12. Staying Safe in Crypto

- 13. Your First Steps

Sources & Further Reading

Contents

Disclaimer & Legal

Treat the community as one research surface. Verify the CA, read pinned material, inspect discussion quality, and find evidence outside the group before forming conviction.

The BIP360 community bio contains the CA and its pinned post explains the narrative. Neither makes every link inside the group safe. Moderators may be inactive, unfamiliar with a tactic, or too slow to remove a drain.

A post saying dev live active shows 231 comments, volume that can be bottled to push phishing upward. The link imitates pumpfun, a major memecoin launchpad, and asks the user to connect a wallet.

Inspect every character in the destination. Pùmp-fun.com and Pump-fun.com are different domains; one altered character is enough to route you to a clone. These spellings are illustrative, not recommended addresses. Real copies may also change a subdomain or extension. Navigate from a verified official bookmark.

A familiar sender can still be compromised or running long-term social engineering. Confirm the domain through an independent official channel, inspect the wallet prompt, and use a limited-purpose hot wallet where appropriate. Verification is part of execution.

If execution feels rushed, stop. A legitimate setup can wait for verification. A drained wallet cannot be restored by noticing the wrong URL afterward.

Telegram groups create another attack surface. Established communities may have active moderators and link filters. New launches often do not. Treat moderation quality as unproven.

Be cautious when anyone DMs first, including a contact who spent months building rapport. Time in chat is not proof of intent.

Common approaches include:

- > A stranger offers game work and asks you to download a build. The file is malware designed to control the computer and reach wallets.
- > Someone shares alpha on an unfamiliar chain, builds trust, then directs you to a honeypot that cannot be sold. The chats disappear afterward.
- > A person asks you to test an AI trading bot, requests payment or a deposit, and uses fabricated results. The bot may not exist.

The pressure pattern repeats: exclusivity, urgency, unfamiliar software, a new domain, or an approval you did not plan. If they approached first, raise the verification standard.

If an offer sounds too good to be true, it is 99.9% likely to deserve rejection or deeper review.

Confirm destinations from official sources, use bookmarks, inspect wallet prompts, and ask someone knowledgeable when unsure. Keep high-value custody separate from the exploratory hot wallet. Keep devices updated, remove unknown downloads, and never install software because a DM created urgency. If something suspicious was opened, disconnect, stop signing, and move carefully through a verified incident-response path.

THE GUIDE

a normies guide
to memecoins

PART 01 / FOUNDATION

- 01. Introduction & Purpose
- 02. Core Technical Concepts
- 03. Types of Coins & What Drives Value

PART 02 / TRADING

- 04. How to Find Good Trades
- 05. KOLs, Influencers & Trust
- 06. Trading Platforms & Tools
- 07. Reading Charts
- 08. Reading the Market
- 09. Trade Execution

PART 03 / PSYCHOLOGY

- 10. The Psychology of Trading
- 11. Life, Money & Perspective

PART 04 / SAFETY

- 12. Staying Safe in Crypto

PART 05 / GETTING STARTED

- 13. Your First Steps
- Sources & Further Reading
- Contents
- Disclaimer & Legal

Default to no. Healthy paranoia is a system. Slow down, verify twice, limit the exposed balance, and never let social pressure choose the click.

PART V

GETTING STARTED

05

Turn the guide into a repeatable routine.

CHAPTERS IN THIS PART

13 YOUR FIRST STEPS

THE GUIDE

a normies guide
to memecoins

PART 01 / FOUNDATION

01. Introduction & Purpose
02. Core Technical Concepts
03. Types of Coins & What Drives Value

PART 02 / TRADING

04. How to Find Good Trades
05. KOLs, Influencers & Trust
06. Trading Platforms & Tools
07. Reading Charts
08. Reading the Market
09. Trade Execution

PART 03 / PSYCHOLOGY

10. The Psychology of Trading
11. Life, Money & Perspective

PART 04 / SAFETY

12. Staying Safe in Crypto

PART 05 / GETTING STARTED

13. Your First Steps

Sources & Further Reading

Contents

Disclaimer & Legal

YOUR FIRST STEPS

The theory is finished. This section turns it into a setup you can operate. Complete the steps in order so funding never arrives before custody, backups, and information flow are ready. Sequence matters here, especially before funding.

\$ Step 1: Set up the fomo trading wallet

Download the fomo app from its verified official listing. At signup, code `spyzer` provides a 10% discount on trading fees. It is also the referral arrangement that compensates the guide's author, so the incentive is disclosed plainly.

<https://fomo.family/r/spyzer>

Section 6, Trading platforms & tools, explains the workflow. Before depositing, open Account, Settings, Account, then Export. Follow fomo's current official instructions to create an offline backup of each wallet's private key. Never expose it in chat, cloud notes, screenshots, or an untrusted device. Store the backup securely and confirm you understand recovery before sending a single dollar.

\$ Step 2: Create a separate Phantom wallet

Install Phantom from its verified official mobile and browser listings. During setup, choose recovery by seed phrase instead of the email-based route. Record the 12 words offline in exact order. Do not screenshot them, place them in notes, or enter them anywhere except Phantom's verified recovery flow. Keep two durable copies in separate secure locations.

Use this Phantom wallet for blockchain navigation, separate from the fomo trading wallet. Do not import the fomo wallet unless you fully understand that doing so removes part of the security separation. One compromised wallet should not expose the other.

For significant long-term holdings, consider a hardware wallet bought directly from the verified manufacturer. Ledger, Trezor, and Tangem are established options, but review current documentation and recent YouTube reviews before choosing.

\$ Step 3: Fund the trading wallet

Inside fomo, you can buy USDC with a credit or debit card. If top-up is unavailable, a CEX such as Kraken can be used to buy crypto and withdraw it to fomo.

- > fomo Solana address: send \$SOL
- > fomo Ethereum address: send \$ETH
- > Match every other asset to its correct chain

- 01. Introduction & Purpose
- 02. Core Technical Concepts
- 03. Types of Coins & What Drives Value

- 04. How to Find Good Trades
- 05. KOLs, Influencers & Trust
- 06. Trading Platforms & Tools
- 07. Reading Charts
- 08. Reading the Market
- 09. Trade Execution

- 10. The Psychology of Trading
- 11. Life, Money & Perspective

- 12. Staying Safe in Crypto

13. Your First Steps

Sources & Further Reading

Contents

Disclaimer & Legal

Send a small test first. Once received, swap to USDC, or cash, inside the app. fomo can handle bridging across supported chains, but always verify the selected network, destination, amount, and current fees before confirming.

Start with an amount you can lose completely without changing your life. If the loss would affect rent, debt, sleep, or relationships, the size is too large. Early deposits are tuition for learning execution.

\$ Step 4: Build an X research feed

X is where narratives form, traders publish theses, and networks develop. Follow people who explain their reasoning, not accounts that post 15 coins per day with targets and no invalidation. Smaller consistent researchers can be more useful than a large account that only displays wins.

Build the feed in layers. Mix traders, builders, analysts, security researchers, and skeptical voices so one narrative cannot monopolize attention. Use lists or bookmarks to separate fast-moving flow from material worth studying later. Regularly remove accounts that add urgency without evidence.

Post your own thinking. Share a coin thesis, a question, or a market observation. Writing forces you to separate conviction from vibes, even when nobody is following yet. Starting at 0 followers is normal. State what would invalidate the idea, then revisit it after the move. Public thinking is useful only when it improves the process, not when engagement starts choosing the trade.

Treat every post as a lead. Confirm the CA, timestamp, liquidity, and original source before acting. A respected account can be wrong, compromised, paid, or simply operating on a different timeframe. Borrow information, never conviction.

The directory that follows is a starting point, not an endorsement of every past or future action. Research each account and decide what belongs in your feed. The list mixes memecoin traders, macro voices, builders, analysts, content creators, and shitposters to create a wider view of CT flow.

Do not follow everyone at once. X may temporarily restrict rapid follow activity. Add around 20 accounts at a time across different days and let the feed calibrate gradually. The list is not exhaustive, and omission is not criticism.

Several people also peer reviewed this guide without compensation. Start with these three:

https://x.com/Ga__ke
https://x.com/monke_
<https://x.com/C1phervoyager>

\$ Reviewers, translation, and the wider feed

Begin with the remaining peer reviewers and verify each account independently:

<https://x.com/Just2Addicted>

THE GUIDE

a normies guide
to memecoins

PART 01 / FOUNDATION

- 01. Introduction & Purpose
- 02. Core Technical Concepts
- 03. Types of Coins & What Drives Value

PART 02 / TRADING

- 04. How to Find Good Trades
- 05. KOLs, Influencers & Trust
- 06. Trading Platforms & Tools
- 07. Reading Charts
- 08. Reading the Market
- 09. Trade Execution

PART 03 / PSYCHOLOGY

- 10. The Psychology of Trading
- 11. Life, Money & Perspective

PART 04 / SAFETY

- 12. Staying Safe in Crypto

PART 05 / GETTING STARTED

13. Your First Steps

Sources & Further Reading

Contents

Disclaimer & Legal

<https://x.com/IceSlayerMan>
<https://x.com/Cypherpunkgod>
<https://x.com/chjokka>

AU (@au_xbt) translated and formatted the Chinese edition voluntarily:

https://x.com/au_xbt

Continue with the broader directory:

<https://x.com/spyzer>
https://x.com/game_for_one
<https://x.com/mert>
<https://x.com/toly>
<https://x.com/xydotdot>
https://x.com/real_y22
<https://x.com/watchingmarkets>
<https://x.com/ieatjeets>
<https://x.com/JW100x>
<https://x.com/Cryptotrissy>
<https://x.com/DecentrilizOrDie>
<https://x.com/zachxbt>
<https://x.com/cryptoleon>
<https://x.com/AlphaHunte19762>
<https://x.com/miragemunny>
<https://x.com/0xBossman>
https://x.com/poe_real69
<https://x.com/wizardofsoho>
<https://x.com/HsakaTrades>
<https://x.com/rajgokal>
https://x.com/fey_xbt
<https://x.com/frankdegods>
<https://x.com/bitbellaa>
https://x.com/trading_axe
<https://x.com/HopiumPapi>
<https://x.com/SOLBigBrain>
<https://x.com/metaversejoji>
<https://x.com/cozypront>
<https://x.com/daumenxyz>
https://x.com/aixbt_agent
<https://x.com/cryptolyxe>
<https://x.com/trader1sz>
https://x.com/rasmr_eth
<https://x.com/KookCapitalLLC>
https://x.com/wrld_sol
<https://x.com/slingoorio>
<https://x.com/DegenerateNews>
<https://x.com/gudmansachs>
<https://x.com/moonshot>
<https://x.com/Pumpfun>
<https://x.com/bonkfun>
<https://x.com/NewsyJohnson>
<https://x.com/SolidTradesz>
<https://x.com/shahh>
<https://x.com/dxrnell>

THE GUIDE

a normies guide
to memecoins

PART 01 / FOUNDATION

- 01. Introduction & Purpose
- 02. Core Technical Concepts
- 03. Types of Coins & What Drives Value

PART 02 / TRADING

- 04. How to Find Good Trades
- 05. KOLs, Influencers & Trust
- 06. Trading Platforms & Tools
- 07. Reading Charts
- 08. Reading the Market
- 09. Trade Execution

PART 03 / PSYCHOLOGY

- 10. The Psychology of Trading
- 11. Life, Money & Perspective

PART 04 / SAFETY

- 12. Staying Safe in Crypto

PART 05 / GETTING STARTED

13. Your First Steps

Sources & Further Reading

Contents

Disclaimer & Legal

<https://x.com/MustStopMurad>
<https://x.com/WazzCrypto>
<https://x.com/roboPBOC>
<https://x.com/fomomofosol>
<https://x.com/ShockedJS>
<https://x.com/degengambleh>
<https://x.com/0xSweep>
<https://x.com/notthreadguy>
https://x.com/patty_fi
<https://x.com/blknoiz06>
<https://x.com/DataC58218>
<https://x.com/traderpow>
<https://x.com/thokani>
<https://x.com/suganarium>
<https://x.com/cryptokillua99>
https://x.com/0xx_Hammy
<https://x.com/redemptionarcc>
<https://x.com/feikuu>
<https://x.com/leyten>
<https://x.com/onchainrapist>
<https://x.com/WhiteWhaleLabs>
<https://x.com/BernieOnChain>
https://x.com/sized_in
<https://x.com/ResellCalendar>
<https://x.com/jackduval>
<https://x.com/0xSoju>
<https://x.com/MCGlive>
<https://x.com/CookerFlips>
<https://x.com/trenchesborn>
<https://x.com/goyimpnl>
<https://x.com/clukz>
<https://x.com/CryptoCaptic>
https://x.com/sippin_icm
https://x.com/badattrading_
https://x.com/AceAgain_
<https://x.com/Fapital3>
<https://x.com/RainsRevenge>
https://x.com/Bancrypto__
<https://x.com/AxisAce101>
<https://x.com/DimitriDotEth>
<https://x.com/dylansdegens>
<https://x.com/Jeremybtc>
https://x.com/zer0profit_
https://x.com/crypto_iso
https://x.com/cz_binance
<https://x.com/0GAntD>
<https://x.com/solvenant>
<https://x.com/ChillTRD>
<https://x.com/gainzy222>
<https://x.com/0xHeroSt>
<https://x.com/himgajria>
<https://x.com/winiam4444>

THE GUIDE

a normies guide
to memecoins

PART 01 / FOUNDATION

- 01. Introduction & Purpose
- 02. Core Technical Concepts
- 03. Types of Coins & What Drives Value

PART 02 / TRADING

- 04. How to Find Good Trades
- 05. KOLs, Influencers & Trust
- 06. Trading Platforms & Tools
- 07. Reading Charts
- 08. Reading the Market
- 09. Trade Execution

PART 03 / PSYCHOLOGY

- 10. The Psychology of Trading
- 11. Life, Money & Perspective

PART 04 / SAFETY

- 12. Staying Safe in Crypto

PART 05 / GETTING STARTED

13. Your First Steps

Sources & Further Reading

Contents

Disclaimer & Legal

<https://x.com/zinceth>
<https://x.com/Cupseyy>
<https://x.com/0xRenaissance>
<https://x.com/roxinft>
<https://x.com/evee0x>
<https://x.com/jikkso1>
<https://x.com/0xdetweiler>
<https://x.com/remusofmars>
<https://x.com/Cbb0fe>
<https://x.com/icobeast>
<https://x.com/supercontraa>

\$ Chinese KOL directory

X can auto-translate these posts. Verify context and claims as usual.

<https://x.com/hexiecs>
<https://x.com/0xSunNFT>
<https://x.com/brc20niubi>
<https://x.com/0xcryptowizard>
<https://x.com/0xmagnolia>
<https://x.com/hellosuoha>
<https://x.com/connectfarm1>
<https://x.com/BitCloutCat>
<https://x.com/neso>
<https://x.com/cishanjia>
<https://x.com/DekuKing1>
<https://x.com/silverfang88>
<https://x.com/CryptoDevinL>
https://x.com/Ed_x0101
<https://x.com/GCsheng>
<https://x.com/EnHeng456>
<https://x.com/BiliSquare>
https://x.com/Wolfy_XBT
https://x.com/Michael_Liu93
<https://x.com/Huang2024>
<https://x.com/minglaugodel>
<https://x.com/BroLeonAus>
<https://x.com/liangfenxiaodao>
<https://x.com/Mirro7777>
<https://x.com/huahuaijy>
<https://x.com/kaikaibtc>
<https://x.com/liping007>
<https://x.com/bigbottle44>
<https://x.com/0xEdwin999>
<https://x.com/HtrZac>
https://x.com/0xAA_Science
<https://x.com/GoldenPepeCabal>
<https://x.com/SuperL9>
https://x.com/nine_DeFi
<https://x.com/Deibajie>
<https://x.com/3ethmoon>
<https://x.com/luge517>
https://x.com/Arya_web3

THE GUIDE

a normies guide
to memecoins

PART 01 / FOUNDATION

01. Introduction & Purpose
02. Core Technical Concepts
03. Types of Coins & What Drives Value

PART 02 / TRADING

04. How to Find Good Trades
05. KOLs, Influencers & Trust
06. Trading Platforms & Tools
07. Reading Charts
08. Reading the Market
09. Trade Execution

PART 03 / PSYCHOLOGY

10. The Psychology of Trading
11. Life, Money & Perspective

PART 04 / SAFETY

12. Staying Safe in Crypto

PART 05 / GETTING STARTED

13. Your First Steps

Sources & Further Reading

Contents

Disclaimer & Legal

<https://x.com/Unipioneer>
<https://x.com/Dincocoin>
<https://x.com/cryptojiuyi>
https://x.com/real_dr_pump
<https://x.com/Wmafia6>
https://x.com/0xNoNo_1

\$ End of Chinese KOL directory

<https://x.com/crypticd22>
<https://x.com/MidCurveMortal>
<https://x.com/FlippingProfits>
https://x.com/J_Dood_
https://x.com/Nic_Wenzel_1
<https://x.com/DineroDom0>
<https://x.com/iruletrenches>
<https://x.com/a1lon9>
<https://x.com/CryptoTomYT>
<https://x.com/SolportTom>
<https://x.com/orangie>
<https://x.com/BeanzzSOL>
<https://x.com/OnlyLJC>
https://x.com/_logjam
<https://x.com/seyong>
<https://x.com/rynzoeth>
https://x.com/sonder_crypto
<https://x.com/duckingnator>
<https://x.com/lesabrefomo>
<https://x.com/Catolicc>
<https://x.com/amabinvesting>
https://x.com/izebel_eth
<https://x.com/funcry>
<https://x.com/gumsays>
<https://x.com/tryfomo>

\$ Step 5: Build a private Telegram room

Create a group, add the Rick bot from section 4, and grant only the permissions it needs. Invite trusted researchers you meet through thoughtful X discussions. Three serious traders can produce better signal than a public room of 50,000 passive followers. Start with the bot alone if necessary. The goal is secure infrastructure ready for sharing a thesis, not instant size. Quality beats group size.

\$ Step 6: Treat Telegram (TG) as a lead source

Public Telegram channels can surface calls, market updates, and news. Use them to discover coins or narratives, consistent with the KOL section, never as automatic buy signals. A posted CA still needs your own checks for thesis, liquidity, contract risk, entry, and invalidation. Some channels accept undisclosed paid promotion, so assume the feed mixes organic and sponsored attention. DYOR.

This guide deliberately avoids naming specific channels. That does not imply every call channel is malicious. The issue is that a static

- 01. Introduction & Purpose
- 02. Core Technical Concepts
- 03. Types of Coins & What Drives Value

- 04. How to Find Good Trades
- 05. KOLs, Influencers & Trust
- 06. Trading Platforms & Tools
- 07. Reading Charts
- 08. Reading the Market
- 09. Trade Execution

- 10. The Psychology of Trading
- 11. Life, Money & Perspective

- 12. Staying Safe in Crypto

- 13. Your First Steps

Sources & Further Reading

Contents

Disclaimer & Legal

recommendation cannot be withdrawn after a room changes operators, incentives, or standards. A useful channel today can become extractive later.

Large call rooms are particularly dangerous for beginners. The caller may identify a valid move while followers enter late, size badly, or lack an exit plan. Without pattern recognition, a correct idea can still become a rekt trade. Build execution before outsourcing discovery.

Start with your private group, X feed, and repeatable research routine. Once you have edge, credible Telegram rooms will appear through people you already trust. That path is slower and far safer than inheriting a list with no context.

\$ Step 7: Observe before funding

Paper trade before using meaningful money. Choose a coin, record the hypothetical entry, write the thesis, define size and invalidation, then track the result as if the position were live.

This exercise forces a thesis before the candle creates urgency. It measures whether your instincts have signal without charging capital, and it builds documentation habits before PNL becomes emotional.

Use a notes app or spreadsheet. Record the coin, entry, reason, expected catalyst, target, and condition that would make you exit. Review what actually happened. Written decisions are easier to audit than a memory that changes after price moves.

Paper trading cannot reproduce every emotion or execution cost, but it reveals whether you have a process. Stay in observation mode until you can explain why a setup belongs in the book and how the downside is contained. Stay patient.

\$ When the first big win arrives

Withdraw part of it. Move realized value out of the trading wallet and, where appropriate, into a bank account or durable goal. A screen balance becomes useful only after it is secured.

Do not roll the entire win into the next setup. A later loss can erase it before it improves your life. Set aside taxes and local reporting obligations, then size from the remaining risk capital.

Stay humble. One strong outcome proves that one trade worked, not that edge is permanent. Review what was repeatable and keep the same standards.

The tools, warnings, and research habits in this guide provide an operating framework. Progress now depends on practicing them when the trenches become fast, noisy, and emotional.

THE GUIDE

a normies guide
to memecoins

PART 01 / FOUNDATION

01. Introduction & Purpose
02. Core Technical Concepts
03. Types of Coins & What Drives Value

PART 02 / TRADING

04. How to Find Good Trades
05. KOLs, Influencers & Trust
06. Trading Platforms & Tools
07. Reading Charts
08. Reading the Market
09. Trade Execution

PART 03 / PSYCHOLOGY

10. The Psychology of Trading
11. Life, Money & Perspective

PART 04 / SAFETY

12. Staying Safe in Crypto

PART 05 / GETTING STARTED

13. Your First Steps

Sources & Further Reading

Contents

Disclaimer & Legal

FIRST BIG WIN



FIG 13.1 PROFIT-TAKING CHECKPOINT

\$ High agency creates more attempts

High-agency people treat constraints as variables to investigate. When one route closes, they search for another contact, skill, tool, or structure that changes the setup. The advantage is more serious attempts.

One person tries 2 approaches and stops. Another tests 47. If each attempt creates a new surface for opportunity, the second person has 23,5x as many chances to learn, meet someone, or discover an angle. The distribution changes, not the guarantee.

Agency also improves creativity. Believing another lever exists makes you search for information others dismiss. Professional agency respects downside: each attempt should be survivable, measured, and reviewed. Motion without reflection is noise.

Put more qualified lines in the water. Build skills, publish useful thinking, contact serious people, and refine the process. Let persistence increase opportunity without turning urgency into reckless sizing.

The work now belongs to you. Build toward freedom, useful relationships, and enough room to enjoy the result. Stay curious, stay solvent, and keep moving.

\$ Obsession

A persistent idea can capture attention until nearly every thought or feeling routes through it. Direct that force carefully.

THE GUIDE

a normies guide
to memecoins

PART 01 / FOUNDATION

01. Introduction & Purpose
02. Core Technical Concepts
03. Types of Coins & What Drives Value

PART 02 / TRADING

04. How to Find Good Trades
05. KOLs, Influencers & Trust
06. Trading Platforms & Tools
07. Reading Charts
08. Reading the Market
09. Trade Execution

PART 03 / PSYCHOLOGY

10. The Psychology of Trading
11. Life, Money & Perspective

PART 04 / SAFETY

12. Staying Safe in Crypto

PART 05 / GETTING STARTED

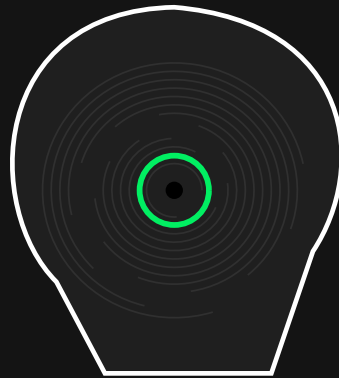
13. Your First Steps

Sources & Further Reading

Contents

Disclaimer & Legal

OBSSESSION / NOUN



A POWERFUL IDEA

OCCUPYING THE WHOLE FIELD OF ATTENTION

The mind returns to the same point until every other signal becomes background noise.

FIG 13.2 OBSESSION / FIELD OF ATTENTION

\$ Voluntary contribution

Tips are optional. If funds are limited, keep them for your own safety net and first carefully sized trade. Anyone who still wants to contribute can use the addresses below. Verify every character before sending because crypto transfers are irreversible.

SOL: BTUVXMSAgNmmgbwEkMqsJ88xgbP6sxP4M18KWMnVJFrS

ETH: 0x3194419aD74023Eb4F53c880b490CD2Ff476feFf

BTC: bc1qw4vzml6f7s7vv345wpsml266xm8h34w36cyvf2

THE GUIDE

a normies guide
to memecoins

PART 01 / FOUNDATION

01. Introduction & Purpose
02. Core Technical Concepts
03. Types of Coins & What Drives Value

PART 02 / TRADING

04. How to Find Good Trades
05. KOLs, Influencers & Trust
06. Trading Platforms & Tools
07. Reading Charts
08. Reading the Market
09. Trade Execution

PART 03 / PSYCHOLOGY

10. The Psychology of Trading
11. Life, Money & Perspective

PART 04 / SAFETY

12. Staying Safe in Crypto

PART 05 / GETTING STARTED

13. Your First Steps

Sources & Further Reading

Contents

Disclaimer & Legal

SOURCES & FURTHER READING

These resources extend the field manual with deeper frameworks and original arguments. Some examples are point-in-time and may age, so separate the durable lesson from current market conditions.

\$ How to be good at crypto

Edge comes from independent thinking, not recycled calls. The author recommends broad reading, clear writing, data analysis, basic coding, market experimentation, and strong networks. Invest in intellectual, technical, and social infrastructure before chasing the next Twitter or X call. A useful read turns passive scrolling into a deliberate training plan for the trenches.

<https://x.com/tulipking/status/1973542288790876417>

\$ The scarcity trap

A two-year ETH position at breakeven becomes a case study in fear-based execution. Scarcity can make traders hold too long, exit too early, and treat every setup as irreplaceable. Scenario planning, position sizing, opportunity-cost analysis, and an abundance mindset create cleaner capital rotation. Revisit it whenever urgency starts disguising itself as conviction.

<https://x.com/0xVKTR/status/1946193363776262410>

\$ A starter guide to the crypto MMO

This framework treats crypto like a massively multiplayer game, or RPG, with classes, levels, and parties. Trader archetypes include trench warrior, good new thing hunter, meme priest, leverage wizard, and stable farmer. Portfolio tiers suggest different priorities: five figures emphasize conviction spot positions, six figures hunt the 10x good new thing, and seven figures repeat proven edge with stronger sizing discipline.

The durable lesson is to choose a role that matches your temperament, build a high-trust group, and develop depth in one arena. Avoid tilt, euphoric entries after a win, and roundtripping. Strong players combine knowledge, love of the game, resilience, and adaptability. The game metaphor works best when it sharpens role selection, team quality, and risk control.

<https://oldcoinbad.com/p/a-starter-guide-to-the-crypto-mmo>

- 01. Introduction & Purpose
- 02. Core Technical Concepts
- 03. Types of Coins & What Drives Value

- 04. How to Find Good Trades
- 05. KOLs, Influencers & Trust
- 06. Trading Platforms & Tools
- 07. Reading Charts
- 08. Reading the Market
- 09. Trade Execution

- 10. The Psychology of Trading
- 11. Life, Money & Perspective

- 12. Staying Safe in Crypto

- 13. Your First Steps

Sources & Further Reading

Contents

Disclaimer & Legal

\$ Market Microstructure

Market design determines where capital flows and who carries risk. The author critiques DeFi cross-asset lending pools such as Aave-style pools, and AMMs for adverse selection, pooled exposure, and capital inefficiency. Better structures isolate risk, use order books or auctions where appropriate, reduce friction, and protect participants. Use it to ask who gains, who absorbs tail risk, and where liquidity disappears.

<https://x.com/tittyrespector/status/1973792282076999952>

\$ The Winning Strategy

A theoretical one-time token game attempts to align participants through equal entry prices, transparent rules, limited information asymmetry, smart-contract enforcement, coordinated value negotiation, and delayed realization through hedging or borrowing. The author argues novelty and first-mover advantage prevent the design from working repeatedly or escaping PvP dynamics. Test the mechanism against repetition, exits, and rational defection, not just launch-day coordination.

<https://x.com/xbt2027/status/1974020446656868493>

\$ Price Action & Market Structure Masterclass

A former prop trader with 8 years in crypto explains price through supply and demand. Makers place limit orders, takers consume them, and price moves when available liquidity is exhausted. Support and resistance represent order clusters rather than magic lines. Start by identifying the market environment and expect larger reactions around deeper liquidity. Execution becomes a liquidity problem before it becomes a pattern-name problem.

<https://x.com/spicyofc/status/1985672953649119349>

\$ A full time trader:

Constant chart watching can amplify fear and convert short-term noise into fake signals. The alternative is low-frequency decision windows: define the thesis, size correctly, and re-evaluate only when core catalysts or drivers change. Fundamental rerating matters more than reacting to every candle. Less screen time still requires review triggers defined before entry.

<https://x.com/xydotdot/status/1974234268940349755>

\$ One wrong move and you lose everything. Protect your funds now.

Crypto security is personal risk management. The piece covers exchange freezes, phishing, hacks, and physical threats, then recommends limiting CEX and hot-wallet exposure, using hardware wallets for meaningful balances, keeping durable offline seed phrase backups, and separating custody. Multisig can reduce single-key risk when implemented correctly. Audit every failure point and cap the balance each custody layer can expose.

<https://x.com/splinter0n/status/1956644215032865000>

- 01. Introduction & Purpose
- 02. Core Technical Concepts
- 03. Types of Coins & What Drives Value

- 04. How to Find Good Trades
- 05. KOLs, Influencers & Trust
- 06. Trading Platforms & Tools
- 07. Reading Charts
- 08. Reading the Market
- 09. Trade Execution

- 10. The Psychology of Trading
- 11. Life, Money & Perspective

- 12. Staying Safe in Crypto

- 13. Your First Steps

Sources & Further Reading

Contents

Disclaimer & Legal

\$ Everything I Learned From Losing \$200,000+

A first-cycle loss of more than \$200,000 is traced to misplaced conviction, poor rotation, overtrading, and inconsistent sizing. Examples include moving SOL into NFTs near the bottom, spreading capital across weak altcoins instead of BTC/SOL, chasing late metas, and swinging from trench aggression to excessive caution. The lesson is concentrated conviction in stronger assets, timely narrative participation, and balanced risk. Convert each mistake into a specific sizing, allocation, or rotation rule.

https://x.com/ashen_one/status/1974488651254895091

\$ The Fish & Monkey Methodology

Fish prefer steady gains and lower variance. Monkeys pursue larger, volatile outcomes. Both profiles can work, but copying the opposite temperament after a painful outcome creates bad execution. Small tactical adjustments are useful; forcing a permanent style that does not fit is not. The model matters only when it improves consistency.

<https://x.com/0xIT4I/status/1917507063241998338>

\$ Attention Arbitrage

Memecoins can express attention generated by broader crypto developments. Traders track buzzwords, discourse velocity, and ecosystem momentum, then buy or launch assets that mirror the narrative before attention peaks. The claimed edge combines awareness of fundamentals with fast speculative execution. It is attention trading, not long-term infrastructure investing. Speed matters, but poor liquidity can still turn the right narrative into a bad trade.

<https://x.com/tradinghoex/status/1973830712232194277>

\$ the cost of fumbling

The hidden cost of a missed runner is damaged confidence. Traders chase the next 30x, increase size, burn out, and make decisions from the previous miss. Stable routines and small wins create better conditions for catching a large move. Longevity matters more than perfect capture. Use the thread after a miss to separate execution errors from normal market variance.

<https://x.com/ferbsol/status/1978362127350890670>

\$ The Everchanging Puzzle of Trading Onchain and Jack's Farewell

On-chain markets continually reprice edge. The author argues that obsession, focus, and mental adaptation matter more than any single tool. Traders hunt inefficiencies, value attention before repricing, and hold themselves accountable for missed opportunities. Survival requires independent thinking, emotional control, pattern recognition, and repeated process upgrades. Its strongest practical idea is to treat edge as temporary and keep rebuilding before the market forces it.

<https://x.com/jacknuked/status/1914358985043664984>

- 01. Introduction & Purpose
- 02. Core Technical Concepts
- 03. Types of Coins & What Drives Value

- 04. How to Find Good Trades
- 05. KOLs, Influencers & Trust
- 06. Trading Platforms & Tools
- 07. Reading Charts
- 08. Reading the Market
- 09. Trade Execution

- 10. The Psychology of Trading
- 11. Life, Money & Perspective

- 12. Staying Safe in Crypto

- 13. Your First Steps

Sources & Further Reading

Contents

Disclaimer & Legal

\$ Memecoins for Dummies

A tiered guide for new, intermediate, and experienced traders. Its central rule is autonomy: do not tail KOLs, copy trade, or borrow conviction. The framework compares launchpads including Pump, Bonk, and Bags; reviews trading bots; and separates narrative, news, normie, viral, and tech coins.

It also distinguishes trenching below 10k from mid-cap trading around 80–150k because the two require different execution. Consistency reduces luck's influence, while adaptation becomes necessary when edge decays. Join many group chats if useful, but actively contribute to only two. Cut information sources that do not improve decisions. There is no universal perfect system, only a process you understand and can execute. Use the categories as a map, then test which lane fits your capital, speed, and temperament.

<https://x.com/linkkzyy/status/2037407659817910467>

\$ Time left?

Crypto gains, especially from the late 20s onward, can be converted into long-term freedom instead of permanent degeneracy. The author focuses on mortgage reduction because a large payment can create decades of interest and job dependence. A substantial down payment or outright purchase may reduce stress and return choice. The framework is deliberate compounding toward a concrete 25-year burden. Ask whether the next unit of risk meaningfully changes life or only increases the scoreboard.

https://x.com/Picolas_Caged/status/1987249214296850441

\$ Take the risk

Repeated calculated risks can outperform a life designed only around safety. The source includes multiple zero-outs, but later attempts combine conviction with skill-building, downside controls, and safety nets. Risk remains unavoidable; the improvement is engineering it toward one objective and surviving setbacks. Calculated does real work here: cap failure, protect basic needs, and keep a route to the next attempt.

<https://x.com/minhxdynasty/status/2000730251002044555>

\$ Has the game been solved?

The author describes structural exponential decay in memecoin trading: a widening skill gap, wallet-tracking dependence, creator fees, liquidity leakage from launchpads and terminals, and a more toxic PvP environment. Insiders, advanced tools, and concentrated capital make onboarding harder. Short catalysts may restore volume, but sustainable growth would require structural change. Treat the decay thesis as a warning, not permission to ignore short-lived opportunity.

<https://x.com/clukz/status/1992578435701670216>

- 01. Introduction & Purpose
- 02. Core Technical Concepts
- 03. Types of Coins & What Drives Value

- 04. How to Find Good Trades
- 05. KOLs, Influencers & Trust
- 06. Trading Platforms & Tools
- 07. Reading Charts
- 08. Reading the Market
- 09. Trade Execution

- 10. The Psychology of Trading
- 11. Life, Money & Perspective

- 12. Staying Safe in Crypto

- 13. Your First Steps

Sources & Further Reading

Contents

Disclaimer & Legal

\$ The Fib Playbook

Fibs, or Fibonacci retracements and extensions, define structured zones using ratios that markets may respect through collective behavior. Common retracements include 0.382, 0.618, and 0.786; extensions include 1.272, 1.618, and 2.618. Draw wick-to-wick between clear swing points, then require trend, higher-timeframe structure, volume, support or resistance, and strict invalidation as confluence. Levels are context, never a thesis by themselves.

<https://x.com/elgodric/status/1997696493096976683>

\$ A Guide To Exponential Thinking In Crypto: Leverage, Asymmetric Bets, And Personal Growth

Exponential thinking uses capital, skills, brand, equity, and networks as compounding leverage. The article favors asymmetric risks, especially when downside is survivable and flexibility is high. Specific knowledge, ownership, a personal brand, and long-term skill development can create more upside than a fixed path with no equity. Test whether each lever can keep compounding after one trade or role ends.

<https://x.com/route2fi/status/1891406641326879018>

\$ Crypto is dead

The thesis is not that blockchain failed, but that crypto-native identity is dissolving into mainstream products. Farming, points, and recycling the same on-chain users have limits. Long-term opportunity may sit in products where blockchain becomes invisible rails for payments, markets, ownership, and existing financial systems. Judge products by the user problem and distribution, not by how loudly the chain is marketed.

<https://x.com/dougiedeluca/status/2000957512862884100>

\$ Dealing with loss

Large losses often reveal weaknesses that survived until market conditions exposed them. Traders commonly over-leverage to recover or quit to avoid the lesson. A stronger response accepts responsibility, stops anchoring to past equity highs, identifies the exact failure, and writes stricter rules around sizing or stops. Survival and compounding depend on that structure. The review should end with a rule that changes the next position.

<https://x.com/thiccyth0t/status/2002805528712634559>

\$ The Prison Of Financial Mediocrity

Asset inflation, slow wages, AI anxiety, and algorithmic comparison can make traditional wealth-building feel closed. High-variance markets then appear to offer agency where patience promises stagnation. The essay's investment angle is to own platforms that collect fees from persistent speculative demand, while recognizing that most participants still lose. Separate the psychological diagnosis from the platform-investment thesis; each requires its own evidence.

- 01. Introduction & Purpose
- 02. Core Technical Concepts
- 03. Types of Coins & What Drives Value

- 04. How to Find Good Trades
- 05. KOLs, Influencers & Trust
- 06. Trading Platforms & Tools
- 07. Reading Charts
- 08. Reading the Market
- 09. Trade Execution

- 10. The Psychology of Trading
- 11. Life, Money & Perspective

- 12. Staying Safe in Crypto

- 13. Your First Steps

Sources & Further Reading

Contents

Disclaimer & Legal

<https://x.com/systematicls/status/2004900241745883205>

\$ How to fix your entire life in 1 day

Durable change begins with identity and internal incentives rather than surface goals. The framework contrasts an anti-vision of the life you are drifting toward with a specific vision of the life you want. Treating life like a video game adds a mission, stakes, projects, daily actions, and constraints, making progress structured instead of dependent on temporary motivation. Identity language is useful only when it becomes observable daily behavior.

<https://x.com/thedankoe/status/2010751592346030461>

\$ How to know if a chart is a good buy or not in 3 seconds

Traders often enter from tips, news, or FOMO without checking structure. The author reduces chart reading to trend: higher highs and higher lows indicate an uptrend, while lower lows and lower highs indicate a downtrend. Zoom out first, identify the higher-timeframe direction, and wait for a confirmed break of structure. Being late to confirmation is usually safer than being early to an imagined reversal. Do not force the bottom, zoom out during panic, and avoid arriving crazy late. Confirmation reduces guesswork, not risk.

<https://x.com/macnbtcc/status/2037959445834076554>

\$ How to go from \$50 to multi-millions trading memecoins

A trader and dev frames profitability around four pillars: independent thesis and risk/reward instead of KOL calls, physical discipline, a journal that exposes patterns, and infrastructure including a trading platform, CT tracker, wallet tracker, and group calls. Wallet tracking is for discovery, not copy trading. Multiwallets are reserved for size. Losses become tuition only when the lesson changes execution. Use the pillars as an audit, not a promise that \$50 becomes generational wealth.

<https://x.com/absolquant/status/2018343365381894314>

\$ Jack's alpha archive

A directory of price-action threads, tracking guides, tools, and general market notes. Open it as an index and verify tool or market claims against current conditions.

<https://x.com/jacknuked/status/1712585938130379224>

\$ Of nadirs and bidding death in memecoins

The 2025 meta is described as fragmented across many token categories and liquidity stages. Previous-cycle assets often sit 70–90% below highs. The proposed edge is finding projects where community or technology remains active, identifying future buyers before they arrive, splitting exposure, taking initial profits early, and letting the market reveal the strongest candidate. This is basket logic: define total exposure before spreading bets.

THE GUIDE

a normies guide
to memecoins

PART 01 / FOUNDATION

- 01. Introduction & Purpose
- 02. Core Technical Concepts
- 03. Types of Coins & What Drives Value

PART 02 / TRADING

- 04. How to Find Good Trades
- 05. KOLs, Influencers & Trust
- 06. Trading Platforms & Tools
- 07. Reading Charts
- 08. Reading the Market
- 09. Trade Execution

PART 03 / PSYCHOLOGY

- 10. The Psychology of Trading
- 11. Life, Money & Perspective

PART 04 / SAFETY

- 12. Staying Safe in Crypto

PART 05 / GETTING STARTED

- 13. Your First Steps

Sources & Further Reading

Contents

Disclaimer & Legal

https://x.com/Ga__ke/status/1898941696144252930

\$ Zero Ika's alpha archive

A 1-post index collecting years of Zero Ika's educational posts and research. Use the archive as a syllabus, not a signal feed.

<https://x.com/iamzeroika/status/2039379767502544998>

■ END OF FILE / START OF PROCESS

THE EDGE IS IN THE REPS.

Verify the tape. Size the downside. Review the decision.
Then do it again with better information.

NORMIES



STAY SOLVENT.
STAY CURIOUS.
KEEP BUILDING.

The goal is not to look invincible.

The goal is to remain in the game.

THE NEXT MOVE

Turn the guide into a checklist. Test it small.

Review the evidence. Protect the downside.